



LOURDES FOUNDATION

Supporting Lourdes students, faculty and alumni

LOURDES
1941
HIGH SCHOOL

The Aquila

FALL | 2013

Lourdes Foundation Magazine for Alumni & Friends ~ Connecting Generations

ON THE COVER:

Conway Family Main Entrance of new
Lourdes High School
Photo by Shawn Fagan

The Aquila

FALL 2013

AQUILA EDITORIAL STAFF

- Julie Burgart
- Sue Krecke
- Catherine Krecke '07
- Diana Nicolay
- Karen Petersen
- Kirsten Petersen '07
- Sheila Rainey
- Tim Sitzer

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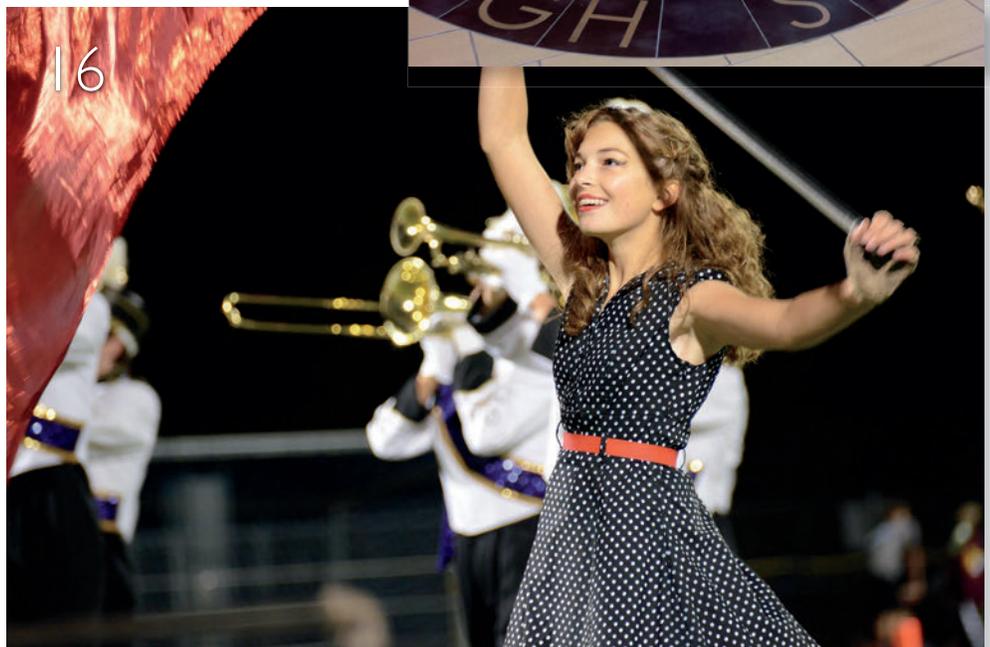
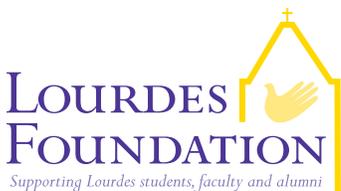
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Contact us: Lourdes Foundation • 1710 Industrial Dr NW, • Rochester MN 55901
Ph: 507-289-2584 • Web: www.lourdesfoundation.org • Email: lourdesfoundation@rochester.catholic.k12.mn.us

The Aquila

FALL 2013

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Our Mission

“Lourdes Foundation attracts, manages
and channels philanthropic
resources to ensure a vital Catholic
education at Lourdes High School.”



We Honor the Past and Invest in the Future

Lourdes Foundation is so proud to announce that our total pledge of almost \$2.9 million to the *Lourdes Building Our Future* Capital Campaign was fulfilled this past June with the sale of Lourdes High School and the student and faculty parking lot to Mayo Clinic.

As I have mentioned in previous issues of the *Aquila*, we owe an incredible debt of gratitude to those Lourdes Foundation board members who took the *leap of faith* to invest in the city block just north of the school, which provided Lourdes High School with room for possible expansion, and a safe and convenient place to park for a generation of Lourdes students and staff.

As proud as we are to share our news about our pledge fulfillment, we are equally thrilled to let you know of some **recently established scholarships** with Lourdes Foundation. These scholarships have been fully funded (\$10,000 minimum) within the last 18 months and are all endowed. Students who qualify for financial assistance receive these scholarships to help them attend Lourdes High School. **Thank you!**

- LHS Class of 1961
- LHS Class of 1969
- Sara Bea Memorial Scholarship, in tribute to Denny Nigon
- Maryann Birdseye Memorial Scholarship
- Will Canan Memorial Scholarship
- Jim & Judy Daly Memorial Scholarship
- Ron & Helen Gathje Tribute Scholarship
- Dick & Beverly Hexum Family Scholarship
- Nick Kroska Memorial Scholarship
- Sr. Andrine Kvaternik Scholarship Fund
- William B. Leary Family Scholarship
- Dean & Mary Lent Family Scholarship
- Teddi Ann (Hoffman) Maneth Memorial Scholarship
- Mayhood Family Scholarship
- Fr. Paul Nelson '53 Scholarship
- Jerry & Mary Price Family Scholarship
- Ron & Diane Yanish Family Scholarship

Planned Giving

An important aspect of any development plan is achieving long term sustainability. **Planned gifts** are an important tool to provide permanent support for Lourdes High School. You can help in this effort by including Lourdes Foundation in your will and estate plans. **Bill and Pat Fitzgerald**, who are featured on this page, are great examples of how **you** can help to provide a legacy of support for Lourdes High School and its students. These planned gifts can be accomplished in many different ways and your financial planner or legal counsel can assist you.

Tim Sitzer
Executive Director
Lourdes Foundation

Leaving a Legacy- Bill and Pat Fitzgerald



"Lourdes Foundation has supported Lourdes High School for 40 years and we feel it's important to invest in them with a planned gift. Lourdes Foundation can achieve their mission of ensuring a vital Catholic education at Lourdes High School through their scholarship program. Our children, Tom '85 and Mike '89, attended Lourdes and we were always very pleased with the quality education they received. They were prepared to go on to the next level."

Lourdes Foundation Legacy Society was formed to recognize donors who have remembered Lourdes Foundation in their wills and estate plans. Currently there are 97 members and the Foundation appreciates and acknowledges the generosity and foresight of these donors.

Please consider including Lourdes Foundation in your estate planning.

For more information, contact:

LOURDES FOUNDATION
1710 Industrial Dr NW
Rochester, MN 55901

Phone (507) 289-2584

Website: www.lourdesfoundation.org

Email: lourdesfoundation@rochestercatholic.k12.mn.us



Lourdes Foundation's 2013 Annual Meeting

Lourdes Foundation's annual meeting took place on Wednesday, October 9, 2013. This year we were blessed to have over 120 guests who joined us to celebrate our mission of supporting the students, faculty and alumni of Lourdes High School. Thank you to all who attended, and for generously sharing your time and treasure.

Below are photos of those receiving special recognition at our annual meeting.



Mary and Jerry Price '61

MARY AND JERRY PRICE '61

Lourdes Foundation was so honored to present the **Woodruff Award** to Mary & Gerald Price '61 for their generous contributions to both Lourdes High School and Lourdes Foundation. This award is presented each year to benefactors who have made substantial and consistent contributions to both Lourdes High

School and Lourdes Foundation, through monetary gifts and volunteer hours. All four of the Price children- **Chris '89, Brian '90, Jeff '95 and Lisa '97**- are graduates of Lourdes High School.



Marilyn & Mike Sheehan '64

MIKE SHEEHAN '64

Lourdes Foundation's **Alumnus of the Year**, from the LHS Class of '64, is Mike Sheehan. Mike has been involved for many years in the Lourdes community and with St. Bridget's parish, and he currently serves on the RCS Board of Trustees. Mike's leadership on

the *Lourdes Building Our Future* building and finance committees was instrumental in the success of the building project. Mike and Marilyn are the proud parents of three Lourdes graduates: **Matt '90, Jason '93 and Melissa '95**. Read more about Mike's involvement with the building of the new school on page 14 of this *Aquila*.



Mike, Nerissa, Bob, Linda and Holly

BOB GANDER '73

This year the **President's Award** was awarded to Bob Gander '73. Bob served as a Lourdes Foundation board member for nine years, earning emeritus status in 2013. Bob filled many roles during his time on the board including: Treasurer, Chair of the Scholarship Committee, President-Elect and President. Bob

and his wife **Linda '73** have three children who all graduated from Lourdes: **Nerissa '93, Mike '97 and Holly '97**. Bob will continue to serve Lourdes Foundation as an emeritus board member on the Sports Hall of Fame Committee. It has been an honor to have such a dedicated and hardworking alumnus serving the Board of Directors for nine years. Congratulations, Bob! You will be missed.



7th Annual Lourdes High School Sports **HALL OF FAME** Sunday, December 8, 2013

Rochester International Event Center
5 pm – Social Hour and Silent Auction
6 pm – Dinner

We Congratulate our 2013 Inductees:

Santiago Navarro '91 – Cross Country
Thomas Resner '68 – Basketball
Gretchen Otto Pimentel '85 – Track
Denny Nigon '64 – Coach

Congratulations to members of our 2013 Team Honorees:

1978-81 Boys Cross Country Champions
1981 Girls Cross Country Championship team

Single tickets- \$30
Table for 8- \$225

Proceeds from this event benefit Lourdes athletic programs.

Tickets available from:
Lourdes Foundation Office
Lourdes High School Athletic Office
www.lourdesfoundation.org

If you are unable to attend but would like to make a donation, please contact the Lourdes Foundation offices.

Lourdes Foundation | 1710 Industrial Drive NW
507-289-2584 | Rochester MN 55901
lourdesfoundation@rochestercatholic.k12.mn.us

Mike Brennan: RCS Director of Schools and Renaissance Man



We recently sat down with Michael Brennan, Director of Rochester Catholic Schools, to find out more about his background and the journey that brought him to Rochester.

According to stories from Lourdes students, Mr. Brennan could sometimes be found taking a break in the art room at the old Lourdes High School, sitting at the pottery wheel, looking right at home. We have also seen him gingerly dance his way through a ballroom routine at the Dancing for the Arts fundraiser last year. Meanwhile, Mr. Brennan has adeptly led the Rochester Catholic Schools during a time of great transition that has required him to wear many hats. Listening to him address the community at the dedication of the new Lourdes High School, many may have had the sense that they were listening to someone much more advanced in his years. Mr. Brennan's wide-ranging abilities caught our attention and made us curious about what this "Renaissance Man" is all about.

Mr. Brennan was born and raised in Middlebury, CT by a middle school secretary and the Vice President of a local bank, and he has one older sister. He attended public schools (there was not a Catholic option) and was a very motivated student. He felt very supported by all of his teachers and mentors. He says he was a well-balanced student and was connected to many social groups. During high school Mr. Brennan also spent many hours working at the local full service gas station owned by the police chief. His job entailed pumping gas, washing windows, and putting air in tires. The

gas station also became the local gathering spot for many of the town's leaders. They would discuss the day's events and things happening in the community. Mr. Brennan was present at most of these informal gatherings warming up coffee, but he was also included in the conversations. He says this experience shaped him as a person; he learned how to listen effectively and interact confidently with adults. Mr. Brennan credits this job for keeping him focused during high school, since it took up much of his free time.

After high school, Mr. Brennan attended Boston College where he began as a Math major but ultimately graduated with a degree in Studio Art while minoring in Art History, and holding a concentration in Holocaust Studies. During college he also volunteered in underserved schools in Cambridge and Boston and taught art to students. Mr. Brennan says he "fell in love with kids and art" at that time.

Upon graduating from college, Mr. Brennan considered taking a job at the studio of one of his art professors in Sun Valley, Idaho. He instead applied for a spot in the ACE (Alliance for Catholic Education) program through the University of Notre Dame. Through this program, aspiring teachers earn a Masters in Education from Notre Dame while teaching in an under-resourced Catholic school. Mr. Brennan became a member of the program's ninth cohort and was assigned to Most Holy Trinity Catholic School in Phoenix, AZ. He taught 4th and 5th grade classes, and spent most of his free time coaching football, basketball, and baseball at the school. As part of the ACE program, Mr. Brennan also spent two summers on the Notre Dame campus. During these summer sessions he spent a lot of time with his professors and priests—in and out of the classroom. Mr. Brennan attributes his ease with public speaking to Notre Dame's priests, saying "they were very good at speaking to you and not at you."

After completing the ACE program, Mr. Brennan planned to move back to Connecticut to take a teaching position there. However, his plans changed when he was approached by his Superintendent to fill the vacant Principal position at his school. He took the position and simultaneously continued his studies, earning his Masters in Education Administration through Notre Dame (made possible by the Mary Ann Remick Leadership Program). He served as Principal of Most Holy Trinity for four years.

Mr. Brennan spent nine years in Phoenix before coming to Rochester with his wife, Denae and their family dog, Oso, to serve as the Director of Rochester Catholic Schools. He says his faith has strongly influenced his vocational decisions over the years. While he originally thought his chosen career path would be math-related, his faith journey took him elsewhere. It seems that his love for kids, teaching, art and service have brought him to our community, and we are all grateful he is here. 🏠

MOVING DAY

May 30, 2013



Unparalleled generosity



It's easy to focus on the miracle of it all. The breathtaking new home of Lourdes High School, sitting proudly on a lush, green campus in northwest Rochester, looks just like drawings that first inspired the community. It's easy to assume that the much anticipated building we see is the miracle that Jack and Mary Ann (Wera '60) Remick envisioned a decade ago. But in talking with the Remicks it is clear that they feel just as amazed by the miracle as the rest of us.

When Jack and Mary Ann first offered the Rochester Catholic Schools the 24 acres of land on the corner of 19th Street NW and Valley High Drive for a new high school, they thought their involvement in the project, beyond an additional gift to the campaign, would be limited. But as Jack says, recalling the excitement of seeing the first plans for the school in print, "Once we got started it was hard to let go, especially after we saw the architectural drawings." As the process moved forward, obstacles started to arise, and Jack felt compelled to provide help to surmount them. He increasingly became an advocate for the new building, and he recalls becoming more aware of the possibilities that were presenting themselves. Jack became attentive to the responsibilities as well. "Somebody built the (Catholic) schools our kids went to. We didn't have to build them. They were there for us. We had five kids (**Sara '89, Joe '91, Matt '92, David '96** and **Andrew '01**) that benefited from that work. When you are sitting there with the means to do it, and you think it's the right thing to do, the answer becomes kind of obvious." In addition to offering the site for the new school, the Remicks were soon making a major financial pledge and helping with design and planning. Ever one

An interview with Jack and Mary Ann Remick

to downplay the importance of his role, Jack always turns the conversation to a higher power. “Somebody wanted this done.”

Along with their deep feeling of responsibility to the Catholic school system, a consistent theme in the conversation is the value they place on education. Mary Ann is quick to credit the inspiration of her mother, who was an elementary school teacher, for her reverence for education. Speaking for the couple she says, “We both feel that education is the tool that makes all kinds of good things in life possible. You can change a life for the better through education.”

Mary Ann, a Lourdes alumna ('60), was the driving force behind the showpiece of the new school: the Remick Fine Arts Building. Smiling as she talks about her favorite part of the new school building, she reveals that the building that bears their family name is the realization of a long-time dream, and for Mary Ann, it is a promise kept. A fine arts space was part of the original plan for the 1986 renovation of the old school, but had to be scrapped due to cost issues. The Remicks were determined that the new building would make good on that 20-year-old promise. Music and the performing arts have been an important part of Mary Ann's life. Again referring to her mother, who loved music and taught piano to Mary Ann and four of the Remick children, Mary Ann admits, “It's always been in my blood, I guess. And Jack has really appreciated what the band meant for all of our kids.” All five of the Remick children were members of the Lourdes High School marching band. Jack is understandably proud of the fine arts building but explains his interest in the arts in his usual practical manner: “I have absolutely no talent but I appreciate people who do.” What is clear is that Jack and Mary Ann feel fortunate to have been a part of the history of the Catholic school system in Rochester and to lay the groundwork for its future success. They stress the importance of each generation doing its part to strengthen the system and provide a foundation for the next generation of parents to build upon. Jack explains, “I just hope that the parents coming up— I know that they feel buried

with tuition and everything else— somehow feel a responsibility to keep this system going. I think our next challenge is to raise an endowment for scholarships so that tuition doesn't get out of hand. So we don't lose the ability to have the average Catholic family come here.” Mary Ann is emphatic about the role that scholarships will play in the future for students in need. “We need to send the message clearly to middle-class families. ‘This (building) is yours. You belong here. And we will help you.’”

“We both feel that education is the tool that makes all kinds of good things in life possible. You can change a life for the better through education.”

Even though so much emphasis is placed on the students who will fill the hallways in the future, Jack and Mary Ann have a keen sense of the importance of the building to the alumni community. The Remicks are pleased with the incorporation of architectural elements of the old school into the new, especially the stained glass windows from the library at the West Center Street location, which now reside in the media center of the new building. Mary Ann is happy to see the old yearbook photos that have been enlarged and used in the decoration of the common area of the school. As she looks up at one of the photo panels lining the walls of the media center she points out an image of her brother, **John Wera '50**, and then motions across the room laughing, “And that's our daughter-in-law. (**Rebecca Bea '96**, spouse of David Remick '96) I don't think she knows it's here.” But Mary Ann is most pleased by a note she received from a colleague and fellow Lourdes alumna, “She said that she hadn't thought it would be possible to move the soul of a school, but she felt that is what we had been able to do.” 

With Grateful Hearts, A Glorious New Home

"This is the day the Lord has made, let us rejoice and be glad in it!"

On September 15, 2013 the Lourdes community gathered in the new courtyard to hear Bishop Quinn repeat this psalm as he blessed the newly completed Lourdes High School and its students. In touring the school later in the day, it was obvious that there was a lot of rejoicing going on. Lourdes alumni, students and parents all seemed to share one reaction to viewing the new school building: "Wow!"

The new Lourdes High School is a state-of-the-art campus, designed to hold 525 students, with room for future expansion. Some of the features of the 167,000 square foot building include a 150 seat chapel containing beautiful stained glass panels donated by the Sisters of St. Francis and the Class of 1993, classrooms which all contain technologically advanced Smart Boards, a 7,000 square foot media center with wireless computer access, four new science labs, a 600 seat performing arts center, private music practice rooms, a pottery kiln and studio space, a two-station gymnasium capable of holding 1500 people, weight room, home and visitor locker rooms, and a 300 seat commons with a full industrial kitchen. The school sits on 24 acres of land, which allows Lourdes to have something it has never had before- green space for sports, band practices, and outdoor classroom activities.

Now is your chance to see it for yourself. We hope you enjoy the four pages of new school photos that follow. We tried to include a bit of everything. If you would like to view the awe-inspiring new facility in person contact Mike Kesler '91 at the Rochester Catholic Schools Department of Advancement at (507) 424-1817 to schedule a tour. This is the new home of the Lourdes community. Stop by for a visit. Rejoice and be glad in it!



Our Lady of Lourdes chapel, dedicated to the Sisters of St. Francis



Media Center/Library



Entrance to Lourdes Foundation Academic Building



Exterior view of the new campus

Photos by Shawn Fagan, Fagan Studios



William & Caroline Adamson Family Gymnasium



State of the art kitchen



Smartboards in every classroom



Auditorium in the Remick Family Fine Arts Building



O'Brien Family Athletic Training Facility



Forum holds 150 students



One of four student locker bays



Donald G. and Margaret Hoffman Performance Stage. Stained glass windows were donated by the Sisters of St. Francis



Band classroom in the Gene Eiden Instrumental and Vocal Music Suite



Media center with stained glass windows from Center Street school library

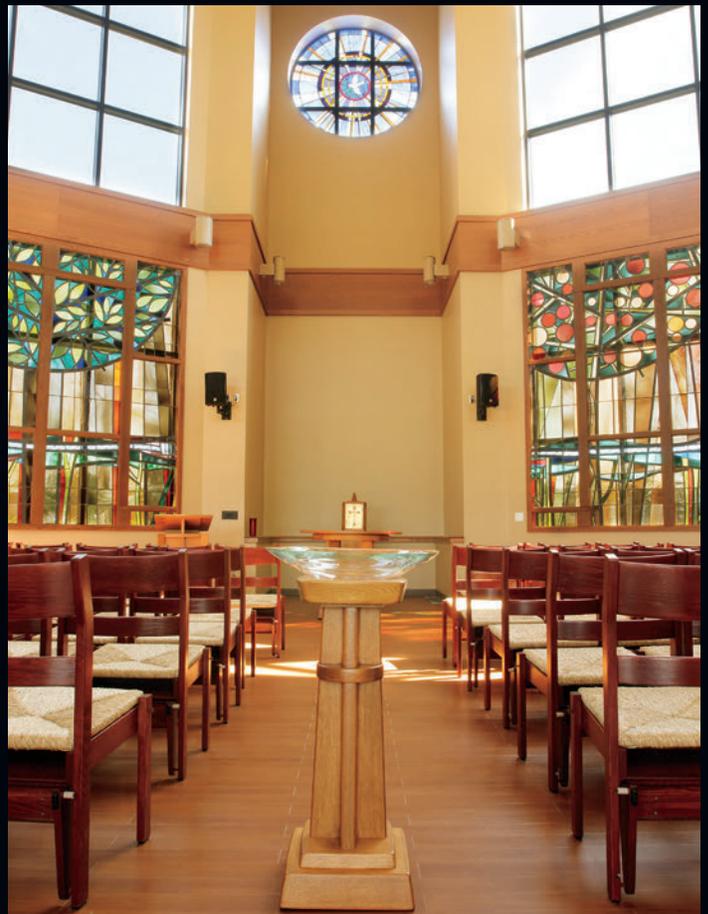


Lourdes Foundation Academic Building

*Our Lady of Lourdes,
pray for us.*



Commons/Cafeteria



The Class of 1993 and the Sisters of St. Francis donated the stained glass for the Our Lady of Lourdes Chapel

Q&A: Constructive Collaboration

An Interview with Mike Sheehan '64 and Randy Lutz

Mike Sheehan: Alumnus of LHS Class of 1964; Member of Rochester Catholic Schools Board of Trustees; member of the *Lourdes Building Our Future* building committee (pictured left)

Randy Lutz: Owner of Construction Consulting Partners, Inc., Northfield, MN; Owner's Representative for *Lourdes Building Our Future* project (pictured right)

Q: How did the project go overall?

Randy: "It was as close to perfection as we could get. The project not only finished on budget but it finished two months early. That's a testament to everyone who worked on the project. We had a great relationship with Weis Builders. They were very fair."

Mike: "You can look at the plans and know what the finished project should look like. This turned out better."

Randy: "We had absolutely perfect construction weather. We had only nine lost working days due to weather, in 19 months. That's incredible. That's two winters. It's unreal."

Mike: "We started all of our meetings with a prayer. And we did that faithfully. You can have the best of the best, but you still need the Lord's assistance."

Q: We know that Mike is a Lourdes 'insider'. Randy, this was your first experience working with our community. How did that influence you?

Randy: "It's a life-changer. The Lourdes community is amazing. From the first contact- the professionalism, the integrity, the warmth. It makes my job so easy. We could not have had a better community to work with, and for."

Q: So, we have spoiled you?

Randy: "Yes! And it's almost the end of my career, so I saved the best for last, or almost last. Only once in my career have I ever been on a construction site where I heard masons singing. (Points to courtyard.) It was one of those warm, winter days, where it was about 45 degree and they were singing right out here."

Q: What thrills you most about the finished building?

Randy: "Seeing the level of finishes we were able to preserve in the building. This building possesses above-average finishes. It's not 'over the top', and it certainly isn't gaudy. But it's not cheap. It really looks nice. It should be an easy building to maintain, and it should be energy efficient. Among the nicest features we have, from a finishing standpoint, is the amount of natural light."

Mike: "I feel we really have a building that is going to last. The old school was close to 75 years old, and I firmly believe that this structure will last that long. It's built so well. Also, as you drive down 19th Street NW (from the west), the first thing you see is the chapel. That's very impressive to me."



Q: What do you hope students say about the building?

Randy: "I'm in a great learning institution. I can learn here."

Mike: "I was thinking the same thing. That this is a great opportunity for them to learn."

Q: What was the greatest challenge you faced on this project?

Mike: "The budget. Trying to stay within it. Anytime you have a project like this you are going to have different people wanting different things. We all agreed that we wouldn't make any decisions without the entire building committee reviewing the situation. The best decision we made was to hire Randy (as owner's representative). The relationship and trust that Randy had with the building committee and with Weis was very good. Once you establish that trust between everyone, and you have everyone working together for the good of the entire project, that helps you succeed."

Q: If you had a plaque that you could put anywhere in the building, what would yours say?

Randy: "Thank you!"

Mike: "It's been a privilege." 🏠

LOURDES HIGH SCHOOL CLASS OF 2013



Photo by **Mike Young '71** with Varsity Photos, a division of Lifetouch Photography

U.S. Air Force
 U.S. Army
 Augsburg College
 Bradley University
 College of St. Benedict
 Creighton University
 Gustavus Adolphus College
 Hamilton College
 Iowa State University
 Kansas University
 Lake Superior College
 Loras College
 Luther College
 Macalester College
 Miami University
 Minnesota College of Art and Design
 Minnesota State University – Mankato

New York University
 North Central University
 North Hennepin Community College
 Purdue University
 Rochester Community and Technical
 College
 Seton Hall University
 South Dakota School of Mines and
 Technology
 St. Catherine University
 St. Cloud State University
 St. John's University
 St. Mary's University
 St. Olaf College
 United States Military Academy at West
 Point
 University of Alabama – Tuscaloosa
 University of California – Irvine

University of Illinois - Urbana- Champaign
 University of Iowa
 University of Minnesota – Duluth
 University of Minnesota – Morris
 University of Minnesota – Twin Cities
 University of Missouri – Columbia
 University of North Dakota
 University of Northern Iowa
 University of Notre Dame
 University of St. Thomas
 University of Vermont
 University of Wisconsin – Eau Claire
 University of Wisconsin – La Crosse
 University of Wisconsin – Milwaukee
 University of Wisconsin – Stout
 Viterbo University
 Winona State University

Sports Update

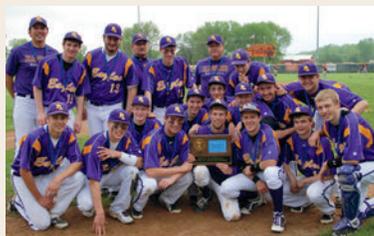
2013 BOYS GOLF TEAM



It was a great spring golf season for the LHS Eagles despite the many challenging weather issues. The Eagles finished with a 48-17 dual meet record, finishing second overall in the

Hiawatha Valley League (HVL). The boys captured the Sub-Section Team Championship and followed that with the Section IAA Team Championship. The Eagles finished 7th at the rain-shortened State Meet. The six varsity team members (Michael Dearani, Gabe Salerno, Mark Pagel, Ben Weir, Kyle Kaprun and Robert Simari) were awarded all HVL Conference Selections. MVP was awarded to senior Michael Dearani, who finished the season as the Eagles #1 player. Co-Most Improved Players went to Gabe Salerno and Robert Simari. Kyle Kaprun and Michael Dearani earned All-State Academic honors.

LHS EAGLES BOYS BASEBALL team



finished second in their division with an outstanding 15-3 record. Team captains were John Bigler and Jason Samuelson. Some memorable games include: a 1-0 victory over Cannon Falls with Michael Brandt pitching a great shut-out.

Nick Hanson's pitching with 10 K's against Zumbrota - Mazeppa (ZM) in the sub-section opener. And a come from behind win in the 7th inning to win the sub-section semi's against Cannon Falls. Another great game came winning the IAA West Sub-section title with a 3-0 win against the eventual State Champions ZM. Most improved player was Adam Ellingson. MVP went to Jason Samuelson. Jason was first team All-Conference, All Section, and Section IAA Player of the Year. Congratulations to the LHS baseball team and to Coach Dan Herold.

2013 LOURDES GIRLS GOLF TEAM had a



great season! We were the first official tee time of the spring season on any of the city courses. It was 32 degrees, snowing and sleeting. After completing the first hole of our season, Coach Weinmann took us out for cheese

curds, the official team snack. Some of our team accomplishments included: undefeated in HVL tri-meets, third overall in the HVL (13 Teams), defeated Century and JM 2 times, finished 2nd in the All-City Invite, and finished 3rd overall in the subsection tournament as a team. Individually, senior Jenny Rahman, juniors Anna Hennessy and Anna Becker, and sophomore Madeline Pagel placed in the top ten to advance as individuals to the Section IAA meet with the opportunity to qualify for state. The section meet was again affected by the weather. After a two hour delay, we

were able to finish the round. Madeline Pagel finished third overall to take one of the five spots to advance to the state meet. Pagel had a great experience at the state meet and received lots of encouragement from her team.



TOM KANE '74 was recently inducted into the Minnesota State High School Soccer Coaches Association Hall of Fame. Tom has coached the LHS Boys Soccer team since 1997, guiding the Eagles to state championships in 1998, 1999 and 2012.

LOURDES TRACK AND FIELD TEAMS



The Eagles had another impressive season in Track and Field, with great performances by many talented athletes. The Boys' team placed 2nd and the Girls' team placed 3rd in the 13-team HVL conference. The Boys' team

earned the distinction of being named Hayfield Lions Meet Champions, and for the first time since 1997 were Sub-Section co-champions. The Boys' team placed 3rd in their 25-team section tournament, and the Girls' team placed 9th in a 23-team section tournament. Dakota Streit (1600m), McKay Carstens (400m), Ian Torchia (3200m) and Shannon Strickland (3200m) were individual qualifiers for the State tournament. Earning honors at the State meet: 5th place: 4x200m relay team (McKay Carstens, Kane Carstens, Alex Glynn and Andre Stewart), 6th place: 4x400m relay team (McKay Carstens, Kane Carstens, Alex Glynn, Kyle Kapraun, Dakota Streit).

2013 GIRLS SOFTBALL



The LHS girls fastpitch softball team finished their HVL season with a successful 9-4 record. The Eagles were led by senior captains,

Sam Macken and Kelly Bier. Achieving MSHSL All Academic Gold Level (+3.80) were: Kelly Bier, Eleanor Berg, Melissa Carlson, Anne Maiers, Rosemary Rogers, Maya Santosuosso, Rachel Sobiesk, Karrie Virgin, Georgi Younger, Michaela Wermers. HVL All Conference: Kelly Bier, Sam Macken, Rachel Sobiesk. Most Improved Player honors went to: Melissa Carlson. MSHSL All-State: Sam Macken. The Eagles Most Valuable Player honors went to Sam Macken who ended her career holding 21 team records. She is also the first Eagle in LHS history to go on to play DI Softball, at the University of Minnesota. Congratulations to Head Coach Becky Macken and Assistant Coaches, Mike Macken, Josh Conley & Eric Averbeck.

Fine Arts Update

Lourdes High School Fine Arts Department presents:

The Spirit of Advent in Music, Image, and Spoken Word.

This performance is a collaboration of the entire Fine Arts department, including choir, art, band and theatre. Please join us in the new Remick Family Auditorium on December 7, 2013 at 7pm, or on December 8, 2013 at 2pm for this exciting family holiday event.



Lourdes Marching Band

We were "singing in the rain" as the LHS marching band stepped off the field on Saturday, September 14. Just as the sixty-eight member band stepped onto the field in Rosemount, MN the skies opened to unleash steady rain. Their show titled "Songs of the Cinema", including the piece "Singing in the Rain", went on to earn a second place award. The announcer exclaimed, "In my 24 years of announcing these competitions, I have never seen a band use RAIN as one of their props!"



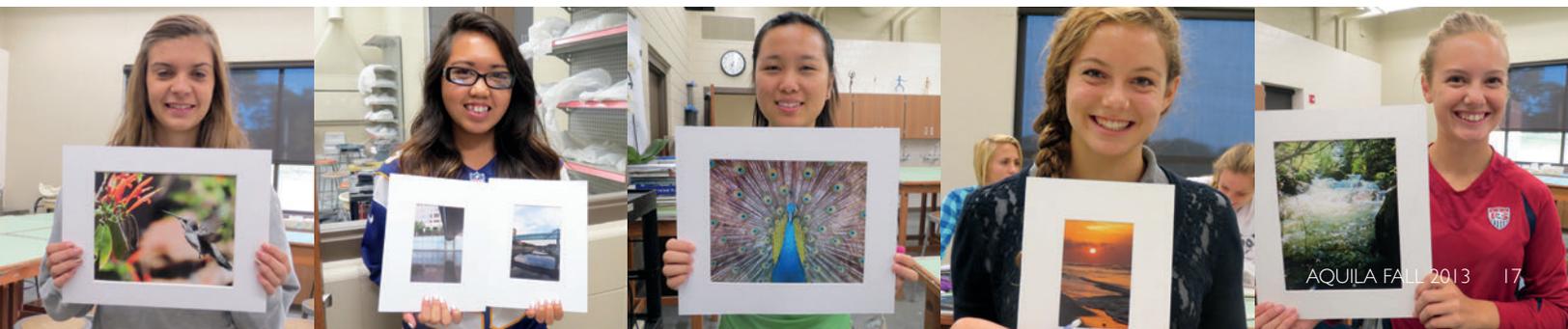
Lourdes Winter Drum Line News

The Lourdes Winter Drum line competed in the World Guard and International 2013 World Championships in Dayton, Ohio with their show entitled "Out of Darkness."



The Arts at Lourdes High School

The visual arts students have been busy creating beautiful artwork in their new studios. The kiln has been working overtime, and the photography students are preparing to donate their photographs (seen here) to the Hope Lodge, a residence for patients undergoing cancer treatments in Rochester. Nineteen photographs are being donated by 7 Lourdes students.



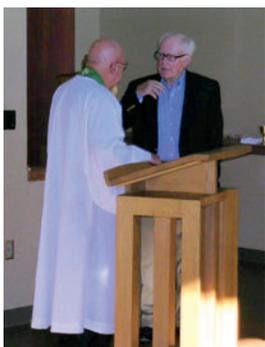
1940's

James Sullivan '44 and his bride of 65 years, Joanne, celebrated their anniversary in May 2013. The couple were married on May 31, 1948 at St. John's Catholic Church in Rochester by Monsignor O'Day. The couple planned a family celebration with their five children.

1950's



The LHS Class of 1953 held their 60th class reunion on Saturday, September 21. They started their afternoon with a tour of the new school building and then **Fr. Paul Nelson '53** celebrated Mass in the new LHS chapel. One of the attendees described the afternoon as "such



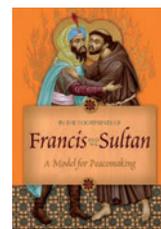
an incredible experience! To see the sun streaming through the windows, listening to Fr. Paul read the scriptures with 50 members of the class of '53 and their spouses -it was so surreal to think that I could be a part of that experience. I get goose bumps just thinking about it!" After mass, **Dee Libera '53** showed the class a lectern, their senior gift to LHS. Pictured below is a photo of **Charles Gray '49**, with this lectern which he refurbished for use in the new school. They finished their evening with a dinner at Rochester Golf & Country Club

1960's



Ginger Holmes '63 was named the Executive Director of Rochester Gift of Life House in April 2013. The Gift of Life House serves Mayo Clinic patients awaiting organ and stem cell transplants. Patients generally stay for a few months at a time and return for periodic checkups. Ginger had been volunteering at the Gift of Life house since 2011 and had accepted the interim position, but to her surprise, the board asked her to remain as the permanent director. Congratulations, Ginger!

Sr. Kathy Warren '67 has finished a two-part film exploring a little-known thirteenth-century peace initiative in the Middle East involving Francis of Assisi and Sultan Malek al-Kamil in 1219. It has taken Sr. Kathy six years to finish this documentary. Sr. Kathy told this fascinating story to the LHS students in Feb 2012 as Lourdes Foundation's Distinguished Alumni Speaker. The DVD, entitled "In the Footprints of Francis and the Sultan: A Model for Peacemaking", is available through the Assisi Heights Bookshop or through Amazon.com.



The Class of 1963 held their 50th reunion over Homecoming weekend. They had breakfast in the new school Commons, sponsored by Lourdes Foundation, which 65 classmates attended. Afterward they were treated to a tour of the new school, with

Denny Nigon '64 (Lourdes Foundation board of director) acting as their guide.



1970's

Congratulations to the **Class of 1978** on another great reunion! On Saturday, August 31st the class members toured the new Lourdes High School and then had a evening full of fun with old friends.



1980's



Patrick Arendt '88 gave a presentation to the LHS business law students in October. Mr. Arendt, a criminal defense lawyer, used real life scenarios to test the students' knowledge of business law. It was a great opportunity for LHS students to experience the practical application of their curriculum and to learn about a potential career.

1990's



Melissa Harrington '99 married Reed Leonard on May 11, 2013 at St. John the Evangelist Church in Rochester. Melissa is employed by Wells Fargo Bank in Minneapolis as a Trust Implementation Coordinator. Reed works for Central Consulting Group in Bloomington, MN as a Senior Account Manager. The couple met at Wells Fargo in Eden Prairie where Melissa was a banker and Reed was one of her customers. They live in Eden Prairie, MN.

The LHS Class of 1993 celebrated their 20th year reunion on Homecoming weekend. As their senior gift to Lourdes High School, the Class of '93 purchased the Dove stained glass window (pictured on the right). With the school move, the window was removed and installed in Our Lady of Lourdes chapel in the new school. Some of the Class of '93 toured the new building and are pictured with their window in the chapel. Left to right: **Rachel Saletel Hub, Al Farrow, Andrea Lindquist Kaplowitz, Jim Gonnella, Colleen Wilkins, Adrienne Castrovinci Schnurr, Mike Cooney, Sarah Koperski, Rob Strange, Kim Hanson, Shannon Plower, Kiersten Brengman Bretton, Bernie Sizer, Todd Loechler, Paul Doucette.**



2000's

Kyle Vanselow '04 married Gina Danielson on May 4, 2013 at Pax Christi Catholic Church in Rochester MN. Both Gina and Kyle work for the Mankato School District. Gina is a first grade teacher and Kyle is a second grade teacher.



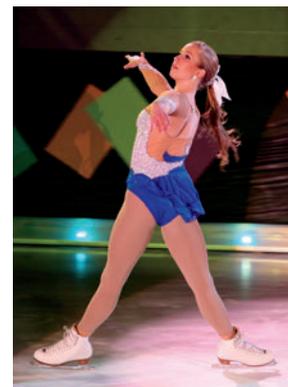
Brian Utz '12 was named to the All – MIAC Sportsmanship Team in men's tennis. Brian is a freshman at Macalester College where he plays at No. 1 in both singles and doubles.

Daniel Lose '07 married Amalia Gedney on July 6, 2013 at St. Thomas More Church in Coralville, IA. Amalia is a registered nurse for Mercy Hospital in Cedar Rapids, IA. Daniel is also a registered nurse and works for the Veteran's Administration Hospital in Iowa City. The couple met while attending the University of Iowa.



Congratulations to **Thomas Wendt '07**. LTJG Thomas Wendt, USN, was designated a Naval Aviator on Friday, May 24th in ceremonies at NAS Whiting Field, FL. LTJG Wendt received his "Wings of Gold" after two years of intensive training in both fixed and rotary wing aircraft. LTJG Wendt will depart NAS Whiting Field for advanced training in the SH-60 helicopter with HSL-40 located at NAS Mayport, FL. Upon completion of training at HSL-40, LTJG Wendt will report to NAS North Island, Coronado, CA for assignment.

Lane Nicolay '13 has joined the cast of Disney on Ice. She has spent two weeks rehearsing in Fort Myers, FL and her opening show was in Orlando in September as part of the "Disney on Ice: Princesses and Heroes" tour. The tour will last about one full school year. Congratulations, Lane!



Emily Stachnik Zygmunt '01 and her husband, Paul, have successfully climbed Kilimanjaro, Africa! To read more about her travels, please check our website.



THE LHS TRAVELING EAGLE HAS LANDED!



Cathy Dillon at the Drake Relays in Des Moines, IA



Kevin Bieniek '07 in front of the Swedish Parliament Building, in Stockholm



Gretchen Leyendecker Zilka '07 standing by a heavy equipment transporter in Kandahar, Afghanistan



Sara Rapp '97 and Brian Muellner '94 at St. Patrick's Cathedral, Dublin Ireland



Chloe Jensen '08, Jacob Lacey '11, Jillian Lacey '14, Logan Jensen '11, Claire Friedhoff '11 and Tom Jensen '79 at Isle O' Dreams on Bad Axe Lake, north of Park Rapids



Tim Carroll '03 at the New Mexico border



Ben Groteboer '12 and Jake Groteboer at Big Sky, MT

If you would like to print your own Travelling Eagle, go to our website at www.lourdesfoundation.org or to our Facebook page, [Facebook.com/Lourdes Foundation AlumniConnection](https://www.facebook.com/LourdesFoundationAlumniConnection).

In loving memory of **Will Canan '16**



Will Canan was a happy, active, bright and sociable young six-year-old when he was diagnosed with medulloblastoma, a malignant brain tumor, in March 2004. Will courageously fought this cancer for over eight years before passing away at his home on October 11, 2012, with his loving family and dog, Buddy at his side.

An anonymous donor, inspired by the Canan family and their journey while Will battled brain cancer, has generously donated \$10,000 to fully fund a Lourdes Foundation scholarship in memory of Will. **The Will Canan Memorial Scholarship** will be awarded annually, starting in May 2014, to a student in need of tuition assistance at Lourdes High School.

One of Will's final goals was to attend Lourdes High School as a freshman, which he accomplished. He found the inner strength and courage to attend for two days in the fall of 2012.

Will's sister **Katherine ('14)** wrote of her younger brother: "Will, I admire you, and I will forever. You have taught me lessons that can never be learned from a book. You help me strive for greater strength, perseverance and positivity— three things that helped you fight this battle."

The entire Canan family is humbled by the establishment of the Will Canan scholarship, which will help students in need and continue to keep Will's memory alive for future generations of Lourdes students.

The donor hopes that this gift will **inspire you** to contribute to this scholarship. You may donate to **The Will Canan Memorial Scholarship** by sending your check to:

Lourdes Foundation
1710 Industrial Drive NW
Rochester, MN 55901
(507) 289-2584

(Please note on the check that your donation is intended for the scholarship)

Or, donate on our secure website: www.lourdesfoundation.org

God Bless Will

*Peace &
Sympathy*

We Will Remember

Our sympathy and prayers are offered to the families and friends of those who have lost loved ones. Please remember them in your prayers.

Dorothy (Whelan) Daly '46

Helen (Daly) Frear '48

Mary Alice (Boughner)
Anderson '49

Floyd Plein '49

Joseph Leonard '60

Norman A. Wieseler '62

Mary (Rens) Gray '62

Nancy (Rens) Miller '74

Jon LeClair '84

Britt Kirgis '94

Wayne Knipschild

Orrie Jirele

Jay Weimer

Frank Bieniek

If you would like to inform the Aquila of a loved one's death, please contact the Lourdes Foundation and we will include the information in our next issue. We make every effort to publish accurate memorial information. Please accept our apology for any unintentional omissions. To update our records, please contact us at Lourdes Foundation Office, 1710 Industrial Drive NW, Rochester, MN 55901 or by phone at 507-289-2584 or by email at lourdesfoundation@rochestercatholic.k12.mn.us

Where are you, **Missing LHS Alumni?**

The Lourdes Foundation would like your help in locating the following Lourdes graduates so we can keep in touch about alumni news.

If you know the address, telephone number or email address of any of the listed alumni, please contact Sheila Rainey at 507-289-2584, by email at lourdesfoundation@rochestercatholic.k12.mn.us or by mail at Lourdes Foundation, 1710 Industrial Drive NW, Rochester MN 55901. Thank you for your assistance!

LHS Class of 1949

Maurice Blake
Eleanor Freese
Ann (Coleman) Griebenow
James Lawler
John Leddy
Maurine (Funk) Muir
Ann (Leddy) Plunkett
Julia (Drosos) Storm

Joanne (Gustafson) Gannon
Ronald Jolly
John Norton
Leon Peterson
Linda K. Phillips
Linda (Hennessey) Rude
Marie Sheehan
Laura Sullivan
Marilyn Sutton
Katherine Swenson
Mary Sue (Streiff) Wieneke

LHS Class of 1979

Jessica (Allen)-Johnson
Anthony Boutelle
Jeff Bruns
William Cain
Jim Farr
Monica Gowen
Michael Grant
John Harlan
Matthew Harrison
Dana Heinzelman

LHS Class of 1994

Kelly Aney
Victoria Aney
David Black
Gonzalo Carvajal
Daniel Dahl
Kelley Daly
Mark Favre
Katherine Fitzgerald
Kelly Fitzgerald
Karissa (Egge) Hogan

LHS Class of 1954

John Bornholdt
Joyce (Sullivan) Davidson
Edward Hack
Bonnie (Vermeersh) Sanders
Esther Swearington
Margaret (Dust) Turrisi

LHS Class of 1969

Thomas Anderson
Laurie Beardsley
Mary (Rian) Crea
Donna (Durgin) Halvorsen
Mark Felten
Kevin Foley
Janelle (Braun) Kelly
Susan Klein
Matthew Marx

LHS Class of 1984

Julie Bantley
Catherine Boler
A. Christin (Wahl) Braithwaite
Drew Brennan
Edward Cashman
Maria Reising Goldblatt
Brian Griffin
Cheryl (Sohm) Jacobson
Susan (Smith) Johnson

LHS Class of 1999

Robert Crowley
Marie-Claire Dozois
Brett Dunagan
Claire (Letts) Dutton
Vanessa Eichman
Timothy Godsill
Keith Hartman
Kelly (Plathe) Haus
Steve Horvath
Ben Huey
Phillip Johnson
Carlos Juarez
Kimberly Kisabeth

LHS Class of 1959

Lawrence Claude
Alicia (Garcia) Eaglesten
Diana (McCarter) Garrity
Karen Meyer Kinley
Joan (Sargent) Mullenix
Jeanine Sullivan
Mary Murphy Suter
Peter Walsh

LHS Class of 1974

Lorraine (Klaus) Beck
Jane (Harlan) Buechler
Carol (Till) Carlson
Michael Charron
Mark Daly
Patrick Devney
Maureen (Cronin) Earp
Mary Geisinger
Peggy (Ramey) Glaccum
Dale Gray

LHS Class of 1989

Christopher Conlon
Martin Dunleavy
Daniel Favre
Brigitte Frohnert
Kristal Egge Garrity
Monika Hoppe
Jennifer (Howie-Beaulieu) Horton
Anne Lozano

LHS Class of 2004

Catherine (Smith) Bauman
Shawn Blaul
Michel Bohata
Carissa Gores
William Miller
Ko Un Park
Andrea (Hanson) Zakko

Fall/Winter 2013-2014 Calendar

DECEMBER 2013 Sunday, December 8

Lourdes High School Sports Hall of Fame – see page 5 for details

APRIL 2014 Saturday, April 26

Hearts of Gold, A Purple Tie Affair – Rochester International Event Center
Benefiting Lourdes High School

JANUARY 2014

Lourdes Foundation celebrates 40 years of supporting Lourdes High School

MAY 2014 Friday, May 30

Lourdes Graduation

MARCH 2014 Friday, March 14

Gary Vanselow Memorial Scholarship Fish Fry – Rochester International Event Center
This event raises funds which support Lourdes students with tuition assistance.

JUNE 2014 Thursday, June 5

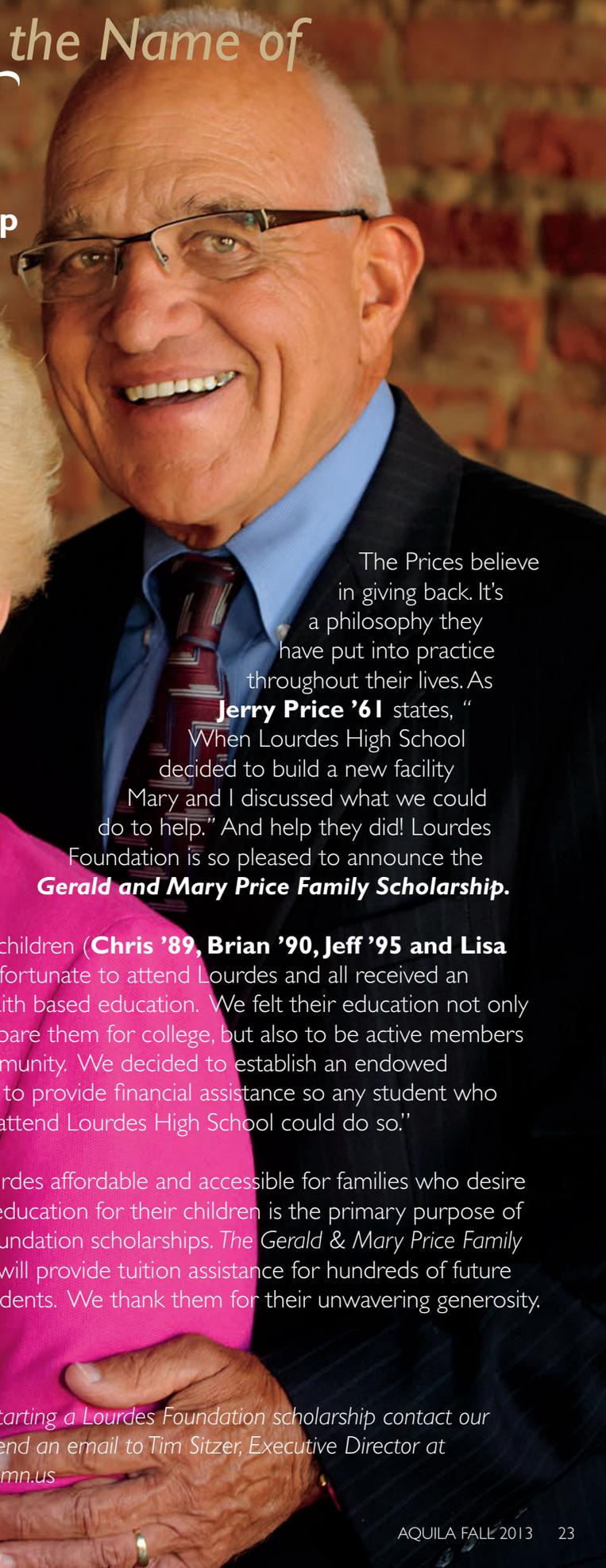
Last Day of School

SEPTEMBER 2014 Friday, September 26

LHS Homecoming

If your class is having a reunion please let us know so that we can put this information on our website and in the Aquila.

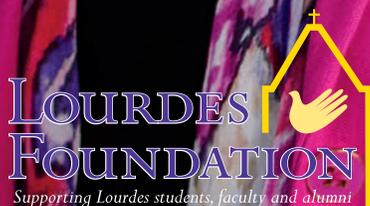
An Endowed Gift Made in the Name of *Family and Faith* The Gerald and Mary Price Scholarship



The Prices believe in giving back. It's a philosophy they have put into practice throughout their lives. As **Jerry Price '61** states, "When Lourdes High School decided to build a new facility Mary and I discussed what we could do to help." And help they did! Lourdes Foundation is so pleased to announce the **Gerald and Mary Price Family Scholarship.**

"Our four children (**Chris '89, Brian '90, Jeff '95 and Lisa '97**) were fortunate to attend Lourdes and all received an excellent faith based education. We felt their education not only helped prepare them for college, but also to be active members of the community. We decided to establish an endowed scholarship to provide financial assistance so any student who wanted to attend Lourdes High School could do so."

Making Lourdes affordable and accessible for families who desire a Catholic education for their children is the primary purpose of Lourdes Foundation scholarships. *The Gerald & Mary Price Family Scholarship* will provide tuition assistance for hundreds of future Lourdes students. We thank them for their unwavering generosity.



For more information about starting a Lourdes Foundation scholarship contact our office at 507/289-2584, or send an email to Tim Sitzer, Executive Director at tsitzer@rochestercatholic.k12.mn.us



Lourdes Foundation
1710 Industrial Drive NW
Rochester MN 55901

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Go Green!

If you would prefer to receive your Aquila electronically, please contact lourdesfoundation@rochestercatholic.k12.mn.us

Read previous issues of the Aquila at:
www.lourdesfoundation.org

Your User ID to register for the Alumni Online Directory is located above your name and address.

Need a prayer for yourself or a loved one? Visit our website at lourdesfoundation.org to submit a prayer request.

E-Prayer Request



Like us on Facebook 

[Facebook.com/Lourdes Foundation Alumni Connection](https://www.facebook.com/Lourdes-Foundation-Alumni-Connection)



Practicing Our Faith
The Lourdes Marching Band praying before a competition