

**LOURDES
FOUNDATION**

Supporting Lourdes students, faculty and alumni

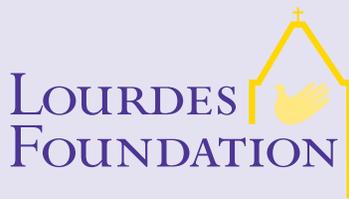


WINTER/SPRING | 2011

The
Aquila

ROCHESTER LOURDES HIGH SCHOOL

Table of Contents



Foundation News 3-11

Alumni News 12-16

Faculty & Staff 17-18

Student News 19-22

Class Notes 23-27

On the Cover:

May 16, 1953, the LHS Track team prepares to take off for a track meet at St. Johns University. Pictured left to right John Fischer '57; Pat Clark '57; M. Tim Lawler '55; John Shaffer '53; Tom Wollner '54; Robert Speltz '53; Richard Gruszynski '53; John Bantley '57; Robert Wilson '53; Jim Baldes '53; Walt Fischer '55; Patrick Bowron '55; Coach Gene Wentz; Father Cody

The AQUILA news magazine strives for accuracy & clarity. Content is determined by the editorial staff. We apologize for any inaccuracies that may occur and will attempt to make corrections in future issues.

Our Vision

“Lourdes Foundation is a catalyst for the growth and expansion of Lourdes High School through excellence in education.”

Our Mission

“Lourdes Foundation attracts, manages and channels philanthropic resources to ensure a vital Catholic education at Lourdes High School.”

Aquila is an official publication of Lourdes Foundation, Inc.

- PRESIDENT:** Sue Krecke
- VICE PRESIDENT:** Julie Burgart
- TREASURER:** Tim Geisler
- SECRETARY:** Karen Petersen
- PAST PRESIDENT:** Bob Gander '73

- BOARD OF DIRECTORS**
- Therese Armstead
 - Steve Bieniek
 - Julie Burgart
 - Bob Gander '73
 - Tim Geisler
 - Greg Griffiths

- Mike Kesler '91
 - Sue Krecke
 - Fritz Kvaternik
 - John Lawson
 - Mike Lose
 - Diana Nicolay
 - Mike McNeil
 - Karen Petersen
 - Andy Poterucha '01
 - Chris Price '89
 - Mark Stadtherr
- EMERITUS:**
- Dean R. Ascheman
 - Richard R. Arend '65
 - Richard Bins
 - Judith A. Bird
 - Marc Carpenter
 - Evelyn Cashman
 - William P. Cooney, MD
 - Barbara DeCramer
 - Jerry Englebert

- Joyce Even
- William A. Fitzgerald
- Charles Gray '46
- Leigh J. Johnson
- Owen J. Korsmo
- Larry J. Koshire '65
- Kevin Nigon '73
- Mary Ann Remick '60
- Tim Shea
- James F. Woodruff '63
- John W. Woodruff '65
- Ray Zeman

- AQUILA EDITORIAL STAFF**
- Julie Burgart
 - Sue Krecke
 - Karen Petersen
 - Terri Poterucha
 - Sheila Rainey
 - Tim Sitzer

PRINTING & DESIGN: Davies Printing

LOURDES FOUNDATION STAFF:

- Tim Sitzer, Executive Director
- Sheila Rainey, Office Administrator
- Terri Poterucha, Webmaster

WEBSITE: www.lourdesfoundation.org



Message from Executive Director ~ Tim Sitzer

The generosity of our Lourdes Foundation community is truly astounding and unwavering. It is so impressive to see how many individuals give back, thank you all so much. Your financial gifts continue to support Lourdes Foundation's mission of ensuring a vital Catholic education at Lourdes High School. We thank you for your generous support.

Thank you to all who have participated in our annual appeal, we are so grateful to you. **You** have made a tremendous difference in the lives of many Lourdes students. **It is so important that we receive your continued support. It makes the possibility of attending LHS a reality for many students and their families who otherwise could not consider Lourdes because of cost.**

An important component of support is found in the Lourdes Foundation's **Round Table Membership**, which honors those individuals who have included Lourdes Foundation in their estate plans. This can be done by naming Lourdes Foundation as a beneficiary of an insurance policy, Individual Retirement Account (IRA), perhaps a percentage of your estate or designating a single amount towards the Foundation. There are other qualified retirement plan accounts as well and your financial planner or legal council can best help you with your plans.

No matter what size your gift is, you have made it possible over the years for the Lourdes Foundation to contribute well over \$1,000,000 just in tuition assistance alone from our endowed scholarship funds. On behalf of those students - **We Thank You So Much!**



Our work and mission continues and becomes so important, we continually strive to make Lourdes High School affordable, and viable to all who seek a Catholic education at this Christ centered school.

The capacity of our community is tremendous. Thank you for your continued support, we could not do it without you.

Gratefully,

Tim Sitzer
Executive Director
Lourdes Foundation

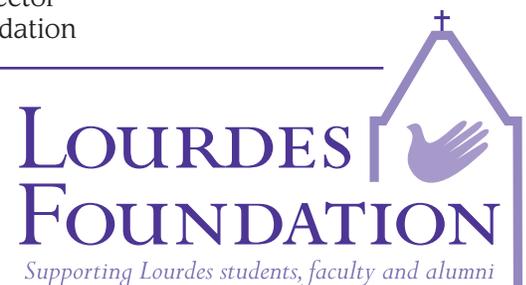
Lourdes Foundation's new logo

We hope you noticed our new Lourdes Foundation logo. It was long overdue and something we have been thinking about for some time. With the help of *Ads & Arts* and Davies Printing, we think we were able to express our mission and connection to LHS.

Did you see the helping hand first or maybe the Dove? In both cases, you would have been right! The helping hand represents the Foundation's mission of supporting students and their families with tuition assistance along with faculty enhancements and alumni connection, the Dove represents the peace of this Christ centered school.

The Gothic limestone front of the current school (that design will also be carried on with the new school) is also portrayed with the cross on top to represent our Catholicity.

Of course, the purple and gold we have chosen in the logo will live on forever – Go Eagles!



Here's what's new at lourdesfoundation.org

With the new year, comes a new look for the homepage of the Lourdes Foundation Website. Like many who slim down with the advent of a new year, www.lourdesfoundation.org has "slimmed down" the homepage to a new "quick launch" page.

No need to search all of the menu items to find what you are looking for. Now you can click one of four quick launch squares on our homepage and you will be directed to information specific to that category.



In addition, there are three easy to use buttons on the top right hand of the homepage that will bring you directly to our:

Donate Now

E-Prayer Request



Like



45 people like this.

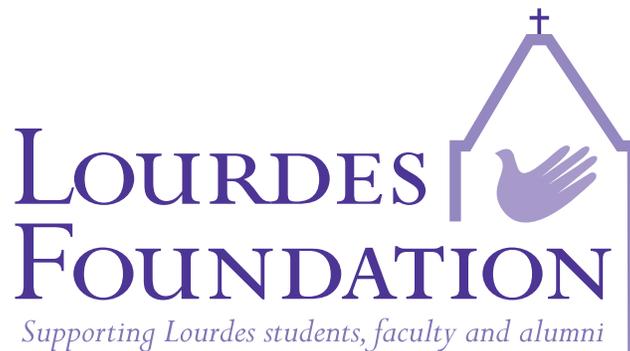
Donate Now or On-line giving page, where you can contribute to named scholarship funds or to the general Lourdes Foundation funds via our quick and easy credit card payment process.

E-prayer Request form page where your prayer request can be submitted. Each week Lourdes High School students/teachers meet to pray for your intentions. The prayer request board is cleared at the end of each month. Until that time, prayers are offered for your request multiple times per week in the Lourdes High School chapel. We respect your privacy so your name and e-mail address will remain confidential at all times.

Facebook® "like" page where a click brings you to our homepage on Facebook. There you can find Lourdes Foundation and Lourdes High School news and events listed. Alumni and friends can share information about themselves or fond memories/pictures of LHS days gone by. Our new Connect with Facebook® feature is an enhancement to the Lourdes Foundation Alumni Connections application that enables registered members to login and access Lourdes Foundation Online Community with their Facebook® credentials using trusted authentication.

Alumni Community membership – Do you have a reunion coming up? Wondered what happened to that cute redheaded boy/girl you sat by in 9th grade at LHS? Moving to a new city/state and wondered if there are any other LHS alum close by? Registering to become part of the Alumni community is easy. Over your mailing address on this issue of the Aquila, you will find your four number "Folder ID". Go to the Alumni – online Directory tab and follow the steps to register and see where all your friends are and what's new!

Last but not least, Lourdes Foundation has new branding with the creation of our new logo.



Check out all of our changes today at www.lourdesfoundation.org

How to plan a Class Reunion

Has it really been so many years?? Where do we start? How do we find each other?

Let the Lourdes Foundation Alumni Office help you! We regularly mail the *Aquila* to all the available alumni addresses in our databases. Please help us keep our information current by checking "**Where are you, missing LHS Alums?!**" in this *Aquila*.

Reunion Services:

- Provide our most up-to-date printout of your class list – names, addresses, email addresses and phone numbers.
- Promote your reunion information on the Lourdes Foundation web site and through the *Aquila* magazine.
- Arrange campus tours, mass in the chapel, or other uses of LHS facilities.
- Act as a clearinghouse of ideas so you can benefit from the experience of other classes.
- Provide on-going support for your reunion planning committee before, during, and immediately following the reunion.
- Assist in organizing a class gift effort or starting a scholarship in your class's name to benefit Lourdes students at LHS.
- Provide electronic versions of your yearbook (when available). To see your yearbook, check out the **Photo Gallery** tab at www.lourdesfoundation.org
- Another option that we have just started is **Event Registration** through our website. Many of the classes have paid dearly for websites to do their registration and RSVPing for their events. Lourdes Foundation has bought an events module

that we hope to be able to offer to the classes soon so that they won't have that added expense, so please keep this in mind and perhaps your class could be the first (our "beta" class) to give it a try!

- Many of the classes have started using Facebook to reconnect with classmates and had some great success stories. We also have a Facebook account – please join your classmates at **Lourdes Foundation Alumni Connection** and stay connected with upcoming events.

Why Have a Reunion?

For many it seems like the reason for having a reunion is obvious, but here are a few thoughts.:

1. Reunions offer a special time to share, reminisce and catch-up with people who were your entire world during your high school years!
2. Reunions provide an opportunity to relive your best high school memories.
3. Reunions strengthen your attachment to Lourdes High School and to each other.

Please let us know if there is anything we can do to help you with your planning. Once you have a date set, we would be happy to put the information on our website as well as in the *Aquila*. You would be amazed at how many calls or emails we get this time of year asking if we have heard about any upcoming reunion information.

If you have any questions about planning your class reunion, we are here to help you! Please contact the Lourdes Foundation at 507-289-2584 or srainey@rochestercatholic.k12.mn.us

We need your help!

- **Did you move?** Are you out of your parent's house? Did your parent's move? We need your new address to send your *Aquila* and for your classmates to contact you about class reunions.
- **Would you rather have your *Aquila* in your inbox** online rather than in your mailbox at home? Send us a quick email and your next *Aquila* will be electronic.
- **Did you know if you lose your *Aquila* or want to share** one of the articles with other classmates, you can check www.lourdesfoundation.org for past issues?
- **Wonder what other grads are up to? Become a Face book fan of Lourdes Foundation Alumni Connection** and be the first in your class to know the news
- **Do you have pictures of your new child/grandchild or wedding pictures or any other events?**
- **Do you have some not-so-new pictures of you and your classmates** while in school or out of school? We would love to scan them in to preserve pictures for future reunions, Hall of Fame inductees, or just for fun. We will scan them and return them to you for safekeeping.

If this is you, please contact us at the Lourdes Foundation at 507-289-2584 or at srainey@rochestercatholic.k12.mn.us

Welcome Home, Alumni! Message from Incoming President ~ Susan Krecke



On December 5th the Lourdes community had the pleasure of watching 68 members of the 1955-1960 Lourdes High School tracks team smile broadly as they were honored at the LHS Sports Hall of Fame dinner. The high school track program at Lourdes was started in 1950 by Coach Gene Wentz, and went on to win six consecutive MN State Catholic League state championships between 1955

and 1960. I had the pleasure of sitting near several groups of track team members and watching them interact throughout the evening. I was struck by the sheer joy on their faces as they reveled in each other's company and in the recognition they were receiving for their achievements. Many of the athletes had not seen each other since graduating from Lourdes, and I'm sure that some of them had not referred to themselves as "athletes" since that time. But on that night, for a short time, they were high school track stars again. They grinned and laughed and pounded each other on the back like teenagers, and it made those of us watching feel young again, too.

Donna Gathje Mueller '78, a 2009 inductee, who has received several awards during her high school and college running careers told me "There is nothing that

compares to being inducted into your high school Hall of Fame. It really is special."

I am so pleased to be a part of the Lourdes Foundation, and so proud of the work the Foundation does in reconnecting people to their Lourdes roots. Every year we have a chance to facilitate class reunions and to watch Lourdes alumni of all ages renew old friendships and enjoy the feeling of being welcomed back into the Lourdes family for a few days of reminiscing. Our sponsorship of the Sports Hall of Fame is an extension of that desire to help in Connecting Generations.

I encourage those of you who are lucky enough to be members of the Lourdes alumni to reconnect with your school! Come to our alumni get-together on May 12th in the Twin Cities. Attend our Homecoming Party in October or our Sports Hall of Fame in December. Read the class notes in the back of this Aquila and reconnect with that long-lost best friend. Tear out the envelope in the center of this magazine and send in a monetary expression of your support by contributing to a scholarship. The Lourdes community is thriving and it wants you to be involved!

Welcome home, Alumni.

Susan Krecke
Lourdes Foundation, Inc.
Board President, 2010-2011

LHS Sports Hall of Fame celebrates 4th Annual Event and Honors 1955-1960 State Championship Track Teams

On a blustery cold December Sunday evening, the Rochester International Event Center was filled with Lourdes Sports Fans spanning generations of athletes. Once again, the Lourdes Foundation proudly sponsored the 4th Annual Lourdes Sports Hall of Fame on Sunday, December 5, 2010 with a silent auction and dinner. The proceeds of this event go to LHS Athletics for the equipment that would otherwise not be possible through normal budget channels. The Lourdes Sports Hall of Fame, started in 2007, honors Lourdes athletes and coaches.

In 2008, Lourdes Sports Hall of Fame committee established the first "Gene Eiden Award" named after former LHS Band Director. Given annually to recognize individuals who have contributed their time, dedication and support of Lourdes Athletics off the field. This year's Gene Eiden Award went to **Ray Zeman**. Ray moved to Rochester in 1957, when he quickly became involved in Lourdes through the Bench Warmers Club. His involvement from there led him to becoming the football clock keeper for LHS in 1963, which he has done through 2010—totaling 47 years! In 1965, he also



Ray Zeman – 2010 Gene Eiden Award Recipient

became the clock keeper for boy's basketball during the same period. He is a former Rochester Catholic Schools board member and board president, a co-founder of the Lourdes Eagle Open fundraiser, a founding member and Emeritus Board member of the Lourdes Foundation.

Starting in 2009, the Lourdes Sports Hall of Fame has selected a team to honor at each banquet.

Lourdes High School has been blessed with many teams that have become champions because of their efforts together as one. The 1979 Lourdes State Championship Football team was honored at the 2009 banquet and the 1955-1960 State Championship Track Teams were chosen to be honored at this year's banquet. The track program was started at LHS in 1950 by Coach Gene Wenthe when he went to the elementary schools to recruit then 8th graders. They were incredible athletes even by today's standards 55 years later!

"Coach Gene Wenthe was our coach. He was very blessed with some very talented athletes. My membership was more social, as I only placed a couple times. On the other hand my classmate Wayne (Birdman) Berger was the most gifted athlete on the '55, '54, '55 and '56 teams. He excelled in 4 and sometimes 5 events. Over that span of time he was high jumping at heights of 6'0", 6'3", 6'6" and 6'8". What is so astounding is that the world record in high jump at the time was 6'10 1/2'.

Coach Wenthe had in terms of performing trackmen, died and gone to heaven. Right along side Wayne he also had Pat Clark '57. With Wayne clearing the field in high jump, long jump, hurdles, and shot put, the coach had Pat clearing the field in the 100 yard and 220 yard dashes. Pat attained a 9.8 second 100 yard dash at a time when the world record was 9.4 seconds.

Lourdes won State Championships during that time. Records probably show that if the coach had taken only Wayne and Pat to the state meet he probably would have won state on their efforts alone. And there were others who placed and won points also John Fischer '57 (pole vault and dashes), Jerry O'Brien '57 (pole vault and relays), John Bantley '57 (shot, discus), Jim Griffin '57 (880 yard run).

The class of '57 was loaded with gifted athletes. Wayne, Pat, John F., and Jerry made a great relay

team. And, Wayne Berger was the "Jim Thorpe" of the group. Athletes as gifted as Wayne are once in a lifetime happenings. He carried his talent, and the resulting notoriety with confidence, grace, and humility. His teammates, classmates, and the school were blessed with his exceptional performance." John Reardon '56 wrote about his fellow track teammates.

Many of the team members were able to attend the Hall of Fame event and were honored in front of a packed room of their supporters. Every year John Garry of the Hall of Fame committee compiles a montage of scanned pictures of the honored team and athletes. The pictures are shown for the first time at the banquet and you can feel the anticipation as soon as the lights dim. This year 350 people were speechless again as they watched the pictures flash on the screen. What made this year's pictures so special to many was that from 1958-1967, Lourdes High School did not have yearbooks as a cost cutting measure at the time so many of the athletes from the 1955-1960 track teams did not have pictures of their team or themselves in events. Memories fade over time, but these pictures flashing on the screens brought those memories back to life. When the lights came back on, there was a moment when not one of the 350 people said a word before they broke into applause. What is it that the commercial says about coming back to frigid Minnesota in December to see your classmates of 50 plus years ago to share that moment? – Answer: Priceless! Our thanks to all the teammates and especially the Gene Wenthe family for discovering and sharing all the pictures and memories!

How does one become an inductee into the Lourdes Sports Hall of Fame? As you can imagine, with such a wealth of candidates, it is a difficult decision to make. A selection committee determines five nominees for each award category. Then, a voting committee comprised of up to 25 members representing Lourdes Foundation, LHS administration/coaching staff, Lourdes alumni, LHS sports fans, and Rochester sports media meet in the fall to select the four final candidates.

An athlete nominee must have graduated from LHS at least 10 years prior to selection. A Coach nominee must have coached at least one season at LHS or within RCS system (volunteer coaches for LHS traveling programs or combined teams, such as VFW or Legion baseball, are also eligible) OR must be an LHS graduate who has coached at the high school varsity or college level at some point in their coaching career, not necessarily at LHS. Active LHS or RCS coaches are ineligible.

The 2010 inductees are:



**2010 Fall Athlete
John Gathje
Class of 1981
Cross Country**

John Gathje '81 was a five-year varsity letter winner in Cross Country and a four-year in track as well as All-Conference in every season he participated in. As a senior, John was named Lourdes Student of the Year at graduation, Cross Country

All-American and the KROC Athlete of the Year.

He was the District cross-country champion four straight years and placed in the top ten four straight years in cross-country. John was on two State Runner-up teams (1978 and 1977) and three State Championship teams in cross-country (1978, 1979, and 1980). John was the State Cross Country Champion his senior year and set the Class A meet record. John was undefeated in cross-country and track & field his senior year of high school and was a three-time 3200-Meter champion and still is listed on the state records.

After LHS, John went to Saint John's University, Collegeville, MN where he was letter winner all four years in both cross-country and track & field as well as All-conference all four years in cross country and his junior and senior year in track & field. John was a three time Division III All-American: twice in cross-country; once in track & field. John has since finished his Master's Degree in Education through Wayne State College in Wayne, Nebraska. John was selected as the Wal-Mart Teacher of the Year in 1998.

John says he "has had the honor of coaching four State Championships in cross country at Mount Michael and one Runner-up team. I am starting my twentieth year of coaching at Mount Michael. I coached a State qualifying distance runner seventeen years in a row. In addition, I have coached either a State qualifying cross-country team or individual runner the past twenty years." John is an English teacher, head cross-country coach, and head track & field coach at Mount Michael Benedictine High School (all-male college preparatory boarding school in Elkhorn, NE). John lives in Omaha, NE with wife, Melissa, and two sons, Jacob and Ben.



**2010 Winter Athlete
Stacy Sievers
Class of 1991
Basketball**

Stacy Sievers '91 was a 4-year starter and letter winner for LHS girls' basketball. Stacy led LHS to back-to-back MN State High School League (MSHSL) state championships in 1990 & 1991. Stacy was HVL all-conference for 4

years, was named all state in 89, 90, & 91, and was on the all-tournament team in 1990 & 1991. She was a Miss MN Basketball candidate her senior year and was All-American honorable mention in 1990.

Stacy holds the Minnesota State Record for 9 consecutive three point field goals made and she is 10th in the Minnesota State Records for three-point field goal percentage. She is the all-time scoring leader in Rochester history for both boys & girls basketball. Stacy was also a 4-year cross-country and track letter winner and earned all-conference honors all 4 years as well. She qualified for state in cross-country in 1988 & 1989 and was a track qualifier all 4 years.

After LHS, Stacy started as a freshman in basketball at University of Western Illinois (Div I) from 1991-1993 and then University of MN-Duluth from 1993-1995 where she was All-Conference and helped lead her team to the NCAA Division II play-offs.

Stacy is currently teaches 3rd grade at Kasson-Mantorville Elementary School and has her Masters in Education.



**2010 Spring Athlete
Wayne Berger
Class of 1956
Track**

Wayne Berger '56 was a 5 year letter winner in Track at LHS. He was the MN Catholic School League individual champion in high jump 5 years in a row (1952 through 1956), long jump in 1955 and in 1956, in shot put

in 1956, and individual champ in 120 high hurdles in 1956 and the 1956 squad co-captain. The same year, Wayne held the 1956 Stat Catholic school league record in high jump (including the MN all time state high jump record of 6'5"), long jump and high hurdles in 1956. Wayne led the LHS track team to State Championships in 1955 & 1956 and was named to the Minnesota All State Squad in 1956. Wayne also was a 3 year letter winner in basketball at LHS and team captain in 1956.

After his LHS graduation, Wayne attend the University of MN from 1957-1959, where he was a 3 year letter winner in Track. In 1957, he won AAU in high jump and long jump and in 1958, Wayne placed third in long jump at Big Ten Outdoor conference Track championship.

In 1973, he competed in the 35-39 age group Senior Olympics and took 1st in the high jump, setting a meet record at 5'8". Wayne and his wife, Ruth, live in Citrus Heights, CA.



**2010 Coach
Gene Wenthe
LHS Coach
Track/Cross Country**

Gene Wenthe married his wife, Peggy, in August 1948 and started at LHS a month later. Teaching Science and Math, Gene had a wonderful career at LHS and retired in 1982 after 34 years.

In 1950, he also started the LHS junior high football & basketball programs by organizing boys from St. Francis & St Pius schools and then finding other schools for them to compete against.

Gene started the high school track program at Lourdes in 1950 and was the head track coach from 1950 through 1960 with 6 consecutive MN Catholic School League state championships starting in 1955 through 1960.

Gene established the K of C Annual Invitational Track Meet in 1960 (then serving as the KC Grand Knight since 1956). He was also named Teacher of the Year by the Rochester Jaycees in 1960 and was awarded the Outstanding Achievement in Education Award from the Rochester Chamber of Commerce. Gene and Peggy's 11 children are all St Pius and LHS graduates, nine of whom attended the banquet.

Previous Inductees to the Lourdes Sports Hall of Fame include

2007 - Lori Lawler '91/Basketball; Kathy Reichert '56/Golf; Gerald "Buck" Miller '52/Football, Joe Mayer - Coach - Football 1957-1983

2008 - Gene Macken '68/Football; Tom Wenthe '74/Basketball; Pat Clark '57/Track/Football; Tom Murphy - Coach - Golf 1977-2006; **Gene Eiden Award- Gene Eiden former LHS Band Director**

2009 - Dick Galuska '68-Football; Jerry Fogarty '59-Basketball; Donna Gathje-Mueller '78-Track/Cross-Country; Dick Sherman-Coach - 1965-1996 **Also honored** LHS State Championship 1979 Football Team; **Gene Eiden Award - Roger Daly "Voice of The Eagles" for 37 years**

2010 - John Gathje '81 (Cross Country); Stacy Sievers '91 (Basketball); Wayne Berger '56 (Track) Gene Wenthe - Coach 1950-1960 (Track) ; **Also honored** LHS State Championship 1955-1960 Track Teams

Gene Eiden Award - Ray Zeman LHS Football Clock Keeper for 47 years

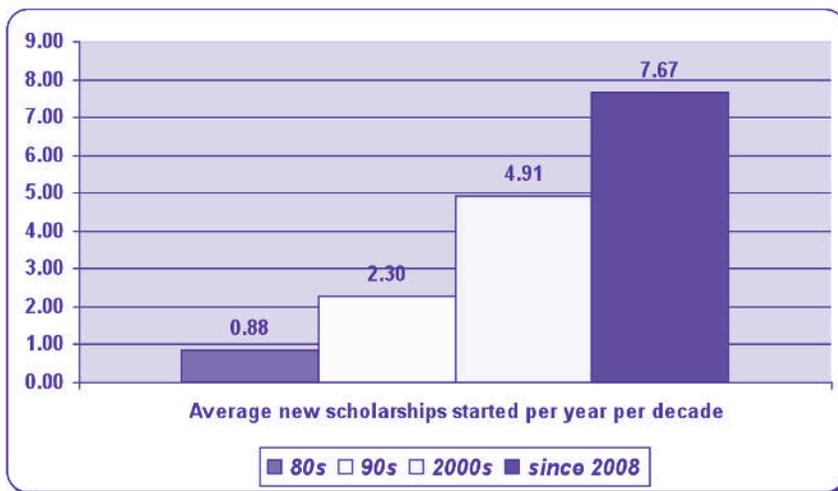
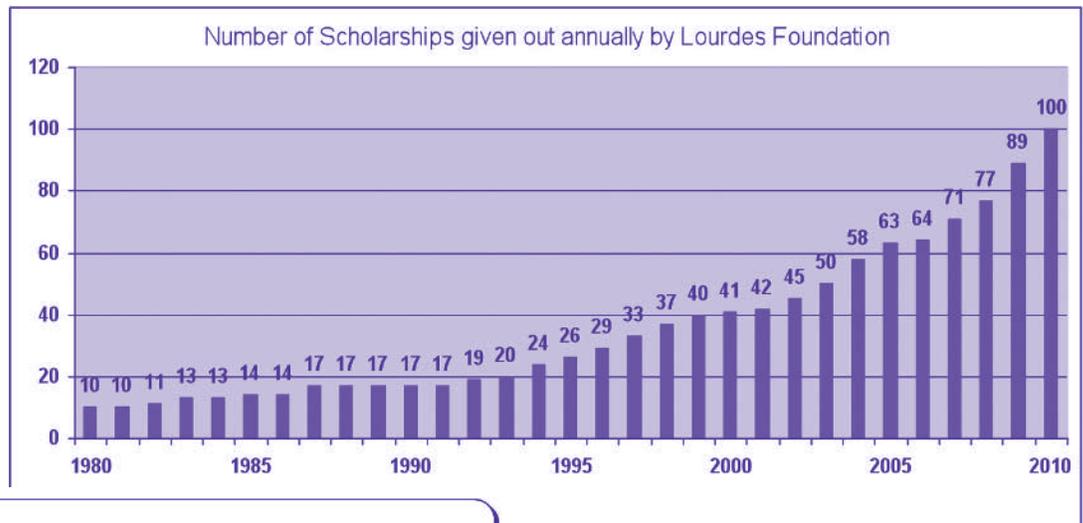
The date for the 2011 Lourdes Sports Hall of Fame will be Sunday, December 4, 2011 at the Rochester International Event Center. **Next year's team(s) to be honored will be the 1973 Boys & Girls Championship Basketball Teams. If you have any Hall of Fame nominations for Lourdes athletes or coaches or would want to volunteer, please contact the Lourdes Foundation at 507-289-2584 or by email at srainey@rochestercatholic.k12.mn.us**



Coach Gene Wenthe, wife Peg, and nine of their 11 children

Lourdes Foundation Scholarship Funds

Scholarship endowments have been an integral part of the Lourdes Foundation's mission since its founding in 1974. The first 10 tuition assistance scholarships were given out in 1980 under the name of Lourdes Development Fund. In 1996, the name was changed to the Lourdes Foundation Inc. In 2004, 50 scholarships were awarded and during the 2010-2011 school year, that number had doubled to a total of 100 tuition assistance scholarships awarded to 64 Lourdes families to continue the Catholic education tradition. As the charts reflect, Lourdes Foundation has been blessed with continued growth in our scholarship program through the continued support of our generous donors.



The impact on our Scholarship program is immediate and far-reaching. Scholarships allow students & their families who otherwise may not have the financial means to attend this Christ centered community of Lourdes High School. The lifelong effects are invaluable! In these turbulent economic times, it is important to keep pace with the requests for financial assistance..

Some Scholarship Trivia:

What are the Lourdes Foundation top 5 highest amount funded scholarships?

1. Benny & Eloise Dresbach Scholarship
2. Joe Mayer Tribute Scholarship Fund
3. Class of 1955 Scholarship Fund
4. Margaret & Robert M. Conway Scholarship Fund
5. Gary Vanselow Memorial Scholarship Fund

Twelve Lourdes graduating classes have started tuition assistance scholarships to date. Which of those classes has raised the most money? Of those twelve, which class is the largest?

The Class of 1955 boasts the largest scholarship fund with almost \$133,000! The Classes of 1950, 1953, 1954, 1959, 1960, 1964, 1965, 1968, 1969, 1970, and 1998 all have started scholarship funds, but none have raised as much as the Class of 1955.

Who decides which student receives what scholarship and how much to award?

Lourdes Administration selects the scholarship recipient using financial eligibility forms completed by the family and evaluated by a third party firm. The donor and family set the criteria for the scholarship. The Lourdes Foundation does not see any family financial information and all information regarding scholarships are held in the strictest of confidence.

Why has there been and continues to be an increase in the need for tuition assistance scholarships? What changed since LHS opened in 1942?

The first issue of the Aquila in Spring 1980 reads "The late 50's saw an enrollment of 450-500 with a faculty of three lay people, four priests and 20-30 Sisters. Tuition was

unheard of, but some families paid a book bill of as high as \$27. Enrollment in 1980 is about the same 1960-1961, but what a change in staff: four Sisters, three priests and 30 lay people. Tuition started in the 60's and now, based on ability, some families are paying \$1,200 per student."

Today in 2011, tuition is still based on financial ability based on the financial aid forms. There are no longer any Sisters on staff these days. One priest shares his time with LHS and three other parishes. The 2010-2011 school year started with 460 students. Lourdes Foundation continues to try to bridge the gap between what parents can afford to pay in tuition and what LHS needs to continue providing an affordable Catholic education for as many as possible.

Lourdes Foundation currently has 90 named scholarships. What categories or reasons are scholarships named?

The reasons to start a scholarship fund are varied. Of the Lourdes Foundation's **current 90 scholarships**, there are five primary categories. **Forty five were started as memorials** of loved ones after they have passed away but each with very different stories.

Families have started thirteen as a living tribute (many family members give to their scholarships as birthday and holiday gifts). **Twelve were started in honor of past LHS graduating classes.** Ten honor retired **LHS faculty & teachers** and another **ten honor organizations** such as the Knights of Columbus and the Sisters of Saint Francis.

How do I start a scholarship fund?

A Scholarship Fund can be started for any number of reasons by contacting the Lourdes Foundation. A Fund can be started to honor families, individuals, LHS Classes, organizations, businesses or as a memorial to those that have passed on. Although there is no minimum amount to start a scholarship fund, the scholarship cannot be awarded until the scholarship fund reaches a minimum of \$10,000 and therefore, is considered a fully funded scholarship. Lourdes Foundation's policy states that 5% of the total amount of the scholarship is awarded. For example, a \$10,000 scholarship will produce a \$500 award to a Lourdes High School student. Families must complete the financial edibility forms with Lourdes Administration.

2010 Annual Meeting

The 2010 Lourdes Foundation Annual Meeting held on Wednesday, October 6, 2010 at the Rochester International Event Center was a huge success again this year. We are so grateful to the many benefactors who take the time to be with us for a very special evening.

Award winners (pictured from left to right) for the 2010 Annual Meeting were:

Woodruff Award - Joe Powers was honored for his years of generosity and leadership within the Lourdes community. He is the current *Lourdes Building our Future* Campaign Chair.

Alumnus of the year - Tim Carroll '03
As mentioned earlier, Tim Carroll had walked the Pacific Crest Trail (2,658 miles) to raise money for a scholarship in his father's name, Mike Carroll. He had returned to Rochester just days before the Annual Meeting and was welcomed with a standing ovation from the audience. Lourdes Foundation was very honored to announce that evening that the Mike Carroll Tribute Scholarship was fully funded at over \$10,000 and would be awarded to a student in need the following school year.



Presidents Award - Denny Nigon '64 was presented with the Presidents Award for his ongoing efforts with the *Lourdes Building our Future* campaign as well as his years as teacher, coach, and principal at Lourdes High School. He is currently the President of Development for Rochester Catholic Schools.



6th Annual Gary Vanselow Memorial Fish Fry and Big Catch Night



Editor's note: The Aquila asked Foundation board member and Vanselow Fish Fry organizer, Julie Burgart, for a brief history of how this wonderful scholarship, to honor Gary Vanselow, got started.

Gary Vanselow was an avid fisherman, a wonderful man and both he and his wife Teresa were great supporters of our Catholic schools and played an integral part in their success. Both their children Katie ('94) and Kyle ('04) are Lourdes graduates.

Gary passed away very suddenly and prematurely on February 19, 2005, his passing devastated the Vanselow and Rochester Catholic School families.

Skip forward seven months later. Teresa was attending Mass at Pax Christi church; it was a mass for Gary. Fathers Joe Keefe and Caesar Dralega had a whopper of a surprise for parishioners on this weekend! To play out Jesus' parable of using ones talents and not hiding them, the priests asked for 25 volunteers, Teresa felt moved to volunteer and stepped forward. Each of the 25 volunteers who stepped forward was surprised to receive \$100 from the priests. The only conditions they had was, that they were to consider that this money belonged to God and they should realize their talents and passions and extend God's kingdom in the way they spent the money. They were given 90 days to pray, reflect and act.

Teresa's first thought was to use the money to honor Gary's memory and contribute to the Lourdes Foundation by establishing a named scholarship in his memory. With the help of family and many friends, they put their ideas together. The staff at Holy Spirit elementary school, where Teresa was a secretary, worked together and decided to help Teresa raise money for the scholarship. They would have a *Chili Cook Off* during Catholic Schools Week. Since Gary's love of fishing was so important to him, it was decided to have a fishing theme as well. A casting contest along with several other fishing games proved to be just the right fit. Each student paid \$1 to participate in all the activities. Teresa's \$100 "seed money" was used

to buy prizes for the students. By the end of the week, the students had raised over \$3,000!

The out pouring of enthusiasm and love for Teresa and her cause, elicited a suggestion from a parent..."Let's do more, we'll stick with the fishing theme and have an old fashioned "Fish Fry" - **The Gary Vanselow Memorial Fish Fry** was born!

The first fish fry was held just a few months later in the Holy Spirit gymnasium on April 7, 2006. The event sold out, packing the facility beyond capacity with over 700 people served. Many generous donors contributed to the "Big Catch Raffle." Enough money was raised to fully fund the scholarship (\$10,000 is needed to fully fund a scholarship) and the Gary Vanselow Scholarship was awarded for the first time, in his name, that very spring.

In 2007 the Gary Vanselow Fish Fry and Big Catch Raffle was moved to the International Event Center where it still resides. Approximately 1200 people are served a delicious fish dinner. This event has turned into not only a great Catholic schools event, but a wonderful Rochester community event as well.

This community event embodies the true essence of friends and family who are so committed to Catholic education. **Please join us again on Friday, March 11, 2011 5:00 p.m. at the International Event Center, for a great family evening of fun, fellowship and an absolutely wonderful fish fry with all the trimmings. For even more information and ticket information go to our website www.lourdesfoundation.org**

As of this date, the Gary Vanselow Scholarship is valued at almost \$71,000 in endowed funds and has been awarded to students in need at Lourdes High School since 2006. Not bad for a \$100 dollar start wouldn't you say? The Lourdes Foundation owes a huge debt of gratitude and thanks to Teresa Vanselow; we could not have done it without your grace. Thank you so very much.

Lourdes Grads Continue Success at Mayo Medical School



Pictured left to right: Richard Cockerill ('06), Maria Bachman ('05), Greg Cascino ('05), Tim Poterucha ('05).

Is there a doctor in the house? There is not just one; there are many!

Nine Lourdes alums are currently enrolled at Mayo Medical School. They include:

Paul Warner '98	Maria Bachman '05
Ryan Hofer '02	Greg Cascino '05
Rachel Lindor '03	Tim Poterucha '05
Matt Warner '03	Richard Cockerill '06
Brian Welch '03	

We sat down with two of these students, Tim Poterucha '05 and Greg Cascino '05 to ask them how

their Lourdes education helped them on their journey to Mayo Medical School.

Greg explains that, "The academic difficulty, solid curriculum and the expectation of accountability at Lourdes was good preparation but in addition to that I also learned *how* to learn. It was a great framework to prepare for college and med school."

"It was easy to succeed in college coming from Lourdes. My classes during my senior year at Lourdes were tougher than during my first year of college," Tim related.

Modular scheduling, where Lourdes students are given some flexible time to study during the day, helped them learn to use free time productively in college and medical school.

Both explained that extracurricular activities at Lourdes helped them more than they realized at the time. From marching band and choir, to sports teams, clubs and the fine arts, extracurricular activities provided experience in teamwork and collaboration, important skills to have in medical school.

Tim and Greg both shared that at Lourdes, the expectation was that you would succeed, and that Lourdes provided support to help each student achieve that success. We wish Tim and Greg and all of the other Lourdes alums at Mayo Medical School continued success in their studies.

Did you know: The 1953 LHS Track Team and the mystery chartered plane



About this time last year, the decision had been made to honor the 1955-1960 State Championship Track Teams at the 2010 Lourdes Sports Hall of Fame. Letters went out to the teams asking them to "save the date" and come join their classmates on December 5, 2010 as well as asking for their help in accumulating pictures. This proved to be quite a task since there are no yearbooks from 1958 to 1967 and therefore, no known team pictures. As the response letters, pictures and stories came back, one picture caught our interest, the picture of the track team and coaches standing by a Northwest Airlines plane (on the front cover).

The LHS track program was started in 1950 when Gene Wentz recruited then eight graders coming to LHS to join the new track program. Coach Wentz and his coaches would load up the team in their station wagons and drive to the next track meet and back in the same day. Gas was 22 cents a gallon and a new station wagon was \$2,403 so driving was cheaper than renting a bus. The one fact that most team members stressed was that money was tight for everyone, so to find out that the team had flown to St. Cloud made the mystery that much more intriguing.

Several members of the team have been contacted, including John Bantley, John Fischer, Tim Lawler, Tom Wollner and Father Joe Mountain, but all expressed little memory about the trip. Yearbooks were generally printed and handed out before graduation and spring sports were usually in the following yearbook. Our original thought, was that the plane story would be documented in the following yearbook but had been lost between the school years. Parts of the mystery have since been solved, but who paid for it, and what would something like that have cost in 1953 remains a mystery. A similar chartered round-trip flight today would cost about \$6,000, which would make it roughly \$2000 in 1953, approximately the cost of a new car then.

In May of 1953, St. John's prep school was the leading track team to beat in the state. According to some of the team, it was thought that if they were to fly in for the track meet, it would give them an "edge". On



Saturday, May 16, 1953, the LHS track team, coaches and a few priests all lined up at the Rochester Airport, Lobb Field (then at the southern edge of town near where 20th Street SE/Ben Franklin School/Meadow Park area is today) for a picture of them by the plane before taking off for St. Cloud. The only mention in the Rochester Post Bulletin is the same picture with the names below it. On Monday, May 18, 1953, the follow-up article mentions nothing about the flight – only that Lourdes took 5th place at the track meet.

What makes this so unusual?

- A Track team flying to a meet is a good starting point, but flying anywhere commercially was for the "rich and famous" not a group of 8th graders up to seniors hopping across the state.
- In 1953, Saran Wrap was invented; Ian Fleming published the first James Bond book, *Casino Royale*.
- Flying was expensive! A round trip ticket from Cleveland to Washington, D.C. was \$75/person and now is \$400. There was no shopping around for the best deal since there was only one deal.
- As you can tell from the picture, everyone dressed "up" for their plane flights – no sweatsuits or ragged jeans/tee shirts allowed. The majority of the air travelers were business executives.
- No security precautions – you could walk up to the counter, purchase your ticket with no identification, and walk out to the tarmac, up the steps on the plane and take your seat with your loved ones at the bottom of the steps waving as you taxi away.
- There were observation decks to watch the planes come and go. Many a warm summer night's date was spent watching the planes.
- There was one blackboard with all the flights listed. No little television screens flickering inside the airport with times and gates.
- Smoking was permitted anywhere on the airplane and the armrests included ashtrays.
- You could buy life insurance at the airport! You inserted your coins into the vending machine (no credit cards then) and filled out the insurance policy. You dropped the policy in the mailbox in a prepaid envelope and if your flight crashed, your family got paid.

What is not unusual about this event is the generosity of an anonymous donor. The Lourdes students on that flight, now adults themselves, learned a valuable lesson in unselfish giving from the person that gave them their first flight and a story of a lifetime!

Johnny Pemberton '99 - Mega Drive: Driving Extreme Machines



Few people ever get the chance to drive such powerhouse vehicles as an M1 Abrams tank, a SWAT APC, a 20-ton log forwarder, an eight-legged, 11-foot-high, 6-ton

monstrosity of steel, gears and arachnophobia powered by a Chevy V8 engine, a semi-truck, with its J-34 Westinghouse turbojet engine (from the late 1940s), 11 x 20 feet or a 6500 lbs "Dream Big" motorcycle powered by a 500-hp V8 engine, but Lourdes grad Johnny Pemberton '99 can say he has driven them all and more!

Comedian Johnny Pemberton, who now calls Los Angeles, CA his home, hosts the new MTV "Megadrive" series. Johnny is allowed to "joyride" in whatever interesting and sometimes odd looking machinery he

can get his hands on, much to the dismay of the owners, creators, and professionals responsible for these vehicles.

Pemberton got his start in television while studying media production at Florida State University in Tallahassee. During the shows publicity, he claims to have failed his driving test three times because "they did not like the way I downshifted" but today he is driving some of the highest-powered vehicles in existence. These mammoth machines would generally require a Class F drivers' license and years of training. Johnny thinks "everybody is about half as good a driver as they think they are. I'm probably a little better now."

He is shooting a new comedy movie called "Aim High" featuring Jackson Rathbone from "Twilight" and Aimee Teegarden from "Friday Night Lights" where he plays the best friend. He has also been on multiple other TV shows such as Jimmy Kimmel Live, The Sundance Channel and "It's Always Sunny in Philadelphia" series.

Kevin Macken '08 - Rochester native steers aircraft carrier



Many high school graduates when asked what would you like to do now, respond with something along the lines of "see the world" but few actually have the opportunity to follow that dream.

Kevin Macken '08 is an exception to that rule. In a Rochester Post Bulletin article published September

22, 2010, he was quoted as saying "I'm living the life in Tokyo". When he is not 17 stories atop the USS George Washington, Kevin is a helmsman in the Navy. After graduating from Lourdes, Kevin headed to Arizona for college and then decided to "unwind a bit" at the last possible moment. Instead, he joined the Navy. He went to boot camp followed by another naval school and then headed out to the Pacific Ocean where he began his hands-on training as a helmsman.

Macken describes the experience of navigating a 100,000 ton nuclear powered aircraft carrier with a price tag of \$4 billion dollars (the USS George Washington) like "driving on ice. After awhile, you get the hang of it". He says training to steer a floating city of 5,500 people with a flight deck holding 50 planes is not something you can get in a classroom and has to be done primarily "on the job" training. Many of us remember trying to

learn how to drive a car, maybe one with a stick shift, in an empty parking lot in Rochester, but as a helmsman, Kevin's "parking lot" is much bigger. The Pacific Ocean is his highway, with stops in Australia, Singapore, the Philippine Islands, Hong Kong, Korea and China.

It is a huge responsibility but Kevin seems to be very comfortable at the wheel with more than a year at the helm. He says "Our goal is not to be off more than .5 degrees, because when you're launching aircraft and recovering them, you have to be able to hold the ship steady" While at the wheel, Kevin sips black coffee or an energy drink to stay sharp and keep him alert. From his vantage point at the helm high above the ship itself, Kevin watches for any number of changes to the "road" ahead, such as a change in currents, the size of waves, head winds and other ships. Macken '08 says "you get the feeling you are looking down on everything but it's pretty fun. I like it a lot."

The USS George Washington is the only forward-deployed carrier in the U.S. fleet, providing a shield of protection to commerce. It's forward-leaning posture puts it in a position to respond relatively rapidly to a crisis or hot spot in and around the Pacific.

Thank you for your service to our country Kevin, we are very proud of you!

The *Aquila* discovers - The Tall Tale of the Taboo Tattoos

The *Aquila* staff did not notice them at first, who would have? In 1956, no kid at Lourdes would have worn a visible tattoo or **any** tattoo for that matter!

"They would have thrown us out on our ear, it would have been *taboo*", said one of the perpetrators. "Can you imagine the sisters or the priests putting up with that, no way."



But...if you look closely, you'll see them on the left arms of both John McNeil and John Fischer in the 1956 team photo of the State Championship Track team, taken in front of the main doors on Center Street at LHS.

"No way," the *Aquila* staff said, "that would not have been allowed" And, of course we were right. The *Aquila* staff did some investigation, talked to the two perps who were both present at this year's Hall of Fame event and got the real story.

"Anything we could do to stir up the pot and make trouble, we did," said Fischer. "We were known as *Stud*

One and *Stud Two* back then, he said with a huge grin and a laugh. We thought we were something and we figured that would be the perfect tattoo to have on our arms when the photo was taken."

"Believe me, Gene Wentz didn't know about it, Father Leary, or any of the Sisters or the rest of the Priests. I can't remember who drew them on, they look like roses, but honestly, I forget. The words, *Stud One* and *Stud Two* surrounded the rose, I think I was *Stud One*," said Fischer, with another big smile on his face. McNeil would not confirm that!

Just to prove our point, below is the 1957 State Championship track team one year later. Notice anything missing? They are pictured next to each other in this photo in the front row, without the tats! (Wonder how many sisters checked the arms before this photo was taken?)



"We definitely got in trouble for that one, no doubt about it," said both Fischer and McNeil. "But you can rest assured; the sisters made us pay for that one."

Alex Camilleri '06 wins International Cannes Film Festival Award



The Camilleri family bought a video camera when Alex was 12 years old for the family to use, but Alex quickly took the camera over for his own use to make his own movies, setting up swamp scenes with action figures and plants in the bathtub. So it should come as no surprise that Alex is now an award winning filmmaker. Within four days in May 2010, the 2006 Lourdes grad, graduated Phi Beta Kappa from Vassar College as a film major, and won best student documentary by the American Pavilion Emerging Filmmaker Showcase at the Cannes Film Festival in

France. When Alex got the news that his film would be shown at the festival known internationally, he says it didn't quite sink in. He goes on to say "I didn't want any of the film's success to go to his head."

His 21-minute film "*Still Here*" examines the life of New York City native Randy Baron, who has been infected with HIV for 30 years, and, through a rare genetic mutation, has had the gift of continued health, making him an inadvertent witness to the AIDS epidemic. *Still Here* captures how Baron has given his life new meaning by working to help to prevent the spread of the disease that has devastated his life and the lives of his friends.

Camilleri first heard Baron speak to a small group at Vassar during the 2008 World's AIDS day commemoration. Alex wasn't overly interested in attending but his two close friends were part of the hosting committee so he thought he could slip away if the talk got too boring or graphic. Alex was quoted as saying he was immediately affected. "His words rattled me. In my past experiences as a young filmmaker, I had really only felt the drive to tell the stories that were important to me and me alone. After hearing Randy's story, I felt that other people needed to hear it, too."

Still Here has been selected and recognized by a number of other film festivals, in addition to the International Cannes Festival, including:

- New York City Downtown Short Film Festival (Winner, Best Gay/Lesbian Film, 2010)

- SENE Film Music Arts Festival (Winner, Best LGBT Film, 2010)
- Ivy Film Festival (Winner, Audience Choice Award, 2010)
- Accolade Competition (Winner, Award of Excellence in Film, 2010)
- Connecticut Film Festival (Official Selection, 2010)
- Breckenridge Festival (Official Selection, 2010)
- Los Angeles International Film Festival (Honorable Mention, 2010)
- Angelus Student Film Festival (Official Selection, 2010)
- Big Bear Lake International Film Festival (Official Selection, 2010)
- Starz Denver Film Festival (Official Selection, 2010)
- Vassar FilmFest ("Featured Short Film," 2010)



Mary McElligott '53 - A Heffron Connection



Mary seemed destined to become an historian and to attend Lourdes High School due to a twist of fate when the Heffron family adopted Mary's aunt as an infant. The Heffron name was well known in southeastern Minnesota and in Rochester in the early 1900s.

Martin Heffron was the mayor of Rochester from 1905-1907 and a prominent Rochester contractor who built the Chateau theatre in 1927 (now the Downtown Barnes & Noble store), started the first section of St. Mary's Hospital in 1888 and later built the remaining six additions to the hospital, including the chapel, which was completed in 1932. He continued to stay busy with many projects such as the Metropolitan Opera House, the former YMCA, additions to then convent of Academy of Lourdes and the former building of St. Johns church.

His brother, Bishop Patrick Heffron, went on to start St Mary's University in 1912 and the College of St. Theresa's for women in 1907 (St. Theresa's closed in 1989). Bishop Heffron also started the diocesan newspaper, *The Courier*, in 1912. He was a prolific fundraiser who also raised money for 27 churches, and many parochial schools. Bishop Heffron was the Second Bishop of the Winona Diocese from 1910-1927. He was known for his interest in education and helped to establish three dozen more Catholic schools while he was bishop by 1928. There remains a Heffron Hall on the St. Mary's University campus. In 1913, Heffron High School in Rochester opened as an all Boys school with the Brothers of the Christian Schools as teachers

for many years. The building was named after Most Rev Patrick R. Heffron, Bishop of Winona. Heffron High School was closed when the "new" Lourdes High School was opened in 1941.

With all this history surrounding her as a child, it would only make sense that Mary McElligott '53 would become an historian. Mary started kindergarten at the then ten-year-old Folwell elementary school, one of the newest in the school district. She started her historical record keeping early where she kept a scrapbook of all her teachers and classmates from kindergarten to her graduation from Lourdes in 1953. She then went on to graduate from Rochester Junior College in 1955 and started working for the Olmsted Country Historical Society until 1959. In 1965, she went to work for the city as a School Crossing Traffic Supervisor until her retirement in 1983. She was one of the first residents in the newly opened Fontaine Towers in 1983 where she continues to keep history alive in her scrapbooks while staying busy knitting hats, scarves and potholders for missionaries and collecting her teddy bears. Thanks for all your help Mary!



Welcome Home Tim Carroll '03!

Tim Carroll finished his extraordinary 2,658 mile on September 21, 2010. When he spoke at our Annual Meeting, this is an excerpt from his thoughts about walking an average of 20 miles per day for 5 months.



Tim Carroll at the Canadian Border marker on Sept. 21, 2010

During the summer of 2007, I landed an internship with the Student Conservation Association. The job was a member of a 7-person trail crew on the Pacific Crest Trail in central California. I could not believe how lucky I was to have been selected for this position. I flew out to California and proceeded to have the best summer of my life up to that point. I spent 3 months with 6 great friends traveling up and down the heart of the Sierra Nevada Mountains working the trail, seeing new amazingly beautiful places, and soaking in all the experiences that we had that summer. By the end of the summer, I knew that I had not seen the last of this trail and that someday I would be back to experience the entire thing.



This was a defining moment in my life. It was one of those times when you don't just think you will go back to a place or that you will try to make it back, but deep in your mind and in your heart you know, without a doubt that you'll make it happen. This was the first time I had ever been so sure of something in my life. I didn't realize it at the time but it at that moment when I fully made up my mind, that I had already begun the journey.

I realized that summer that I had a passion for hiking trails. Building and maintaining them was something that I was really good at and it was ridiculously fun.

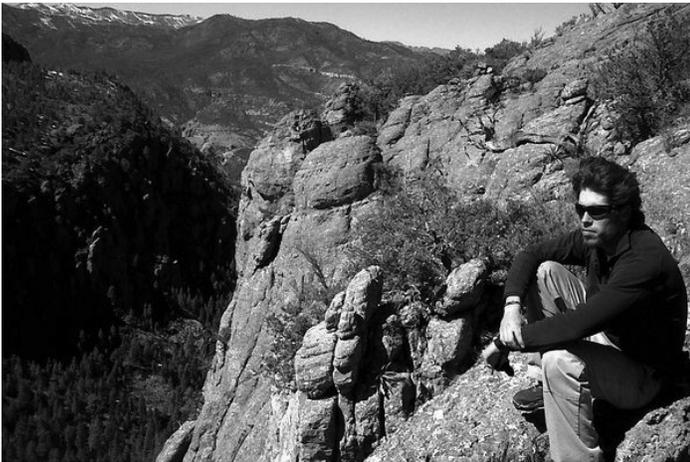
"So you're telling me that I get to hike on these beautiful trails, camp out with plenty of food and gear for over a week, build awesome structures and work with my hands in the dirt and mud, use saws and blades, and you're going to pay me. Yes, Please."

I put the PCT it in the back of my mind after that summer and spent the next 2 years in the woods as much as I could stand it. The Red River Gorge in Kentucky, Virginia's Blue Ridge Parkway trails, Lake Tahoe, New Hampshire, and New Mexico. I couldn't get enough of the outdoors and working on trails especially. There is something undeniably satisfying about working with your hands. Trail maintenance over those 2 years helped me to discover the simplicity of happiness, the importance of good friends, how to earn trust from others, and how to have patience. when I started the trail in April of this year, I had no idea how important those things would be.

I told my family back during the summer of 2009 that I was going to thru-hike the Pacific Crest Trail in 2010 and the first thing my brother said was that I should do some kind of campaign to raise money for Parkinson's research. Wow, that's a great idea, I thought, but it seemed a bit difficult for me to wrap my mind around. Who would I speak to, how do you even go about something like that. I had no idea so I talked to my parents about it and they were on board right away. I decided that I would go to my parents for inspiration. For some reason they were very supportive of this wacky job idea that I had to hike from Mexico to Canada. When I told them John-Howard's idea to raise money, they helped me fill in the blanks. I knew that my parents had been talking about a Scholarship in my dad's name and they suggested that we talk to some people at the Lourdes Foundation about getting the two if these ventures paired up. That was brilliant, it was my parents who have always supported every thing I've attempted and my dad has always drilled

into me that life is about doing what you love. My parents worked very hard so that I had just the opportunity to do the things I've done and I couldn't think of anything else that would motivate me more.

We definitely talked to the right people. I've never seen such passion and such interest in something as the people at the Lourdes Foundation showed for this journey. They spearheaded every detail of the scholarship fund and helped to spread the word more than I could have dreamed to do on my own. Tim, Sheila, and Terry were a true joy to work with and Tim, I'm still holding you to that Dairy Queen promise you made.



When it was finally time for me to start hiking after nearly 6 months of serious planning, the anticipation was so high I could barely stand it. I think now about what the trail meant to me then, and what it is to me now. That first day I was full of excitement and felt like a free man in every sense of the word free. I was free to come and go as I pleased every day with just one clear goal in mind, Canada. After a week, I had walked 100 miles, the longest distance I had ever traveled on foot. Soon it was 200 miles, then 300 and I learned very quickly over those first few weeks what it was going to be like to actually hike this thing.

The people on the trail were amazing and every day I woke up with a great feeling knowing that I might meet someone new today and that the day would be completely different yet the same as yesterday. I was introduced to trail angels and learned the true meaning of generosity from these people. Imagine a group of people who haven't bathed in days looking like total bums walking through town. This was a common theme and all the time we were in these towns people offered us help in a variety of ways. I was welcomed into homes as if I was a family member, given a place to sleep, bathe, and wash my clothes many times. They would even give us food. This is no small gift when you're talking about the most ravenous appetites I've

ever seen. It simply blew my mind. Here I was looking and smelling like absolute hell and the first thing some of the trail angels would do is give you a hug. The PCT was designed to travel close to many communities and towns along the way and the town stops quickly became places to rendezvous with other hikers, get in touch with home, and meet new people.

The summer continued on and soon I faced the most difficult challenge of the entire trail. Over 200 miles through the high Sierra's with no roads or power lines for almost 2 weeks. I set off alone from Kennedy Meadows CA, with a pack that was overflowing with mostly food. Over the next 12 days, I saw some of the most awe-inspiring places I've ever seen in my life. I summited Mt. Whitney and spent about 80% of every day walking on snow. I had no idea how difficult it was going to be. Every day was the most difficult day I had ever experienced and at the same time, I was being overwhelmed with the power and the beauty of these high mountains.



John Muir once wrote, "Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you, and the storms their energy, while cares will drop away from you like the leaves of Autumn." I couldn't believe how true that was. My mind was so clear and I was so focused every moment of the day that I was starting to let everything else just slip away. I was getting new perspectives on things like patience, living in the present, trusting yourself, and mind over matter. I spent those 12 days mostly alone but for a few odd weekenders and other thru-hikers here and there. It was deeply meditative and it was probably the defining part of my trip.



After 3 months of hiking, I had finally reached the halfway point. That was a difficult moment. A triumphant feeling for sure but after hiking over 1300 miles I was still in California. Every day there were reasons to go home,

but the more I continued to hike and the more I saw new things, the more I loved it. Soon I began to think of setbacks as great excuses for someone else to quit the trail. I had it branded in my head that I was finishing this trail, and now it was only a matter of time and maintaining what I had done to get this far.

After another month I had reached the 2,000 mile mark and I was starting to look at life much differently than when I had started. I was so thankful to have a stream to drink water from, and just a flat spot in the dirt to sit down sometimes. The pleasure of a warm sunny day and the chance to be alone with my thoughts made the day a success.

At the very end of the trip, I realized how spoiled I had been once it started raining. I went from wishing it would stop raining to being thankful that it wasn't snowing while the wind was blowing hard. Mentally I was forced into a place where I was just a small piece of what was going on and during the last few days, the jumble of images and experiences in my head from the entire trip all came together. The miserable weather and the pain in my feet were a part of life at this point and I realized that it wasn't even about finishing the trail any more. I had already finished the trail in my mind, my perspectives on life had been washed clean, and I was looking at each day with the enthusiasm of a kid again. Simple things gave me huge amounts of joy and I was very easily entertained at this point. Life was great and every step and every breath felt like a gift.

I would never have finished this journey without my parents. The food packages and the support from home was like a fail-safe in the back of my mind. I could count on them being there for me when I was



Tim Carroll '03 with Mom, Kathy, and Dad, Mike Carroll '69 on the trail

thousands of miles away every day it gives me strength and confidence. It was the best motivation I could have asked for on a journey like this.

The Mike Carroll Tribute

Scholarship is almost fully funded at this point and I have no doubt that it won't be long now to reach that goal. The end of one journey is the beginning of another and I can't wait to see who I'll meet and what I'll see on the next one.

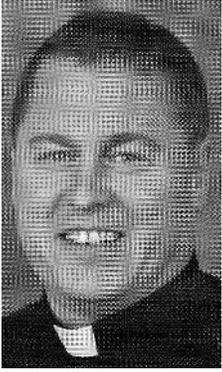
Tim Carroll
2003 Lourdes Graduate
2010 Pacific Crest Trail Completion
2010 fully funded (\$10,000) the Mike Carroll Tribute Scholarship

If you missed any of Tim's Trek, his blog is still available through the Lourdes foundation Website under the Alumni tab.

Some Interesting facts about Tim's Trek:

- If you walk 30 minutes (about 2 miles) on the treadmill or around the neighborhood, Tim's average 20.81 mpd (miles per day) would be almost 10 times that many steps but on uneven ground, through water and snow with incredible scenery to replace the television while carrying about 20-40 lbs on your back.
- Tim walked a total of 2665 miles in 155 days averaging 20.81 miles per day. That would be the equivalent of walking from the Northwest Angle in the Lake of the Woods, MN/Canada border to through Iowa, Missouri, and Arkansas to the Louisiana border and back in five months (roughly 18 hrs driving time one way).
- Tim's average daily calorie intake was between 4,000 to 8,000 calories - depending on if it is easy walking or mountain climbing. That would be almost double or triple the average person's daily intake! On Tim's diet, chocolate of any variety is allowed!
- Every 4 days, Tim's parents mailed him a box of food (mostly dried food) to one of 29 Post Offices on the trail for Tim to walk into town to pickup. Whatever food Tim has on the trail, he had to carry on his back (as well as water in some areas). Imagine carrying the equivalent weight of a three-year-old child on a 2,665-mile "piggyback" ride.
- His longest stretch without a day off was 381.8 miles over 18 days. How many people do you know measure their next day off by miles walked?
- Tim's Trek has raised over \$10,000 for a scholarship for Lourdes High School students tuition assistance in his Dad's name, Mike Carroll, in recognition of Mike's 27 years of service to athletes and students of the Rochester Catholic Schools community. To donate to the Mike Carroll Tribute Scholarship, please go the Lourdes Foundation website.
- When Tim left on his trek on Sunday, April 18, his visitors counter on his blog read 6,000 visits. Today his counter reads 109,174 visits - that would mean that more than the population of the entire city of Rochester at 101,000 has visited Tim's blog.

Father Michael Christiana, SJ '85 ordained into Jesuit Priesthood



Father Michael Christiana, SJ was ordained into the Jesuit priesthood this past summer at Marquette University in Milwaukee, WI. Father Christiana is a member of the LHS class of 1985.

He received his BA degree in Asian studies, religion and history from St. Olaf College in Northfield.

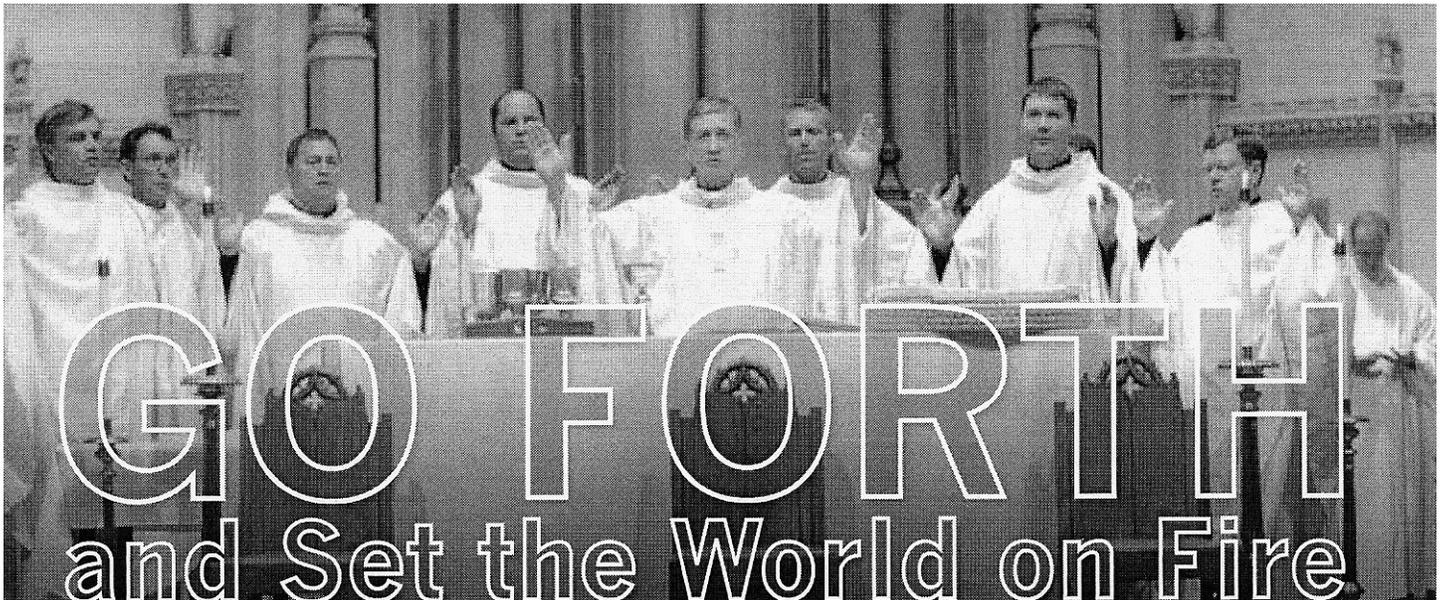
After serving as an English tutor in Thailand, as well as a volunteer prison chaplain, he is currently serving as Vice President for Mission and Identity at Brebeuf Jesuit Prep in Indianapolis, IN.

Fr. Christiana said: "I first heard my call to the priesthood a year or so after graduating from college. I was living in Minneapolis, and at the time, I was still

Episcopalian. I started doing volunteer work with homeless youth. We had a program where every Monday night we would cook dinner for the kids, sit with them family style, and get to know them. After a few months, I got to know this young woman fairly well. She was supporting herself through prostitution in one of the neighboring parks. One evening we were having a very deep conversation, when she asked me if I was a priest. I said, "No I am not a priest." Then she said, "Well, if you were a priest, I would become a Christian."

I feel I have a calling to go after the lost, to reach people who are not churchgoing Christians. I want to go out and bring the church to them. God gave me the grace to be able to do that."

Fr. Christiana is the son of Nola and Richard Christiana. Thank you to Dee Libera '53 for letting us know of this great story!



Helen Restovich '61 – receives The Extraordinary Rochester Women Award



Helen Restovich '61 What's the difference between ordinary and extraordinary? A little "extra!"

The Extraordinary Rochester Women Award recognizes women who have made a difference by giving a little "extra" to inspire others and to make their own lives the best they can be.

Helen Restovich '61 was one of five women to be recognized with *The Extraordinary Rochester Women Award* in the Jan/Feb 2011 of Rochester Women's magazine. Helen Restovich influences the lives of teachers, parents and students at Lourdes High School. Supporting letters illustrated how they caught the attention of their nominators and how they continue to make a difference in our community. Nominations were made in the form of essays explaining nominees' qualifications and extraordinary-ness! Helen was nominated by Rita Hendrickson, Head of Campus Ministries at Lourdes High School. Her nominating essay follows:

Helen Restovich - Extraordinary Overall



I am writing to nominate a natural caretaker, mentor, balcony person, cheerleader and lover of life. This person is Helen Restovich. I have known Helen for over 15 years

because of our connection to Lourdes High School.

Helen has been a dedicated teacher and school counselor to many of our students over the years and most often helped guide them to a higher purpose in life. Helen is just one of those types of people that you love the minute you meet her. She is fun, silly, serious, deeply religious and filled with wisdom all at once.

She gives of herself so easily in conversation and is totally present to others in need. What teenagers need is someone who will really listen to them and steer them in ways to help deal with any concerning situation or empower them to make a change. She gives that gift of presence that is so needed in today's world.

It was Helen who shared with us the importance that everyone should have a balcony person. She would remind us often that we all need someone in our balcony

cheering us on in life. Little did she realize that she has been up in that balcony for so many people, including me.

Helen was instrumental in helping me start a retreat program at our high school entitled Kairos. It is three-day gender specific retreat for our seniors and faculty that is meant to be an awakening of the spirit of Christ in one's life and relationships. There is no possible way that I could have begun this program and kept it steady for the past seven years without her inspiration and voice from the balcony: You can do it—you are not alone!

Helen has mentored many new teachers on the Lourdes staff, especially young adults learning how to teach English and Theology. Helen has spoken multiple times to freshmen parents at the Freshmen Parent Back to School Night as well as other parent nights with regards to important family strengths such as rituals, like eating and praying together. She reminded all those parents of teenagers what was really important and that parents needed to be balcony people for their own children.

I know Helen has served on many committees and councils through St. John's Church as well as Lourdes Building our Future Campaign and provided leadership and insight for future decisions. I know that she has volunteered at the Dorothy Day House and helped with countless service projects through Lourdes High School. In these past three years, I have witnessed an inner strength of faith in Helen as she grieved the loss of her husband George. As she has journeyed, she has opened up her home to college students in need and friends needing a haven of hospitality as they walk through tests at the clinic. She continues to be fully present even when there is sorrow and grief. Helen keeps close touch with her four grown children and her grandchildren. The connection she has with her own family is very strong and sustaining. Her wellspring of hope and positive energy of faith I know are all grounded in her relationship with Christ, and it is evident that she does not walk alone. In this nomination today this allows me to be in the balcony for her to thank her for absolutely everything. –Rita Hendrickson

One of the judges for the Rochester Women's Magazine said about Helen's nomination "Within her job, Helen gives and reaches out with the gift of presence—to teachers, parents and students. That is so needed these days. Personally, she opens her home and stays connected with her children. Not all people make the effort to build community. She has touched many with her faith." To read more about the other extraordinary women recognized visit their website at <http://www.rwmagazine.com/>

2010 Lourdes Football – State 3A Champions!

Together – That’s how this years Lourdes football team crushed Holy Family Catholic in the State final, to bring home the first football championship trophy to Lourdes (and Rochester) since 1979!

Out scoring their opponents (Glencoe-Silver Lake, Albany and Holy Family Catholic) in their three-game state tourney run 90-35. Lourdes finished the season unbeaten with a 14-0 record.

Said, Lourdes Foundation board member and head coach Mike Kesler, “This team is the most unselfish team I have ever coached. That has been what we are all about, we have no individual stars, it’s all about team.”

As coach Kesler said, “We have a very simple concept, we run the ball, we stop the run.” That’s been our philosophy all season, its no secret that’s what we do best.

Noting the quality of football in southeastern Minnesota, coach Kesler said, “The teams we played in the Hiawatha Valley League really helped us, we never had a week off.”

It was an impressive season, not only because of a perfect record, but, also the fact that the Eagles trailed only once the entire year (3-0) in the Kasson-Mantorville game.

Congratulations to Coach Mike Kesler and his 2010 State Football 3A Champions - Lourdes Eagles!



State Champs Again! Lourdes Girls Win Their 12th Class 1A Title

First-year head coach Steve Tacl got quite a welcome gift from his 2010 team: a State Championship title and a medal to go with it. After taking over the reins this year from 28-year coaching veteran Kevin Rust, Tacl led his team to its 12th Class 1A title in the last 14 years.

Many were surprised that the team even had a chance to make another run at the state title, given the graduation of several key players last year. But his senior team members were no strangers to a state tournament, or to the pressure that goes with it. After beating the favorite Breck 5-2 in a grueling match in the semi-final round, the girls rallied behind their new coach’s admonition to “fight twice as hard” and not let up in the final match. The result was a 6-1 victory over Staples-Motley to clinch the state title.



Proud first-year head coach Steve Tacl with the MN State Class 1A Champs sporting medals and smiles.

Back row (left to right) Kristen Brandhagen, Claudia Moreno, Megan Jans, Sophia Terzic, Jesse Alexander, Rachel Kammath

Front row: Lucy Hansen, Rachel Morice, Brittney Alexander, Chloe Piepho, Annie Wentz, Marge Pearson

CLASS NOTES

1940's



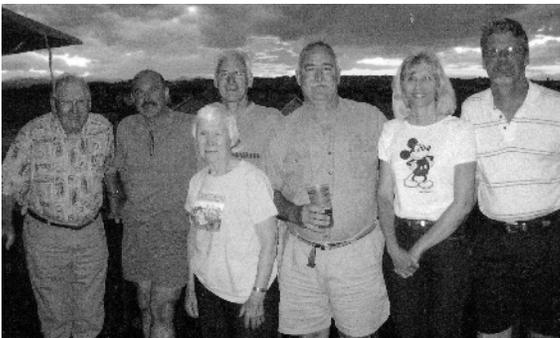
Allene (Lamey) Harty '49 and husband, Jerry, celebrated their 60th wedding anniversary in June with their family and friends when their nine children and 12 grandchildren could be present. They enjoyed visiting their children around the country and state they are still in love and enjoy each other's company and their friends.

Armand Gentling '42 and his bride, Frances, celebrated their 64th wedding anniversary on June 1, 2010. Frances Glover met her husband to be, Armand Gentling, while she was an employee of the now Kahler Grand Hotel where she was working as a secretary. Armand worked in general service at Mayo Clinic at the time. They were married on June 1, 1946 at St. Francis Catholic Church with Ed McGillary and sister, Mary Gentling-Felten '45 as Best Man and Maid of Honor. Their



honeymoon was spent up north fishing in Grand Marais. The Gentlings raised 2 boys, Steven and Richard, and three girls. Julie, Barbara and Annie. They now have 14 grandchildren and 9 great-grandchildren.

A group of **LHS graduates gathered** at the home of John Wentte '73 in Castle Rock, CO in June 2010 Pictured from left to right: Lois Holland '46, Joe Holland '47, K.C. Reed '72, John Wentte '73, Mike Reed '74, Marianne (Wente) Newell '75, Jack Holt '75



1950's



Charlotte Fritsch Riddle '58 and her husband, Sonny, celebrated their 50th Wedding Anniversary in July 2010. Their family surprised them with an anniversary dinner on Gull Lake that coincided with their 20th anniversary of the annual Riddle Family cabin vacation as well. The Riddles have three daughters, Charleen, Cheryl and Cris. They also have 4 granddaughters and 2 grandsons.



Mary Fogarty Lynch '55 and her husband, Bob, celebrated their 50th wedding anniversary with their eight children, Maureen, John, Margy, Jim, Tom, Jean, Theresa, and Jen. The Lynch's have 28 grandchildren.



Jerry Brennan '53 and his wife, Anita, celebrated their 50th wedding Anniversary with a family celebration held in their honor at Michael's Restaurant. Jerry & Anita were married August 27, 1960 at St. Theodore's Catholic Church in Albert Lea, MN on August 27, 1960. The Brennan's have five children, Tim, Monica, Mary, Michelle and Molly with 6 grandchildren and 3 step grandchildren.

Shirley Tobin Chihak '58

and her husband, James, celebrated their 50th Wedding Anniversary with a family dinner. Shirley & James met during a dance at the Plamor Ballroom in Rochester and were married at St. Francis of Assisi



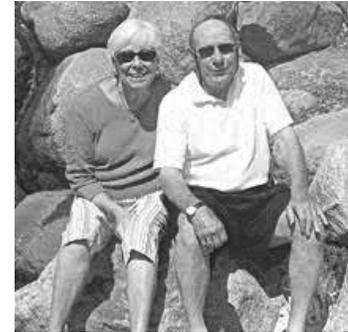
Catholic Church in Rochester on August 27, 1960. The Chihak's children are: James & Amy Chihak, Paula & Greg Herbert, Anthony & Judy Chihak, and Brian & Beth Chihak. They have 11 grandchildren.

1949-1950 State Football champs honored at 2010 Homecoming game



The Team was honored at the September 17, 2010 Lourdes Homecoming game at the 60 year anniversary of their championship. Joe Weis '50 (then a senior center, tackle and end on the team) was quoted in the Post Bulletin to say "Obviously, things were much different back then. There were no playoffs or polls or any of that stuff. In fact, as I recall, we really didn't know we had won the state until about a week later. "That is because sixty years ago, Lourdes played in the Minnesota Catholic Schools League and the championship was decided by the totals of wins/losses and ties – no playoff games. The 1949-1950 Lourdes Eagles football team finished as the only unbeaten parochial school in the state. Tom Hennessey '51 (who was a junior tackle on the team) said "We were a well-knit group, I remember that. We had good coaches, too. The coaching philosophy was that if you don't play anybody above you, you never learn anything. And that philosophy still sticks at Lourdes: play some good competition in order to get better and we did." The roster 1949-1950 team included 57 players.

From left Jack Just '51, Joe Weis '50 and Tom Hennessey '51



Kathleen (Beckley) Sedor '54 and husband Charles celebrated their 50th Wedding Anniversary with an Open House hosted by their family on July 11, 2010. The couple was married July 9, 1960, at St. Pius X Church in Rochester. The couple has three sons: Daniel, daughter-in-law, Karen, and twin grandchildren, Amanda and Bradley, all of Lincoln, NE; David of Madison, WI; and Michael of Rochester.



Lurene Vail Witzig '54 met Bill Witzig at a dance at St. Pius Church Hall in 1959, and they were married at St. Francis Church in 1960. The couple celebrated their 50th wedding anniversary with their family on July 25, 2010 hosted by their two of their three daughters, Betsy Witzig Wyvell & Rita Witzig Pechmann.



Joe Connelly '56 met his bride to be, Karen, while they were working at Rochester Methodist Hospital and began dating shortly after. He proposed on Valentine's Day 1960 and they were married on Sept. 3, 1960, at St. Peter and Paul Catholic Church in Mazeppa, MN. The couple farmed in the Douglas area for 40 years, where they raised their 6 children. They moved to Rochester in 2005. Their children are Theresa, Sheila, Patrick, Brian, Diane and Jodi. They also have 10 grandchildren. Joe and Karen celebrated with family at the Hubbell House.

CLASS NOTES

David Ferguson '55 and wife, Joyce, celebrated their 50th wedding anniversary in December 2011. The couple married on December 10, 1960, at St. Francis Catholic Church in Rochester, MN. They have 3 children, Suzanne of Phoenix, AZ, Jodie (Dail) of Pine Island, and the late Timothy Ferguson; and 5 grandsons.



1960's



LHS Class of 1960 gathered for its 50th reunion celebration the weekend of August 6 – 8th, 2010. It was a fun-filled weekend beginning with an informal gathering at the private party room at the Best Western Soldier's Field on Friday night. As each classmate arrived, greetings, cheers, and hugs were exchanged. Cameras flashed as friends attempted to capture new memories to preserve. To our great surprise, partway through the evening, we heard a brass horn playing the LHS Fight Song! More cheers as we realized it signaled the arrival of Gene Eiden, our wonderful bandleader from 50 years ago. We were amazed to learn that ours had been his first class at Lourdes. Many classmates shared stories of the lasting impression he had made on their lives. It was a grand surprise.

Saturday offered several options for our classmates. Some chose to play golf at nearby Soldier's Field. Others elected to take a walking tour of downtown Rochester. As we strolled through the old Chateau Theatre, the skyways, the Kahler, the Mayo Clinic Plaza and much more, tour leaders Marcy Fleischer Groteboer and Patty Flynn Kasey provided history and memories of the past 50 years.

Saturday afternoon classmates gathered at St. John's for mass at 4:30 p.m. celebrated by Father Gerry Mahon who many remembered from the days he shared the halls of LHS with us as a "younger classman." Father gave special recognition to our class during his homily, including the fifteen members who have passed away.

Following mass, the group gathered for social hour and dinner at The Mayo Civic Center. A classy dinner was catered by another group of LHS grads – the Canadian Honker. It was a wonderful evening of sharing memories and renewing friendships.

Throughout the planning of our reunion, the Lourdes Foundation Office was available to support our efforts to make this the best reunion ever. That was especially evident when we gathered on Sunday morning at Lourdes for brunch and a memory-filled tour of the school. Denny Nigon, Tim Sitzler and Shelia Rainey gave us a warm and wonderful welcome and provided exciting information about future plans for our dear alma mater. Less than 4 weeks prior to the reunion, Paula Bendry Larson and Mike Shaffer agreed to lead the effort to launch the **LHS Class of 1960 Scholarship**. Mike and Paula were in "rare form" as they promoted the scholarship and its far-reaching benefits to the gathered classmates on Sunday morning. By the end of the reunion the goal of \$10,000 for the LHS Class of 1960 Scholarship had been realized – the quickest any class has reached its goal to date, according to Tim Sitzler. It speaks to the valued place Lourdes represents for many of us.

The LHS Class of 1960 also published "**The Lourdian that never was . . .**" having been one of the classes denied a yearbook our senior year. The memory book included a collection of black and white senior photos of each classmate along with a number of other informal parties, gatherings, and celebrations from the 50's and 60's. It also included current photos from classmates and a tribute to the class members who have passed away.

As the weekend ended our good-byes were filled with assurances that we would return for our 55th reunion in 2015 and stay in touch in the meantime.

1970's

CLASS OF 1970 COMES HOME AGAIN

On Saturday, August 21, the Lourdes Class of 1970 gathered at Studio 324, located in downtown Rochester, to celebrate our 40th high school reunion.

The golf outing attracted an athletic group of 13. It was a great time, because no one kept score. The weather was hot and humid, which didn't help our swings but made the cool beverages go down quickly. We gathered at the 19th hole and compared good shots and bad, complained that someone was always talking during our backswing, and generally made excuses for playing as poorly as we did. We all laughed, had a good time, and pledged to do it again next time.

An impromptu morning gathering at Holiday Inn Downtown gave those attending a chance to reminisce over breakfast, coffee, and mimosas. After much laughter, we all left in anticipation of the evening to come.

At 5:30, many of us gathered at Lourdes, where our principal, Father James McCauley, had selflessly agreed to serve Mass. Although a bit disappointed that we couldn't actually use our old chapel, we found it is not the room that matters but rather the people in the room. Father McCauley and his co-celebrant, Father Kevin Connolly, pastor at Church of the Resurrection here in Rochester, brought a warmth and honest reflection to our celebration that didn't leave a dry eye in the room. Remembering the many classmates who are no longer with us was sobering, and hearing about friends who have suffered overwhelming loss gave everyone pause for reflection and silent prayer.



Fr. McCauley speaking to Rose (Lance) Cushman '70

Particularly heartwarming was the assistance offered by Father Connolly to Father McCauley, who is recovering from a recent stroke. It was a rare chance for us to see the bonds of priesthood in action, one carrying on when the other could not, which added a poignancy to the Mass that will not soon be forgotten.

Our tour of LHS was nostalgic. Several of us were anxious to "tour" the girls' locker room, but it was locked. We then headed for Sister Leocadia's library, where we talked out loud and didn't get into trouble. Things have changed a lot in 40 years, but the biggest change is that those wonderfully interesting Sisters aren't there anymore. We still have our memories, and we left with many of them renewed.

And then on to the party! Studio 324 proved to be the perfect venue for our group of about 65. Located next to the old Huey's Cigar Store on South Broadway, it boasts original hardwood floors and brick walls, and an ambiance was created by our decorating group that made us want to stay out past curfew. Catered delectably well by the Canadian Honker, who offered

their services at a discounted rate for LHS alumni, we had an opportunity to connect with old friends, compare notes on lives past and present, and just enjoy each other's company, realizing that none of us have lost the connections we all share from our days at St. Francis, St. John's, St. Pius, and Lourdes. We didn't understand it growing up, but those Catholic school experiences made us who we are, proud members of the LHS Class of 1970.

When closing time came, Bob and Joan Brengman saw to it that the party went on, inviting all to their home for several more hours of revelry and laughter. Time flew by with entertainment provided by Brad Tracy, Bob Brengman, and Bryan Rossi; and special thanks to Yellow Cab for seeing to it that we arrived home safely.

Many thanks to Joan Kneeskern and her crew of volunteers, without whom this event would not have taken place. Along with Joan, committee members Jane Harty Trusty, Deb Giere Grimsrud, Gerry Pestka, Anne Trusty Miller, Connie Butlin Lexvold, Joan Gintz Brengman, and Bob Brengman went the extra mile, reaching out in hopes that everyone did indeed want to come home again.

Thanks also to Bryan Rossi, who generously volunteered his musical and electronic expertise to our evening. Special thanks to Father McCauley, whose presence added much to make this 40th class reunion so memorable and to the Lourdes Foundation for their help with coordinating.

Dave Mueller '77 elected Olmsted County Sheriff. Dave Mueller '77 is the winner of the first contested race in two decades for Olmsted County's top law enforcement seat. He defeated current Sheriff Steve Von Wald 24,485 votes to 22,161. Mueller stated "I'm kind of getting back to my roots". Mueller was previously an investigative captain in the Olmsted County Sheriff's office, but more recently was the county's Human Resource director. "A lot of work has gone into this. I'm honored to be able to serve the next four years."



Newly elected Olmsted County Sheriff Dave Mueller, right, is congratulated by Mark Krupski, county assessor, at the city-county Government Center on Tuesday.



Todd Howland '79 – After spending \$800 for five pairs of tickets to the World Cup soccer group play matches in South Africa set for June 2010, Todd Howland learned he wouldn't be able to attend. So he donated his tickets to children with cancer, but it was not an easy task. It

took him a month working through channels with the FIFA, the World Cup soccer competition's governing arm. Regardless if he was unable to attend himself, he wanted to give the tickets to children with cancer to have the opportunity to take in one of the world's largest sports events. Finally, the day before the kickoff, he got word that the Cancer Association of South Africa was able to give two sick children the chance to attend the event. Todd's desire to donate his tickets stems from his memories of a childhood friend who died at 15 from bone cancer.

Todd Howland is the Director of Joint Human Rights Office of the UN High Commissioner for Human Rights and the UN Peacekeeping Mission to Democratic Republic of Congo (MONUC). He was a Professor of Human Rights Law in the dual degree program of the UN mandated University of Peace and Hankuk University of Foreign Studies in Seoul, Korea from February – August 2008. He is the co-founder of International Rights Advocates and rISE Human Rights Group. He directed the RFK Memorial Center for Human Rights from 2001-2006.

Previously, he was with United Nations High Commissioner for Human Rights posted to Angola and Rwanda. He also has worked with various NGOs, including the Carter Center in Ethiopia.

Todd holds a Juris Doctorate from the University of Denver College of Law, a Master of Arts in Political Economy from the University of Denver College of Arts, Humanities and Social Sciences, and a Bachelor of Arts in Economics and Bachelor of Business Administration from Boise State University. He speaks Portuguese, Spanish and French.

CLASS OF 76 Reunion Festivities

August 12 - Let's Reconnect! Dooley's Pub Cash bar and hors d'oeuvres

August 13 - Break Bread, Share Stories and Kick Up Our Heels! Dinner, Entertainment and Program—Marriott Hotel

For additional information or questions: Cathy (Aney) Schilling cathy.schilling@benefittech.com, Sara (Miller) kellymiller.sara@mayo.edu, Jane (Theobald) smith.jane2@mayo.edu, Jeff Korsmo Korsmo.jeffrey@mayo.edu

1980's

Dan Vick '80, MD, MBA has been appointed Vice President for Medical Affairs and Chief Medical Officer of Oneida Healthcare in Oneida, New York, effective January 1, 2011. In this capacity, Dan is serving as Medical Director for the organization's 101-bed hospital and 160-bed extended care facility.

Vick received his B.A. in Psychology from the University of Virginia; his M.D. from the Medical College of Virginia of Virginia Commonwealth University and M.B.A. with a specialization in health care management, with honors, from Regis University.

He most recently was a partner with St. Joseph's Pathology Group in Syracuse, where he also served as a medical director of clinical chemistry and point of care testing and medical advisor for microbiology for Laboratory Alliances of Central New York.

Prior to moving to Syracuse in 2003, Vick spent nine years as a physician in the United States Army. He is a recipient of the New York State Conspicuous Service Cross for military service and the AMA Foundation's Excellence in Medicine Leadership Award.

Vick is a Fellow of the College of American Pathologists, the American Society for Clinical Pathology, and the Royal Society of Medicine (England); secretary-treasurer of the New York State Society of Pathologists and chair of the New York delegation to the College of American Pathologists' House of Delegates; member of the delegation from the Medical Society of the State of New York to the American Medical Association's House of Delegates and vice chair of MSSNY's Committee on Emergency Preparedness and Bioterrorism Response. He also served on the Health Care Advisory Committee for New York's 25th Congressional District under former Congressman Dan Maffei.

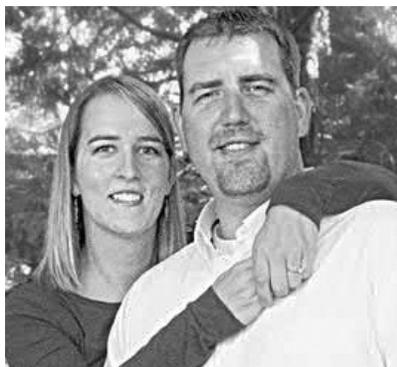
1990's

Nancy Kocer Fox '95 along with her husband Steve Fox and son Jacob welcome two new additions to their family. Adeline Jo and Nolan Penning were born July 12, 2010.



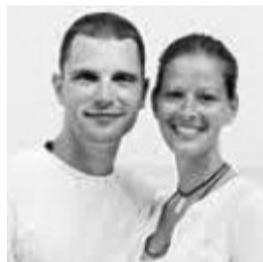
Megen Greene '99

married Robbie J Meier on October 2, 2010 at Riverview Greens Golf Course in Stewartville, MN. Megen is a Clinical Training Consultant for American Data in Sauk City, WI and Rob is the VP of Information Systems at Equity Livestock in Baraboo, WI. The couple met through mutual friends.



working as a Human Resources Representative and Eric is working as an HVAC Service Technician.

Sarah Zirbes '99 married Josh Bergman on September 18, 2010 at the Rochester Golf & Country Club. Sarah is a Recreational Therapist at the Federal Medical Center in Rochester, MN. Josh is an Outsource Manager for I.G. H Solutions in Inver Grove Heights, MN.



Ryan Booth '99 married Annie Butlin on Aug 28, 2010 in a garden wedding in Lanesboro, MN



Melissa Cummings '99

married Joseph Sorenson on October 9, 2010 at St. Francis of Assisi Church in Rochester. Melissa is a Family Nurse Practitioner and works at a community clinic in Minneapolis. Joseph is an ICU RN at St. Joseph's Hospital in St. Paul.

Andrew Koshire '90 and wife, Gretchen, welcomed a new baby boy, Leo Lucian on August 13, 2010. The couple also has two daughters, Sophia and Clara

2000's

Rachel Ohly '01 married Dain Larson on September 10, 2010 at St. John's Catholic Church in Grand Marais, MN. The couple met at the University of Wisconsin-Madison. Rachel is an attorney and Dain is a graphic designer.



Andrea Atkinson '99 married Collin Hoffmann on September 24, 2010 at the Basilica of St. Mary in Minneapolis MN.



Therese Doucette '98

married Nicholas D. White on September 18, 2010 at St. Pius X Church in Rochester. Therese is a Human Resources professional with Think Mutual Bank. Nick currently works as a Bank Examiner for the State of Minnesota.



Catherine Smith '04 married Charlie Bauman on November 6, 2010 at St. Francis of Assisi Catholic Church in Rochester MN. Catherine is an Elementary School teacher and Charlie is a credit analyst. The couple will make their home in Delafield, WI.

Eric Welhaven '98 married Kristi Shoemaker on June 26, 2010 at The Church of St. John the Evangelist in Rochester, MN. Eric proposed on April 1, 2009 at Michaels Restaurant on the same day his parents were engaged 32 years before. Michaels Restaurant was the site of the couple's first date two years prior. Kristi is



Michael Murray '02 married Whitnee Robinson in October, 2010 in Rochester. The couple met at a baseball game in Rochester and have been together since. Whitnee is employed as a Dental hygienist and Mike is a financial analyst at IBM.



Andrea Hanson '04 married Liam Zakko on October 16, 2010 at the Church of St. Patrick in Farmington, CT. The couple met in 2004 while students at the University of Notre Dame when both were French horn players in the University Marching Band.



Andrea is in her final year of law school at the University of Connecticut, specializing in tax law and Liam in his final year of medical school also at the University of Connecticut and is planning to do an internal medicine residency.



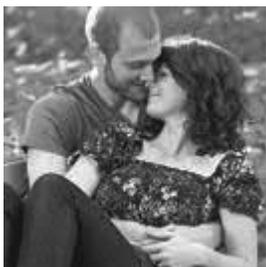
Catherine Paradise '02 married Nathan Rabe on September 5, 2010. The couple met when a mutual friend introduced them in February 2008. Catherine is employed by the Rochester Area Family Y and Nathan is employed by IBM Rochester.

Shiobhan Marie Eaton '05 married Somnang Nhean on August 13, 2010. The couple met at a cousin's graduation party. Both Shiobhan and Somnang are Broadband Technical Specialists at Charter Communications in Rochester.

Meredith Lee '01 married Travis O'Brien on September 4, 2010 at St. Pius X Catholic Church in Rochester MN. Meredith and Travis are both RN's at Saint Mary's Hospital.



Edward J Plizga '04 married Heather Meardon on June 26, 2010 at Harvest Vineyard Church in Ames, IA. The couple met at the church they both attended when Ted asked Heather out for coffee. Heather is a Graduate Student studying Nutrition and Wellness at Benedictine University in Lisle, IL. Ted is a Design Engineer for ALMACO in Nevada, IA.



Lindsey Hanson '00 married Ryan Seipp on July 24, 2010 at Pax Christi Church in Rochester MN. Ryan proposed on June 15, 2009 on the shores of Lake Superior in Northern MN. Lindsey is a School Counselor for the Winona Area Public Schools and Ryan is both a

Security Officer at Gundersen Lutheran Hospital and an on-call Fire Fighter for the Onalaska Fire Dept, where the couple will live.

Joe Lawler '02 married Tiffany Lund on June 12, 2010 at the Church of the Resurrection in Rochester MN. The couple met through mutual friends. Tiffany & Joe graduated from Minnesota State University, Mankato with degrees in nursing and accounting.



Emily Boland '04 attained her Master's Degree in Physician Assistant Studies from Marquette University.

Ryan Kennedy '04 married Meghan Deavers on October 10, 2010 at The White Orchid in Ft. Myers, FL. Meghan is Assistant Executive Director-Emeritus in Ft. Myers, FL. Ryan works for Ericksons Drying Systems in Ft. Myers, FL.



Joshua Michael Wilken ('10) has graduated from basic military training at Lockland Air Force base, in San Antonio, TX. He will graduate from Military Police training in February 2011. After graduating from MP training, he will be stationed in Aviano, Italy U.S. Air Force Base.



Thank you for your service to our country Josh, we are very proud of you!

Laura Kurland '01 will marry Enrique Nuñez Santos during an October 2011 wedding planned at St. Pius X Church in Rochester, MN. The bride is employed by Global Citizens Network as a Regional Coordinator-Latin America. The groom is a recent Chef graduate of LeCordon Bleu Culinary Institute. The couple met in 2006 when Laura was doing research in Puno, Peru as a Fulbright scholar when her host brother introduced her to Enrique. They quickly became friends while taking salsa dance classes together at Enrique's restaurant, Mojsa. After finishing graduate school,

Laura returned to Peru and their relationship flourished. The couple plans to live in Minnesota. The ceremony will be held in Rochester, MN with a traditional Peruvian dinner at the reception. A wedding celebration in Enrique's hometown will be planned at a later date.



We want to hear from you!

Send class notes to:
Sheila Rainey at Lourdes Foundation
srainey@rochestercatholic.k12.mn.us
or (507) 289-2584

PEACE & SYMPATHY

We Will Remember

Our sympathy and prayers are offered to the families and friends of those who have lost loved ones. Please remember them in your prayers.

If you would like to let the Aquila know of a loved one's death, please contact the Lourdes Foundation and we will include the information in future issues. We make every effort to publish accurate memorial information. Please accept our apology for any unintentional omissions. To update our records, please contact us at: Lourdes Foundation Office, 621 West Center Street, Rochester, MN 55902 or by phone at 507-289-2584 or by email at srainey@rochestercatholic.k12.mn.us



Maxine E. Bargfrede
Margaret (Pierce) Borst
Frances Timmons Cannuli '45
Patrick W. Clark '57
Joseph W. Clemens
James E. "Jim" Daly '56
Mary Kay Fridgen Feld '53

Lois Geist
Joe Gores '49
Donald Hoiseth
Earl Patrick Heenan '63
Mary Louise (Krumpelmann) Kriss '58
Earnie Larsen
Sandra J. Naylor '70

Robert L. Rossman '45
Elaine (Clark)"Laney" Spading '50
Patricia Joyce Scura'52
Jane (Coleman) Thomas '59
Clara Weis Yerke '45
Mary E. Zubay

Need a prayer offered for you or a loved one?
Go to: www.lourdesfoundation.org/e-prayer.php

Where are you, Missing LHS Alums?

The Lourdes Foundation/Alumni Association is asking for your help to locate our lost alums from past LHS graduating classes. We use your addresses to keep in contact with alumni for Aquila mailings, class reunions, etc. If you know the address, telephone number and/or email for any of the following graduates, we would appreciate hearing from you. Please contact Sheila Rainey at 507-289-2584, email at srainey@rochestercatholic.k12.mn.us or by mail at Lourdes Foundation, 621 West Center Street, Rochester MN 55902. Thank you for your assistance!

1951

Alice (Schneider) Howe

1956

James Hardwick
Vivian (Elpert) Greening
Joanne (Sullivan) Paradis
John Laugen
Janet Heimer Day
Michael Vail
Lois (Sutton) Klein
Catherine Towey
Joseph Kappler
Liliane Boudin
Christa Bungener
Kathleen Diderrick
Patricia (Kuhn) Dunsmere
JoAnn Jauvrin
Renee (Graen) King
Ronald Klee
Thomas Norris
John Palzer
Rosemary Passe
Cecelia Rodriguez
Rosalie Suchomel
Carol York

1961

Maria Torrenco
Catherine (Haefner) Steele
Karan Kara
Sandra Neill

1966

David Lawler
Mary (Wente) Meek
Greg Klees
Saundra (Young) Hoel
Barbara Schmitt
Julie (Krusemark) Keesling
Larry Klein

Michael Scott
Kathleen Coleman
Katherine (Kalgren) Romo
Ann Lindberg
Daniel Norton
Marilyn (Briese) Hornseth
Henry Brown
Rosanne (Foster) Seagle
Cheryl McDermott
Scott Kuluvar
Gary Nigon
Daniel Cocoran
Mary (Cunningham) Serdar
Sandra (Kelly) Maher
Charles Bechrich
Patricia (Burrill) Creel
George Dose
Jerald Evans
Phyllis Hofschulte
Mary Horton
James Kane
Patricia Kipp
John Lawler
Ellen Leary
Larry Leqve
James Meyers
Kathleen Mullen
Michael Nelson
Patrick Ryan
Stephen Scott
Mary Snyder
Michael Wolter
James Griggs

1971

Tanda (Koreski) Ferguson
Carol (Pehler) Boynton
Patrick Hicks
Patricia (Delaney) Warnke
Daniel Timmons

Paul Brossard
Paul Jordan
Patrick Kane
Robert Kelly
Linda (Stewart) Pierce
Richard Taylor
Mary Kay (Walinski) Sneeringer

1976

Mary Canfield
Christine (Frey) Miller
Diane Weis
Curtis Geisinger
Robin Lawler
Michael Gilles
Colin Beckman
Lori Geisinger
Mary Smith
Lisa Storti

1981

Mary Donohue
Theresa (Hoffman) Schweitzer
Lisa (Brandenburg) Rajala
Ronda (Faulhaber) Albers
Brad Berry
Patricia Cutaia
Thomas Grant
Maria Kauphusman
Joan Kelly
Mark Lawler
Sara (Palumbo) Cole
Priscilla Peeters
Sandra Petrie
Sonja Quirin
Irene Signoret
Monica Signoret
Jacqueline Vail

1986

Jim Schwieters
Michael Weise
Paul Loegering
Maria Pesch
Hong Pham
Thomas Sibley
Roman Suda
Eric Thompson

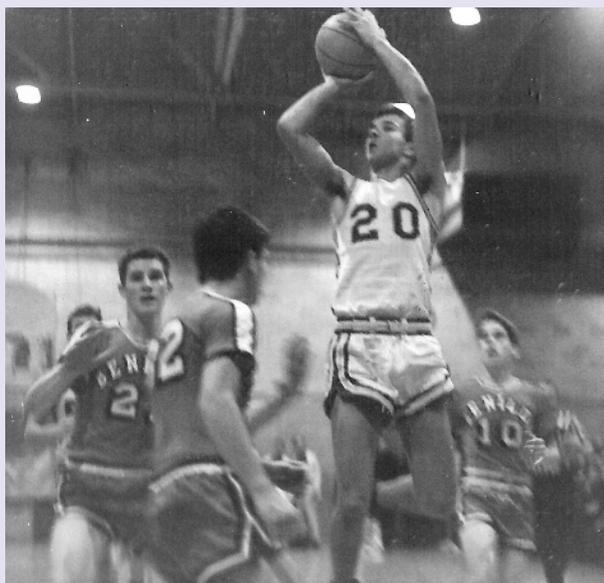
1991

Kathrine (Ranweiler) Aksadi
Sonia Cruz
Zsuzsanna Lonovics
Jennifer (Polikowsky) Novak
Tufia Haddad
Margaret O'Connor
Ryan Kerrigan
Lisa (Hint) Hanson
John Noll
Jason Semerad
Jim Black
Daniel Ascherman
Jennifer Campbell
Eunhee Choi
Scott Kerwin

2001

Connor Letts
Kathryn Cooley
Andrew Tazelaar
Kelly Underwood
David Vandenheuvell
Stephanie Scheitel

History Mystery



▲ Who might the LHS basketball player be?

Be the first to contact us at 507-289-2584 or by email at srainey@rochestercatholic.k12.mn.us. Be the first to win one of the new Lourdes Foundation t-shirt, polo shirt, baseball cap or gold LFI hankie.



This was a popular picture!

The players are number 52 - Bernie Miller '73 and number 50 - Pat Gray '73. The game was played at Augsburg College against Edgerton MN on St. Patrick's Day.

Winter Calendar

*More detailed Class Reunion information is also listed in Class Notes section as well as at www.lourdesfoundation.org

March 2011

March 11 - Vanselow Fish Fry - Rochester International Event Center
All proceeds benefit Lourdes Foundation's Gary Vanselow Memorial Scholarship. Check the Lourdes Foundation website at www.lourdesfoundation.org for ticket information

March 25-April 4 - Spring Break - No Classes

April 2011

April 30 - Lourdes Hearts of Gold Gala - A Purple Tie Affair - Continuing the tradition of the Lourdes Auction, April 30, 2011. For more information visit www.RochesterCatholicSchools.org

May 2011

May 12 - Lourdes Foundation Alumni Event in the Twin Cities - Location to be announced. More information at the Lourdes Foundation website www.lourdesfoundation.org

May 27 - Lourdes High School Graduation Ceremonies 7:30 p.m.

For a complete listing of LHS Class Reunions, visit www.lourdesfoundation.org- Alumni Tab

Amazing Gift – Lourdes Building our Future Campaign update

Lourdes High School has a rich history of relationships with the Sisters of St. Francis, the congregation who makes their home at Assisi Heights in Rochester. The very name of our high school gives witness to that relationship – when Lourdes High School opened at its current location in 1941, the name was chosen to honor the Sisters’ original 1877 Foundation – the Academy of Our Lady of Lourdes.

The Sisters of St. Francis continued as faculty and staff at Lourdes High School for more than four decades, and the relationship has continued through the years. Just last fall, for example, several art pieces depicting religious themes were chosen from the large collection at Assisi Heights and transferred to LHS, where they now hang in the corridors throughout the building.

It is with great joy that we announce the next tangible sign of this relationship. When the members of the Sisters of St. Francis Leadership Team became aware of the campaign for a new Lourdes High School building, they came forward with the donation of the stained glass windows that had been located in the Assisi Hall/Tau Center chapel in Winona, adjacent to the College of St. Teresa Campus.

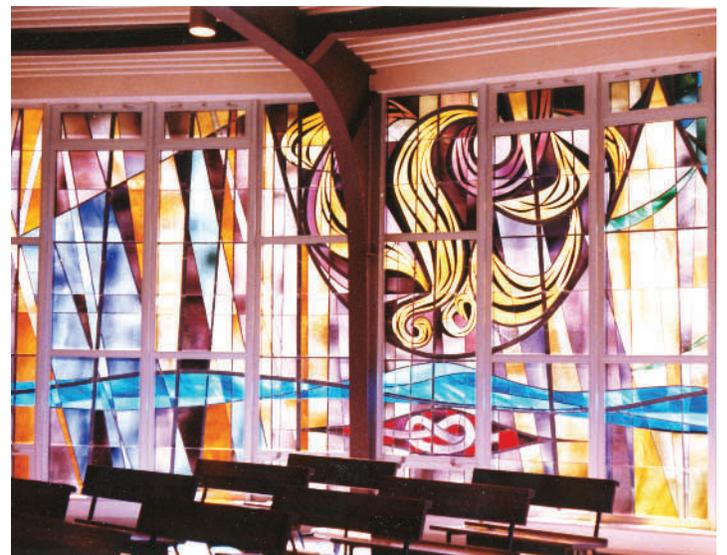
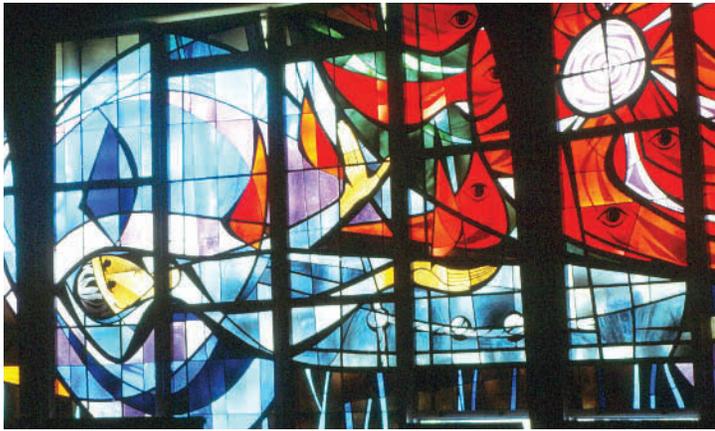
The Leadership Team stated,

“The Tau Center windows represent our Franciscan heritage, and our commitment to Catholic education, and will provide a linkage from the past to the ongoing faith development of Catholic students attending Lourdes High School. The gift of these windows provides a Franciscan lens for the students to hear the call to a deeper Gospel life.”

The Tau Center windows comprise an amazing work of art. These windows were designed specifically for Assisi Hall, which housed young Sisters completing their college degrees. Portrayed in the display are scenes from the lives of Saints Francis and Clare of Assisi, based on early stories of their lives. In addition, a set of four trees denoting the four seasons reminds viewers of the Umbrian landscape of Francis and Clare’s Assisi homeland.

The original installation of the windows was in a circular chapel space. Robert Leader, artist on staff at the University of Notre Dame, was the designer, and the windows were created by Reinarts Art Studio in Winona. When the Tau Center was sold by the Sisters, the windows were removed, carefully crated, and placed in storage at Assisi Heights. Since the plan for the projected Lourdes High School building does not include a circular chapel, special design considerations are underway in order to properly display the windows. Sister Ramona Miller spent a morning with the project architects, ATS&R, educating them on the symbolism and meaning in each of the 16 panels. Placed end to end, the windows, approximately 16 feet high, would span over 150 feet in length.

Early design proposals are to use the windows in both the chapel and the fine arts auditorium at the new building. The Tau Center windows were a featured stop in the Winona area by stained glass artists from around the world, and were admired by all who viewed them. Truly, the Tau Center windows are now priceless. What a testimony to Catholic education and the relationship of the Sisters of St. Francis with RCS that these windows will once again be seen and appreciated by all! They will provide inspiration to LHS students and staff, reminding us of the Sisters’ role in our community and in the lives of students throughout the years. To the Sisters of St. Francis, all of us at Rochester Catholic Schools say “Thank You!” for this marvelous gift.



Get the AQUILA Online

In an effort to responsibly conserve and be good stewards of our operating funds, we encourage you to consider receiving the AQUILA via your email address. Printing and mailing costs for the AQUILA average \$1.44 per issue with a current mailing list of almost 8,000 homes. Please consider receiving your AQUILA electronically.

If you would like to receive your AQUILA (and any future mailings) electronically, please contact us at:
srainey@rochestercatholic.k12.mn.us

Thank you for helping us GO GREEN!

Scan the Microsoft Tag (on right) with your Smartphone to go directly to our website. To download a Microsoft Tag reader, go to <http://gettag.mobi/>



CHECK US OUT ONLINE AT
www.lourdesfoundation.org

2010-2011 Lourdes Foundation Board of Directors



*Back Row (left to right) Steve Bieniek, Mike Kesler '91, Fritz Kvaternik, Mike McNeil, and Andy Poterucha '01.
Middle Row (left to right) Karen Petersen, Mike Lose, Bob Gander '73, Diana Nicolay and John Lawson.
Front Row (left to right) Therese Armstead, Julie Burgart, Tim Geisler, Sue Krecke and Mark Stadtherr.
Not Pictured: Greg Griffiths and Chris Price '89.*