

# AQUILA

LOURDES FOUNDATION

A Foundation FOR OUR  
*Growing Community*

SPRING | 2017



## ON THE COVER

The new Lourdes High School, featured with Assisi Heights and downtown Rochester in the background, encapsulates the integral role of Rochester Catholic Schools in the growing Destination Medical Center community. The photo is compliments of **William Wente '09**, owner of Go Drone, LLC, [www.GoDroneUSA.com](http://www.GoDroneUSA.com).

## AQUILA, SPRING 2017

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The *Aquila* is a publication of Lourdes Foundation, Inc.

### MISSION

*Lourdes Foundation unites alumni, parents, and friends in celebration and support of Rochester Catholic Schools.*

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*The Aquila strives for accuracy and clarity.*

*The editorial staff determines content.*

*We apologize for any inaccuracies that may occur.*



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*Why is this publication called the **Aquila**?*

**Aquila** is the Italian word for **eagle**, the mascot of Lourdes High School.

**PRONUNCIATION:** uh-kwil-uh, ak-wuh-luh or ah-kwee-lah (*Italian*)



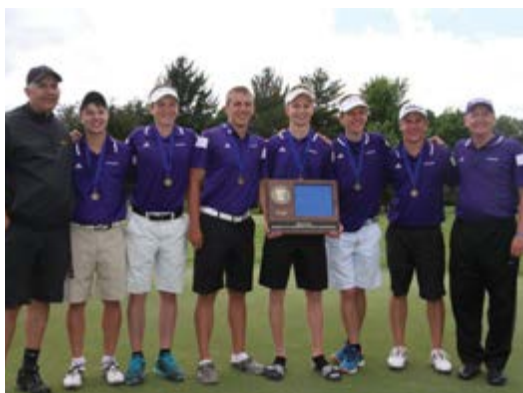
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## Executive Director's Message



It is a gift, a choice and, for many, a sacrifice to send their children to Catholic school. Thanks to the combined efforts of alumni, parents, and friends of Lourdes Foundation, there are over 110 scholarships that help those who are in financial need achieve their goal of giving their children the gift of a Catholic education.

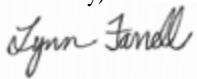
The decision to establish or grow a scholarship or leave a legacy gift is personal and reflects deep core values. It is an honor to understand and witness your actions based on these principles.

Graduates of the 40s, 50s and 60s, through their dedication and loyalty, have created many of the long-established scholarships that are helping students attend Lourdes High School today. These alumni consistently express gratitude for the teachers, priests, and Franciscan Sisters who taught them both academics and values.

New scholarships come from donors across the years – from a graduate of the 60s, to parents of recent graduates, and all the way to the current senior class. Each is a unique story of a desire to “give back” and “help the next one in line.” The article on pages 6-8 has more information.

The mission of Lourdes Foundation lives in our alumni, parents and community. You are part of living that mission every time you participate in events such as the Lourdes High School Sports Hall of Fame, Lourdes Foundation Annual Meeting, Gary Vanselow Memorial Fish Fry, or your class reunion. You live the mission as a volunteer and when you make a gift to Lourdes Foundation. Thank you for all you have done. I look forward to an exciting year ahead in partnership with you to make Catholic education stronger and help open doors to the future.

Sincerely,



Lynn Farrell  
*Executive Director*



### **Please welcome Development Coordinator Heidi Cafarella.**

Heidi has leveraged her master's degree in business administration and background in marketing to help Lourdes Foundation move forward. Heidi will be glad to help you when you call the office or plan a class reunion.

## Greetings from the President



I am deeply honored and humbled to serve as the 2016-2017 President of the Lourdes Foundation Board of Directors. This is a very special organization that embraces the future with great optimism and hope, and, at the same time, holds true to the values and goals of our founders. We have focused this edition of the *Aquila* on the role of Catholic education within the

greater Rochester community. Did you know that education is one of the top five priorities one considers when relocating?

The Board is committed to making Catholic education a reality for all families who wish this for their children. In order to achieve our mission, we will continue to focus on these five strategic priorities for Lourdes Foundation:

- Staff and volunteer recruitment and enrichment
- Fiscal responsibility and stability for the Board
- Maximize philanthropy in collaboration with Rochester Catholic Schools
- Expansion of reach: mission to include pre-k through 12
- Relevance and connectivity – marketing, social media and events

My husband Peter, a Lourdes High School '78 graduate, and I have one child, Will. We feel truly blessed to be one of the many who have been embraced by the remarkable faith-based Lourdes family. We have personally experienced and witnessed our community celebrating some of life's greatest joys and, at the very next minute, dropping everything to be with a family or student as they face significant challenges and tremendous loss.

My involvement in Lourdes Foundation has given me the opportunity to hear hundreds of stories where current and past students, parents and grandparents have shared their most meaningful and, in some cases, life-changing experiences. Regardless of the situation, the message is clear: the members of the Lourdes and RCS family are aware of belonging to something that extends far beyond 13 years of academics that brings profound gratitude and overwhelming pride.

Because of your support, the stories of gratitude, hope, success, care and compassion can continue to enrich the lives of many families.



Darci Kopischke  
*President, Lourdes Foundation Board of Directors*



# Dedicated Honorees Open Doors for Students

*Each year Lourdes Foundation presents three awards at its Annual Meeting. These individuals open doors to Catholic education for students by their dedicated support through Lourdes Foundation and involvement in the Rochester Catholic School Community.*



Dr. George 'Bud' and Sandy Hohberger, Caroline and William Adamson, and Patrick and Teri Deutsch

**The President's Award was presented to William ('51) and Caroline Adamson** in recognition of their support as volunteers and philanthropists. The family's philosophy has always been to support the church, school, and community with their time and treasure. William and Caroline have four children, all graduates of St. John's and Lourdes High School: **Joe '83, Michael '84, Michon '86, and Patrick '88**. They also have twelve grandchildren who have gone through or are in the Rochester Catholic Schools.

William and Caroline Adamson pictured (L-R) with Trisha and Patrick, Michael and Maria, Michon and Jeff Schaefer. Not pictured but also with the family at the event were Joe and Sandy.



The William and Caroline Adamson Family Scholarship was established in 2007. It has been awarded to 11 students and has grown to support two students a year. "While I am the alumnus, I have to give credit to my wife Carrie because without her generous heart and belief in Catholic education, this would not have been possible," noted Bill Adamson.

The Deutsch Family: Kayla and Tim, Patrick and Teri, Eric and Deanna.



**Patrick Deutsch '71 received Alumnus of the Year Award** in honor of his significant impact in the community as CEO of Pace International and support to grow the Deutsch Family Scholarship, established in 1999 in memory of Jim Deutsch. "My dad believed in people no matter their circumstance. If they were able to catch a break in life, their potential could be realized and great accomplishments

would happen. A Lourdes education could be that break. My parents would have been proud to help," said Patrick Deutsch.

The scholarship has helped 14 students attend Lourdes High School. He and his wife, Teri, have two sons, **Eric '02 and Timothy '04**, who are both Lourdes graduates and part of Pace International. Eric's children are the third generation of the Deutsch family to attend Rochester Catholic Schools.

**The Woodruff Award was given to Dr. George 'Bud' and Sandy Hohberger** in recognition of their substantial contributions and volunteer commitments for more than 30 years. Although their last child graduated over 15 years ago, you can find Bud and Sandy as regular fans in the stands at basketball games. Sandy also volunteers in the SCRIP office. Dr. Hohberger stated, "Sandy and I continue to support Lourdes High School because, like so many others, we have a deep affection for the Lourdes community, and we want it to thrive for many decades to come."

All four of their children are Lourdes graduates: **Karen '88, Julia '91, Michael '97, and Laurie '99**. Julia carries on the tradition of involvement, as she recently co-chaired her 25-year reunion.

Michael and Barbara, Sandy and Dr. George 'Bud' Hohberger, Karen (Hohberger) Gallagher and Julia (Hohberger) Reid.



*Congratulations to all the award winners and their families who traveled from near and far to share this special evening. The Annual Meeting is open to all and the celebration includes highlights of the past year.*



# Record 12 New Scholarships

## Endowed gifts impact students today and into the future

Leaders for the Class of 2017 Scholarship are (l-r)  
Patrick Dearani, Claire Creedon, Grace Bigler and John Paul Becker.

One out of every five students at Lourdes High School receives a financial aid package of a scholarship from Lourdes Foundation. These scholarships are critical for families to provide the education they desire for their children in our Catholic schools. A recent scholarship recipient wrote, “Your generosity allows students like me to attend a life-changing school. Thank you very, very much.”

In 1980, the first scholarships were awarded through Lourdes Foundation. \$500 total went to ten students with awards of \$50 each. Through new scholarships and additions to existing ones, over \$200,000 of financial assistance was distributed in 158 awards for the 2016-17 school year. Where do these scholarships come from? They come from alumni, parents and friends like you!

Twelve new scholarships will be awarded in the spring of 2017! These join the scholarships established over the past 40 years through Lourdes Foundation to provide financial assistance. Five of the scholarships are available for elementary students. “We wanted our scholarship to be flexible and go where the need is the greatest,” says Susan Luebbe who, with her husband Doug, recently started a scholarship that can be awarded to an elementary or high school student.

The continued growth of the established scholarships is critical to the overall impact of the financial aid program. “My employees know how important the scholarship in my parents’ name, through Lourdes Foundation, is to me. On multiple occasions, they have made a gift to this scholarship,” says Joe Powers, owner of Power Ventures and the Canadian Honker.

“It is a way for me to honor the memory, values and beliefs of my parents,” says **Kate (Nigon) Dienhart ’71**, who regularly helps grow the Agnes and Ralph Nigon Scholarship along with her siblings. “We all went to Catholic school because this was important to them. Both my husband and I believe in the value of a Catholic education and especially in the teachings surrounding social justice. It is a way for us to support those teachings in this challenging time.”

The Class of 1961 recently added to their scholarship in conjunction with their reunion in an effort led by classmate Lennie Broich. “Whenever a classmate, family, or friend who had something to do with Lourdes passes away, I make a gift in their memory to our class scholarship,” says Rita Cunningham ’55. These constant additions of funds to the balance increase the awardable amount.

### How does a scholarship work?

An endowed scholarship can be started with any amount. When it reaches the \$10,000 level, it will be awarded that year and every year going forward. The policy of Lourdes Foundation is to invest the principal and award the earnings annually to students in financial need. The Investment Committee, a subcommittee of the Lourdes Foundation Board of Directors, is made up of professionals in the field. The committee creates the Investment Policy Statement (IPS) in consultation with the carefully chosen portfolio manager.

Lourdes Foundation would like to help every family who wants their children in the Catholic schools to have that opportunity. To close the gap, an additional \$165,000 is needed to meet the demonstrated need of all the families who apply for financial assistance.

“This is a gift that literally keeps on giving every year,” says Executive Director Lynn Farrell. “It is a meaningful way for the legacy of a class, family, or loved one to live on while opening that door for a student every year to have a Catholic education and be a part of this amazing community.”

In addition to endowed scholarships, with the new Adopt-A-Student program, 100% of the gift goes to immediate tuition needs of students.

A complete story of each scholarship, along with photos, is available at [lourdesfoundation.org](http://lourdesfoundation.org) with information on the various ways to make a gift. Options are by check, IRA disbursement, donor advised funds, and stock donations. Significant tax savings can make one method more appealing,

**“Your generosity allows students like me to attend a life-changing school.”**

depending on individual circumstances. Executive Director Lynn Farrell is ready to help you start a scholarship or facilitate a smooth transfer of stock or funds.

Each scholarship has a personal story that speaks to the deep values of the donors. Each story is unique, with a central theme of a desire to help others. Here are the stories behind the 12 new scholarships that will be awarded this spring.

In addition to the financial aid scholarships, the Music Endowment impact is felt across the band, choir and theater

program. There are three college scholarships that seniors may apply for: the Anne and Tom Haddad Scholarship, the Irene H. and Dr. Lloyd M. Williams Memorial Scholarship, and the Daniel Paulson Memorial Scholarship.

The growth of the endowed scholarship program provides immediate help to students and, at the same time, impacts the long term strength of the Catholic education in Rochester. Students and families are thankful for every dollar invested over the last 40 plus years that is helping one of every five students at Lourdes High School today. The need is great as we look forward.

### NEW SCHOLARSHIPS AWARDED IN SPRING 2017

<b>THOMAS "MICHAEL" ARMSTEAD</b>	The Armstead's children attended St. Francis of Assisi Elementary School and Lourdes High School where Mike and his wife, Therese, were long-time volunteers. The family appreciates the great support of the Catholic community to Mike in his life journey. Mike passed away in January.
<b>CLASS OF 1991</b>	At their 25th reunion, Tufia Haddad invited her classmates to start a Class of 1991 scholarship saying, "I am grateful for the many blessings that my Catholic education has afforded me. In this spirit, I encourage you all to give back to our Lourdes family." Between a match challenge from Ryan Kerrigan and initial gifts from four other class leaders, they started with \$8,500. This scholarship grew to over \$20,000 in a few short weeks.
<b>CLASS OF 2016/ WILL CANAN</b>	Started by the Class of 2016 with fundraising efforts during their senior year, this scholarship is named in memory of their deceased classmate, Will. A match challenge of an anonymous donor, combined with gifts from the family and friends of Will Canan, helped the scholarship grow.
<b>MARY BETH DROESSLER MEMORIAL</b>	Steve and Sharon Kunkel named this scholarship to honor of Steve's sister, Mary Beth Droessler. The Kunkels value the Rochester Catholic Schools and want to give back to help others have a Catholic education that was also important to Mary Beth.
<b>ADAM ELLINGSON '15 MEMORIAL</b>	Following Adam's sudden death in January, Dave and Stacy Ellingson have chosen to create this scholarship with the memorial gifts of family and friends because of the positive impact the Rochester Catholic Schools have had on their family's life.
<b>PAUL E. AND JACKIE FEIND</b>	Paul's Catholic education was very important in his life, and this scholarship will help thank the Franciscan Sisters and the priests who taught him the values of life. Paul is a 1961 graduate who started the scholarship on the occasion of the one-year anniversary of his wife's passing.
<b>VINCE AND MARY HERRING FAMILY</b>	Family and friends started this scholarship in memory of Vince after he suddenly passed away on his 70th Birthday, Valentine's Day, 2013. "We wanted the memorials to go to something that would honor our values," explains Mary.
<b>MICHAEL AND MARY LOSE FAMILY</b>	As strong supporters of Catholic education, Mike and Mary established this scholarship in gratitude for the love, support, and education that their two children received while attending Lourdes High School. Through this scholarship, they want to give another student the opportunity for that same foundation.
<b>DOUG AND SUE LUEBBE FAMILY</b>	The Luebbes believe the Rochester Catholic Schools gave their children an excellent, well-rounded education and provided the foundation for successful college experiences and professional careers to follow.
<b>JEFF AND MICHON (ADAMSON) '86 SCHAEFER</b>	"We want to help others experience the gift of the Lourdes community that has surrounded our children and provided a strong base for college and life," says Michon, class of '86.
<b>RICHARD AND LEONA SMITH FAMILY</b>	To honor Dick and Lee's commitment to Catholic education, the Smith's seven children, along with family and friends, created this scholarship.
<b>THEOBALD FAMILY</b>	This scholarship was started by Isy Theobald who believes in Catholic education because, "you get religion and a great educational background all at once." She credits the success of her sons to their Lourdes High School education.



# RCS Tuition Aid Endowment Fund *Help make Catholic education affordable to all*

As you know, financing a Catholic education is a long-term commitment and often a challenge for families who desire this exceptional experience for their children. The Rochester Catholic Schools Tuition Aid Endowment Fund was started by an anonymous donor whose vision is to keep a Catholic education affordable for all.

Within weeks of this fund's inception, another donor with similar values and concerns joined their financial resources for a significant growth in the corpus of the Rochester Catholic Schools Tuition Aid Endowment Fund. Your gift to this fund will impact students from

middle income households in need of assistance to make Catholic education possible.

This fund is currently assisting seven students with significant financial aid awards that make their education in the 2016-2017 school year possible. It will help even more students in the 2017-18 school year, thanks to the gifts of generous donors.

Lourdes Foundation seeks to grow this fund through contributions of others who want to join in the vision of keeping a Catholic School education attainable for all. You can help keep Catholic education accessible and affordable!

## LOURDES FOUNDATION SCHOLARSHIPS

*More than 110 scholarships help students each year.*

### **\$100,000 and above**

Anonymous  
William and Caroline Adamson Family  
Margaret and Robert Conway  
Benny and Eloise Dresbach Memorial  
Lourdes Foundation  
Class of 1955  
Joe Mayer  
Premier Banks  
Mary and Gerald Price  
Rochester Catholic Schools  
Tuition Aid Endowment Fund  
Gary Vanselow Memorial

### **\$50,000 and above**

Deutsch Memorial  
Fr. Virgil S. Duellman Memorial  
Agnes and Ralph Nigon  
O'Brien Family  
Irene H. and Dr. Lloyd M. Williams Memorial  
Woodruff Memorial  
Ronald and Dianne Yanish Family

### **\$25,000 and above**

E. Elliott Briese Memorial  
Henry J. Bromelkamp Memorial  
Marc and Helen Carpenter  
Jim and Judy Daly  
Kevin Dee Memorial  
Hank Doran/Kenan Memorial  
Gene Eiden  
Paula Elder  
T. Emil and Dorothy Gauthier

Kapraun Family  
Gayle and Owen Korsmo  
Alice Nevenheim Langdon Memorial Scholarship  
Kenneth Steven Langdon Memorial  
Kenneth and Alice Langdon  
Jessica Murray Memorial  
James and Bunnie Powers  
Sisters of St. Francis

### **\$10,000 and above**

Tony Amato  
Thomas Michael Armstead  
Javon and Vita Bea Family  
Dan and Dorothy Bell  
Art and Maryann Birdseye Tribute  
Michael Birdseye Memorial  
Donald and Catherine Buske  
Gene Campbell  
William F. Canfield Memorial  
Michael Carroll Tribute  
Vince Cashman Memorial  
Class of 1953  
Class of 1954  
Class of 1959  
Class of 1960  
Class of 1961  
Class of 1964  
Class of 1965  
Class of 1969  
Class of 1991  
Class of 2014-Wyatt Currie Memorial  
Class of 2016-Will Canan  
Mary Beth Droessler Memorial

Adam J. Ellingson '15 Memorial  
Kathleen Erickson Memorial  
Paul E. and Jackie Feind  
Fellow Student Government  
Lawrence Ferguson Memorial  
Bob and Linda Gander Family  
Ronald and Helen Gathje Tribute  
Sister Jutta Gleichauf  
Nestor and Ruth Goblirsch  
Charles and Margaret Gray  
Anne and Tom Haddad  
Father James Hayden  
Vince and Mary Herring Family  
Hexum Family  
Jerry Hrabec  
Marilyn Becker Johnson  
Earl "Bill" '54 and Mary '53  
Kesler Family  
Peter and Darci Kopischke Family  
Kayla Koranda '13 Memorial  
Mary Lou Kriss Memorial  
Nick Kroska '68 Memorial  
Denise Kutzke Memorial  
Kvaternik Family  
Elda Dorsey and Geraldina Lawson Memorial  
William B. Leary Family  
Dean and Mary Lent Family  
Dee Libera Tribute  
Michael and Mary Lose Family  
Doug and Sue Luebke Family  
Teddi Ann (Hoffman) Maneth '59 Memorial  
Mayhood Family  
Robb McDonald Shakespearean

Tom Murphy '69 Memorial  
Fr. Paul E. Nelson '53  
Denny Nigon '64 Tribute  
Nonn Family  
Patricia O'Neill-Palmer and Norman E. Palmer  
Reverend Albert T. Perrizo Memorial  
Ralph Peterson Memorial  
Kenneth (KC) Reed  
Sister Katherine Reichert, CSC Memorial  
Rochester Area Knights of Columbus Tuition  
Nicholas "Nick" Roecker '13 Memorial  
Jeff and Michon (Adamson) '86 Schaefer  
James and Helen Sheehan Memorial  
Dick Sherman  
Richard and Leona Smith Family  
Dorothy and Kathleen Stewart Memorial  
Mary Stewart Scholarship  
Vernon and Marge Strauss Memorial  
Theobald Family  
Vanselow Family  
Walters Family  
Amy Jean Wentink Memorial  
Kathleen A. Wentink Krenz Memorial  
William P. and Jeanette Wentink Memorial  
James A. Wheelock Memorial  
Susanne Zeman Memorial

*Scholarships are listed by the amount of principal in each fund.*



# Academic Excellence

by Michael Brennan, Director of Rochester Catholic Schools

## Interactive Learning Prepares Students to Lead

The world into which our students enter after graduation is changing rapidly. Technology has made things possible that people couldn't have dreamed of 50, 25, or even 10 years ago; therefore, our curriculum and methods of instruction must adapt. Memorization, direct instruction, and lecture alone are quickly becoming insufficient. While providing a challenging academic curriculum, Lourdes High School (LHS) prepares students to be leaders in our ever-changing community and world.

With the advent of Destination Medical Center, the Rochester area is poised for significant growth in the next two decades. We want our Lourdes alumni to fill these jobs and strengthen our community and businesses. To prepare our students to thrive and lead in this exciting world, Rochester Catholic Schools leadership has been changing our course offerings to provide more flexible, project-based, and relevant learning opportunities.

Throughout the school year, our students are provided with authentic learning through hands-on interactive experiences. We find that this mode of learning inspires students to think outside the book, solve problems in resourceful and innovative ways, and collaborate with peers, teachers, and community members. Examples of recent interactive experiences are the entrepreneurial "Shark Tank" presentations to investors from the Rochester business sector by LHS business students, as well as mock trial and congress sessions presented by our law and government students. These experiences not only informed students of business and legislative processes, but they also invited them to genuinely interact with one another, integrating classroom content within the context of real-world situations.

Our science, engineering, technology and math (STEM) offerings also prepare students for the world in which they will enter after graduation. The addition of zSpace technology, a virtual reality learning system often used in graduate level medical courses, into our traditional anatomy and physiology class has provided students with an opportunity to virtually dive into the human body by using a 3-D computer.



Additional adaptations bring more computer applications and technology to our students. One such example is the all-girls coding competition called *Technovation*. Technovation pairs Lourdes students with female mentors from the area to design a mobile app for a community or world need. LHS is also redesigning a traditional classroom to become a creative space where students can engage in designing, developing, producing, and presenting solutions to meet the needs of people in our community, local businesses, and everyday problems.

It is our intention to encourage a purposeful direction within which our students will practice and master the skills acquired through education. Therefore, we ask our students to participate in retreat and pilgrimage experiences, as well as service learning opportunities based upon Catholic social teachings. Through a recent survey, we learned that our school community completes more than 4,000 hours of service each school year. Through this framework, we combine real-world preparation and a focus on growing in faith and service to benefit the greater good.

## Vanselow Scholarship Event a Great Success



More than 600 guests gathered at the 12th Annual Gary Vanselow Memorial Fish Fry to help raise \$13,000 for students in financial need at Rochester Catholic Schools. The evening featured a variety of raffle items and children's activities.

Proceeds go to the two Vanselow scholarships. The Gary Vanselow Memorial Scholarship has helped 20 Lourdes High School students and is one of the largest endowments with Lourdes Foundation today. The Vanselow Family Scholarship for elementary education was started in 2016 and is in its first year of providing assistance to a student. The event has raised a total of \$146,000 in tuition assistance since its inception. For information about Gary Vanselow and the history of the fish fry, go to [lourdesfoundation.org](http://lourdesfoundation.org)

### SAVE THE DATE!

The 13th Annual Gary Vanselow Memorial Fish Fry will be held  
March 16, 2018, at the Rochester International Event Center.



# A Foundation FOR OUR *Growing Community*

## How RCS Contributes to the Vitality of the Greater Rochester Area

by Trish Amundson

Since the inception of Catholic education in the city of Rochester, a strong, faith-based learning environment has provided students with a foundation that reaches beyond the classroom to the community. Rochester Catholic Schools (RCS) continues to inspire students to reach their full potential through academics, integrative technologies, and civic responsibility. RCS empowers its students to realize the impact their lives have on our community – current and future.

In the following “Q and A,” area leaders describe how RCS fits into the community’s growth, Destination Medical Center (DMC), Olmsted County’s expansion, the Journey to Growth initiative and state educational offerings. These individuals have prior or current connections with the school system and offer well-informed perspectives. They share how RCS is sowing seeds for the future and nurturing an exciting community vision for generations to come.



## CHOICE FOR EDUCATIONAL EXCELLENCE

**Jim Bier, Olmsted County Commissioner, DMC Corporation board member, and parent of three LHS graduates**

### In what ways is RCS important to the growth of Olmsted County and DMC?

We're going to be experiencing a tremendous influx of people in the next 20 years with DMC. As we continue to grow as a county, we need to continue to have choices. We have good public schools, but for those looking for another option — a great Catholic education — RCS fits the bill. Different people have different value systems. I believe the more choices we have, the better.

My family has strong ties to RCS. Our three children are LHS graduates and are very successful. In addition, my wife, Rita, is an alumna. She and her nine siblings, who grew up across the street from the new Lourdes High School, attended RCS.



*Jim Bier*

**Elaine J. Garry, President/CEO of People's Energy Cooperative, Co-Chair of the J2G Economic Committee, and parent of a LHS graduate**



*Elaine Garry*

### What is Journey to Growth (J2G), and how does it impact RCS?

J2G is a five-year regional study sponsored by Rochester Area Economic Development, Inc. and the Rochester Area Chamber of Commerce and their respective members. The purpose of the study is to grow and diversify the regional economy. It is a partnership aimed at engaging area communities, businesses and organizations to develop and promote a healthy, diverse economy where people choose to live and work.

### How is RCS recognized as an asset to the region?

Parents want good schools that offer a quality education for their children. It's one of the key components they look at when they decide where they will live and work. People like choice and that's exactly what RCS offers — along with a high-quality education.

## CULTURE OF INNOVATION AND DIVERSITY

**Jim Rogers – Chair, Mayo Clinic Department of Business Development, Lourdes Foundation board member, and RCS parent**

### As a parent, how do you feel RCS helps prepare students for innovation, technology and diversity?

In my work life, I am focused on innovation and technology. At RCS, there is a strong focus on providing opportunities in innovation and technology both in the schools and through the partnership RCS has with local companies. RCS teaches respect for people of all backgrounds and ethnicities. There is a focus on human dignity and that all people deserve respect and compassion.

### Why is this important?

Our strength as a community and a country lies in our diversity. Our future lies in ensuring that we continue to be innovative, and certainly this requires that our students understand technology as a matter of necessity for meaningful employment.

I've had three daughters attend St. Francis of Assisi School. One has graduated and the other two currently attend LHS. They have been very well prepared for life and for college. All have had an excellent, well-rounded experience in faith, academics and extracurricular activities.



*Jim Rogers and family*

## CULTURE OF INNOVATION AND DIVERSITY (continued)



**Mary Welder – DMC Economic Development Agency’s Communications and Community Relations Director and mentor for Technovation, an entrepreneurial program for young women that promotes involvement in technology**

### How are you heightening awareness about opportunities in technology with students at LHS?

I am currently working with a group of students from LHS on an “app project.” The work that they’re focused on is creating an application for electronic devices — but it’s more than that. They’re creating an end-to-end innovative solution, from the business plan and the product creation to the marketing. It’s fascinating to see how they are applying skills at the level of a real-world setting.

### Why is innovative programming so important in the schools, and how does it help fuel the future pipeline of the workforce as a part of the DMC vision?

The Technovation project brings young women together

*TECHNOVATION is an opportunity for freshman students Kristen Watkins and Mary Wright to interact with professionals Patty Clancy, IBM, and Mary Welder.*

at a global scale to transform the world by creating solutions for communities. It’s important to DMC because we have a highly innovative community with a global reach. It’s very important to continue to fuel the pipeline for growth with innovative talent.

We want young people to recognize the opportunities are here in our community.

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## SUPPORTIVE, FAITH-BASED ENVIRONMENT

**Rep. Nels T. Pierson, Minnesota State House of Representatives, and parent of three RCS students**

### In what ways is RCS important to the educational mission of the state?

Working with the public schools to continue to provide special state-mandated services allows parents the opportunities to choose education options that fit their values, while still providing efficient and comprehensive education to all students.

### How does RCS help form the foundation for welcoming and inclusive communities in Minnesota?

When our adopted son was transitioning to mainstream classrooms, we made the choice to enroll him in St. John the Evangelist/ St. Pius X School. We felt the care and support of the St. John community. The students have been so loving and, in fact, elected him as a class representative to the student council. That support has been meaningful to my whole family.

When I watch the children who have gone to RCS interact throughout the community, I am always proud of their behavior and involvement in their community and in the world.



*Nels Pierson and family*



# Gifts

Your gifts help students in financial need attend Rochester Catholic Schools. Thank you to all who made a donation to Lourdes Foundation during the calendar year January 1, 2016 - December 31, 2016.

## **\$50,000 and above**

William and Caroline Adamson

## **\$10,000 to \$49,999**

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Javon and Vita Bea Family Foundation

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Sharon Manahan



*The drumline in their practice attire.*

## **\$5,000 to \$9,999**

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Tom Daly

Ryan and Erin Kerrigan

Michelle Marsh

Gerry and Mary Anne Nonn

Henry Poterucha

Joseph Remick

## **\$2,500 to \$4,999**

Anonymous (3)

Class of 2017



*Maureen Lawson and Julie Galkowski at the Annual Meeting.*

### Gifts (continued)

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Davies Printing  
Bernice Dee



Stacy (Sievers) Paulson '91, Mark Hennessey '89, and Jolene (Amundson) Becher '91 at the Sports Hall of Fame.

Mark and Catherine Dienhart  
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Lynn Farrell  
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Phyllis Crowley  
Rita Cunningham  
Steve Dalton  
David and Karen Daniels  
John and Jill Dilger  
Diana Douglas  
Joseph and Lindsey Duda  
William and Nancy Dvorak



Mark Murphy '67 and Bernie Nigon '67 prepare for their 50th Class Reunion at the Lourdes Foundation office.

Greg and Diane Eichten  
Gene and Fran Eiden  
Charles and Marlys Elliott  
Joseph Endrizzi  
Janine Richey Freeman  
Tim Frojd  
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and Michael Lee  
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Matthew and Kristen Hanzel  
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Jerry and Carol Hess  
Robert Hollenhorst  
Lyle and Judy Jacobs



No matter the season,  
may God's goodness bless you  
as your goodness blesses us !

## New special gift offer!

The *Aquila* is your way to stay connected with the Lourdes community! Lourdes Foundation news and articles about current students and alumni fill the pages of this publication.

**We need your help to support the *Aquila*.** Please consider making a gift of \$30 to support this publication.

In appreciation of gifts of \$55 or more, **you will receive a 5x7 metallic print photo of the stained glass "Seasons of Life" from the chapel of Lourdes High School.** The stained glass was a gift to Lourdes from the Franciscan Sisters. The original panels were carefully removed from the Tau Center at the College of St. Teresa in Winona. The architects worked it into the design of the chapel at the new school. This special gift print comes complete in a linen/cardboard stand and includes a prayer written especially for the Lourdes community by **Sisters Jutta Gleichauf and Therese Jilk, OSF.**

Thank you for your contributions and support!



## DID YOU GRADUATE from Lourdes High School before 1965?

Alumni, parents, or friends of Lourdes may want to consider using a direct withdrawal from their IRA to Lourdes Foundation as a gift in 2017. A direct contribution can be counted toward any required minimum distributions for the calendar year and can provide tax savings, as the amount (up to \$100,000) will be excluded from your gross income. We encourage you to consult with your accountant or wealth advisor for a thorough review of options and opportunities as part of a well-balanced estate plan.

Your gifts to Lourdes Foundation will further our mission to support Rochester Catholic Schools. You may designate your gift to the greatest need or a specific endowed scholarship.

### Legacy Society

The Legacy Society is composed of over 120 individuals who have included Lourdes Foundation in their will or estate plans. Lourdes Foundation is grateful for the generosity and foresight of these individuals who have chosen to leave a legacy to Catholic education.

*The Legacy Society was formerly called the Round Table.*

### Contact Us

If you have any questions about leaving a bequest to Lourdes Foundation, please contact Lynn Farrell, Executive Director, at 507-289-2584. If you have been so generous as to include the Lourdes Foundation as part of your estate plan, please take the time to let us know. We would like to recognize you for your generosity and ensure that your gift is designated as you intend.



# Class Reunions!

The most up-to-date reunion information is at [lourdesfoundation.org/alumni/class-reunions](http://lourdesfoundation.org/alumni/class-reunions). To post reunion information and registration, contact Heidi at [hcafarella@lfimn.org](mailto:hcafarella@lfimn.org)

## 1952 – 65TH

**Date to be determined.** Watch the website for more information. Contacts: Roger and Marlys Toogood at [rtoogood@msn.com](mailto:rtoogood@msn.com) or 651-484-2340

## 1955 – 62 1/2 Year

**September 22 - 24, 2017** (Homecoming and Sports Hall of Fame Weekend)

Contact: Bill Towey at [billtowey@remax.net](mailto:billtowey@remax.net) or 507-254-5593

## 1962 – 55th

**August 25-26, 2017** Contacts: Dave Brennan at [dpbrennan@stthomas.edu](mailto:dpbrennan@stthomas.edu), Colleen Hess at 507-288-0339 or Kathy Miller Payne at [kcm81244@msn.com](mailto:kcm81244@msn.com)

## 1967 – 50th

**September 30 - October 1, 2017** Contact: Bernie Nigon at [bernard.nigon@gmail.com](mailto:bernard.nigon@gmail.com), Michael Ellstrom at [ellstrommichael@gmail.com](mailto:ellstrommichael@gmail.com) or Paulette (Kearns) Wojchik at [pokes1013@gmail.com](mailto:pokes1013@gmail.com)

## 1972 – 45th

**Plans for a late summer reunion.** Watch the website for more information.

Contact: KC Reed at [kcreed74@charter.net](mailto:kcreed74@charter.net) or 507-259-7003

## 1977 – 40th

**September 22 - 24, 2017** (Homecoming and Sports Hall of Fame Weekend)

**Planning committee members needed.** Watch the website for more information.

Contact: Barb Jensen at [barbjensenmn@aol.com](mailto:barbjensenmn@aol.com).

## 1982 – 35TH

**October 7, 2017** Contact: Heather (McKinnon) Fitzgerald at [hfitzgerald@mybwbank.com](mailto:hfitzgerald@mybwbank.com) or 218-349-4211

## 1992 – 25th

**August 2017** Contact: Kevin Ernste at [kevinernste@cornell.edu](mailto:kevinernste@cornell.edu) or [www.facebook.com/groups/lourdesclassof92/](http://www.facebook.com/groups/lourdesclassof92/)



1966 – 50th



## Missing Alumni

*If you can help locate these missing alumni from the Class of 1967, please notify Heidi at [hcafarella@lfimn.org](mailto:hcafarella@lfimn.org):*

Sharon (Curry) Boulder, Mary Ann Fabian, Kelly Kruger, Johanna Werner – *German foreign exchange student*, Becky Fritz, Joan Orke, Catherine Blake, Rita Fritsch, Christopher Halling, John Manning, Bridget Norton



1946 – 70th



1961 – 55th



1976 – 40th



1986 – 30th



1991 – 25th



1996 – 20th



2006 – 10th



# Sports Hall of Fame

SEPTEMBER 25, 2016

The tenth year of the Lourdes High School Sports Hall of Fame ceremony drew one of the largest crowds in history with over 350 guests. One regular attendee commented, “I don’t know how it can get better every year when it is already great. But, somehow it does.”

“God, in His infinite wisdom, placed me in the right place at the right time.”

– Meg (Horan) Sullivan



The Sports Hall of Fame is remarkable for the speeches by the athletes who look back at the lessons they learned during their time at Lourdes and how that influenced the trajectory of their lives. **Meg (Horan) Sullivan '74** held the #1 singles position on the boys tennis team before Title IX. She shared that Coach Dick Sherman’s introspective questions helped her learn more about herself. “God, in His infinite wisdom, placed me in the right place at the right time,” said Meg. During her speech, Meg and her brother, **Tim Horan '66**, made a gift to the Dick Sherman Scholarship in appreciation of her late coach.



Jenny (Shaughnessy) Ferris '05 along with her parents, Dr. Bill and Heidi Shaughnessy.

**Jenny (Shaughnessy) Ferris '05** is one of the youngest athletes ever to be inducted. She thanked her parents, who also met in a swimming pool, the same place Jenny met her husband. As part of the original co-op swim program with John Marshall, Jenny went on to lead the University of Minnesota Women’s Swim Team to a national title.

**Dan Gray '81** applauded his wonderful parents who “bleed purple and gold” and went on to say how blessed he was “to have such a great family at home and at Lourdes.” Dan said the foundation of how he has tried to live his life is based on the values learned in football from Coach Joe Mayer: “discipline, hard work, positive attitude and respect for others.”



**Joe Weis '50**, a leader in athletics in high school and the Rochester community today, explained that the 1947 football team included several players who had served in World War II and returned to finish their senior year. Joe set a school record on the first track team for the 880-yard dash that stood for several years. The young Gene Wentz was the coach. Joe added with a smile, “almost everyone set a school record that year since it was the first year of track.”



Dan Galkowski '17 introduces Joe Weis '50 at the event.

## Coach Dave Jewison

dedicated his life to Lourdes and was inducted in his first official year of retirement. Dan Gray cited Jewison as a coach who “taught us how to be solid Christian men.” The sons of Coach Jewison, **David '97**, **Michael '01**, and **Pat '03**, have started a scholarship to honor their father’s 44 years of teaching and coaching.

Dan Gray cited Jewison as a coach who “taught us how to be solid Christian men.”



Jim and Theresa '77 Peterson and family accept the award for the late Ralph Peterson.

The late Coach **Ralph Peterson** began his coaching career at Lourdes in 1951 and his players still feel the positive influence he had today. His son, Jim

Coach Dave Jewison and Dan Gray '81 with the Football Team Championship Trophy from 1980.



The Girls Basketball Teams of 1989 through 1992 were honored with Coaches Myron Glass and Mike Carroll.

Mark Even accepts the Gene Eiden Award.



The 1964 State Championship Football Team is honored.

Peterson, graciously accepted the award with a speech that brought guests to tears.

**Mark Even** was honored with The Gene Eiden Award for years of volunteer service as the football announcer and co-founder of the Sports Hall of Fame. The **Sivly** twins, **Shawn and Seann**, flew in from Washington to join teammates as the

**Girls Basketball Teams of 1989-1992** were honored. The **1964 State Championship Football Team** reunited with players flying in from across the USA and special guest Dr. Paul Morgan from Canada.

The funds raised at this event are designated toward the new Sports Hall of Fame recognition wall, projected to be ready this fall.



Save  
THE  
Date!

## 2017 Lourdes High School Sports Hall of Fame

Sunday, September 24  
Rochester International Event Center

### Inductees

Brian Kelly '71  
Tim Kelley '74  
Ben Garry '97  
Marylee (Libera) Horstmann '82  
Russ Higgins '95  
Rachel (Horgen) Ties '97

### Honored Teams

2000-2005 Varsity  
Boys Golf Teams

### Gene Eiden Award

Dr. Michael Stuart

Check [lourdesfoundation.org](http://lourdesfoundation.org) in early summer for more information.

## Invitation to Nominate

Would you like to nominate an athlete, coach, or team for a future Lourdes High School Sports Hall of Fame?

For criteria and nomination forms visit [lourdesfoundation.org](http://lourdesfoundation.org)



# A Legacy of Building Character

**M**arv Peters' legacy is on pretty solid ground: a 44-year career at Lourdes High School (LHS) as teacher, football coach and athletic director, and an impressive number of state tournament appearances and championships – 45 state titles in the Minnesota State High School League – while he has been at the helm. He came to LHS from Mankato in 1973, fresh out of college and newly married to his wife, Annette. Marv thought he would spend a few years at his first job and survey his options. "Then every year August would roll around, and football would start again. There's nothing like Friday nights during football season." And a few years turned in forty-four. We asked him to look back at his exemplary career, and at many of the programs he helped create. We found him at work in the athletic director's office, his desk covered with materials from the Lourdes athletic teams, organizing the master sports calendar for the next school year.

Since Marv Peters became athletic director in the spring of 1974 at the tender age of twenty-two, Lourdes High School has become a well-respected athletic powerhouse in southeastern Minnesota. As the demands on the school facilities increased, Marv was led to develop relationships within the community, trying to find city parks and public school athletic facilities for use by Lourdes athletes. He is deservedly proud of all that the school athletes and coaches have been able to accomplish despite a lack of green space at the downtown campus. Under Marv's leadership, Lourdes was one of the first schools in Minnesota to commit to expanding athletic opportunities for female students. He is quick to share credit with Dick Sherman and Myron Glass for getting the girls' sports programs started in 1975. By 1978, Lourdes had joined the Minnesota State High School League, and the Lourdes girls' tennis team won the school's first tennis championship.

When asked about the success of Lourdes athletic programs, Marv credits his coaches, some of whom (Myron Glass, **Tom Murphy '69**, **Denny Nigon '64**, **Chris Miller '76**, Sara Groven, **Mike Carroll '69**, Kevin Rust and Doug Hudson) worked with him for decades. He says that his relationship with the coaches and players will be the hardest thing to leave behind when he retires. Lourdes has benefitted from the long-term dedication of its coaches because of the reliable support and leadership from its venerable athletic director. Mr. Peters says he asked two things of Lourdes coaches: that their teams show improvement during the season, and that the kids have fun. He doesn't believe in taking himself, or the outcomes of high school sports contests, too seriously. What he does take seriously is the impact that the coaches and the team culture can have on individual players. For Marv, high school sports are all about the learning experience. That goes for his coaches, too. He feels it is important for coaches to learn from the kids and to adapt throughout their careers.



---

*"I've been going to high school my whole life. The kids keep you young."*

---

Putting aside the impressive rows of state tournament championship banners, it may be the four-decade long culture of sportsmanship and integrity that proves to be Marv Peters' greatest achievement. His career at Lourdes has not been just about sporting success. It's been about developing students and athletes of character. When asked about Marv's legacy, Lourdes Sports Hall of Famer **Tom Wente '74** said, "He was always an enthusiastic LHS supporter, but he always showed respect for the opponent and their fans. For Marv, sportsmanship came first, while being a LHS fan was a close second. As a result of the way Marv handled himself at sporting events, Marv and LHS earned a great deal of respect in the state."

Mr. Peters won't necessarily miss the long school days, opening the doors at 7 a.m., closing down the gym at 10 p.m. He's quick to say that he has fully enjoyed his time at Lourdes. Asked what he will miss most, he quickly replies, "The people. I've been going to high school my whole life. The kids keep you young."

# SPORTS Updates /

by students \*Elise Berning '17, \*Theresa Eckel '17, Melissa Pirko '17, Julia Buntrock '19, Hannah Wendorff '18, Christine Farnberg '19, Christopher Kane '19 and Oliver Dilger '18. \*Student Editors

## FALL



**Volleyball** Seniors and captains during the 2016 season included **Alison Kielty '17** and **Megan Hobday '17**; **Nicole Seymour '18** was the junior captain. The team's overall record was 14-9-0 for the season

and was coached by Ryan Freidhoff. Next year's captains will be current juniors **Elizabeth Hannan**, **Eleanor Plager**, **Nicole Seymour**, and **Brooke Younger**.

**Girls Soccer** The 2016 season was arguably one of the best runs in years. Coached by Sarah Groven and lead by captains **Madison Berg '17** and **Katie Kooistra '17**, the team earned the title of Conference Champions. In addition to the captains, senior team members were **Elise Berning**, **Claire Creedon**, **Theresa Eckel**, **Rebecca Handley**, **Brooke Hansen**, **Alayna Johnson**, **Erin Leary**, **Mia Magnotto**, and **Julia Welper**. Coach Groven says that she has loved working with the seniors and is so glad that, "soccer has brought us all together."



**Boys Soccer** Helped by the large senior class and captained by **Dany Berbari**, **Tiernan Talbot**, and **Matt Hebl**, the team dominated the section for most of the season. There was a particularly satisfying 4-0 win over rival team Byron. Despite a bitter loss at sections, the team shows a lot of promise for next season. In addition to the captains, senior participants included **Noah Morris**, **Mitchell Allen**, **Will Tauferner**, **Sam Dahlberg**, **Dawson Buss**, and **Connor Betzing**.

**Cross Country** Cross country had a successful year, with girls and boys taking third and fourth, respectively, in the Hiawatha Valley League. **Laurn Renier '20** qualified for state and set the Lourdes Girls' 5k record with a time of 20:01. All conference runners included **Renier**, **Nick Houfek '19** and **Marissa Houfek '21**. The coaches were Katie Stinson and Jovan Kristo. The boys' captains were **Dominic Sieve '17**, **David Bauer '18**, **Ryan Schaefer '18**, and **Peter Monk '18**. The girls' captains were **Rylee Tjossem '18**, **Laurn Renier '20**, and **Meg Degen '20**.

**Girls Tennis** For the 21st year in a row, team made it to the State Tournament! **Ellen Gorman '17** and **Sydney Allison '17** placed second in doubles at sections and won the consolation bracket at state. In addition, **Clare Palen '19** and **Natalie Allison '19** took first in doubles at section. Senior captains were **Gorman**, **Allison**, and **Anna Clayton '17**.

**Cheerleading** Seniors **Grace Bigler**, **Rebecca Schmall**, **Amanda Pardi**, **Sydney Allison**, **Noelle Brown**, and **Alisa Becker-Dunn** led the team at the Football State Championship in the new US Bank Stadium.

**Girls Swim and Dive** Coached by Paul Bachman, the John Marshall/Lourdes Girls Swim and Dive team had yet another successful season. Seniors **Orla McCullagh** and **Alisa Becker-Dunn** represented the Lourdes Eagles on Junior Varsity.



**Football** Another championship season for the Lourdes Eagles! This year, seniors **Carter Greguson**, **Noah Hillman**, **Chol Angok**, **Ben Timmerman**, **Matthew Schliesman**, **Kenneth Fox**, **Brenden Trahan**, **Matthew Ustby**, **Kolton Mullenbach**, **Jonathan Gangl**, **Nate Fitzgerald**, **Sean Salz**, **Edward Caples**, and **Aaron Stanek** led the Lourdes Football Team to win the Class AAA State Championship against St. Croix Lutheran at the new US Bank Stadium in Minneapolis. It was truly an unforgettable season for these young men!

## WINTER

**Boys Hockey** Dominated by a large number of outgoing seniors **Duell Buck**, **Sean Salz**, **Montana Streit**, **Joe Macken**, **Collin Williams**, **Will Pittner**, **Tucker Chapman**, **Edward Caples**, **Adam Renn**, **Logan Olson**, **Colin Halleland**, **Stephen Benner**, and **Sam Grubbs**, the Lourdes Boys Hockey team achieved a regular season record of 16-10 under the leadership of Coach Josh Spaniol.

**Girls Hockey** John Marshall/Lourdes Girls Hockey team was coached by Bob Montrose and later Jeff Lucey, and assisted by Hannah Nelson. Lourdes seniors include **Brooklyn Birdseye** (captain) and **Renee Saltness**. Saltness, all-conference player and one of the top three goal-scorers in the state, will be playing college hockey next year for Quinnipiac University's Division I hockey program. The team's overall record was 15-9-1, and they have been Big Nine Conference Champions for the last three years.

**Nordic Ski** Dave Herbert is the head coach of the Boys and Girls Nordic Ski team. Skiers in grades seven through high school comprise the Rochester team. Members from Lourdes include **Rylee Tjossem '18** on the girls' team, and juniors



## Sports Update *(continued)*

**David Bauer, Ryan Schaefer, and Steven Cinto-Cuenca** on the boys'. The team races four to five times per season.

**Figure Skating** Led by senior **Madelaine Hugo**, the Lourdes Figure Skating Team had a record high participation this season. The six members, all receiving varsity letter awards, include **Ella Daniels '18**, **Tina Farnberg '19**, **Brigid Hugo '20**, and **Victoria Kulack '20**. The team, through the Rochester Figure Skating Club, was coached by Lori Brakke, Vikki Dahlquist, Mandy Wagner, Jamie Santee and Olga Wheeler.



**Girls Basketball** Coached by Aaron Berg and assisted by Stacy Paulson, the team had an incredibly successful season making it to the State Tournament. Senior captains are **Madison Berg**, **Megan Hobday**, and **Grace Rogers**. Leading scorers for the team include **Hobday**, **Wynter Bergner '18** and **Alyssa Ustby '20**.

**Boys Basketball** Coached by Jim Daly and Chris Bowron, the program had yet another successful season. Finishing the regular season with a 17-7 record, the team's notable wins include victories over Goodhue, Pine Island, and Bloomington Kennedy. The team was led by seniors **Carter Greguson**, **Noah Hillman**, and **Daniel Galkowski**. Other senior players were: **Tucker Besch**, **Matthew Ustby**, **Patrick Dearani**, **Dominic Sieve**, and **Sam Hanson**.

**Boys Swim and Dive** The John Marshall/Lourdes Swim and Dive Team has been doing great so far, lead by seniors **Tim Boyce** and **John Paul Becker**. Becker won two events at the Big 9 Conference for the second year. He won the 200 individual medley and switched his event from the 100 freestyle to the 100 breaststroke, winning by 2.5 seconds. JML scored 5th at the Big Nine Conference, with 218 points.

**Wrestling** **Nate Fitzgerald '17** is Lourdes' only wrestler, but is well known for his accomplishments and win-loss record of 22-14.

## SPRING

**Track and Field** Head coach Jerome Garry says he is looking forward to another successful season. Returning senior girls are **Alison Kilty**, **Erin Leary**, and **Yuhan Tao**. Returning senior boys include **Chol Angok**, **Nicholas Plutowski**, **Tucker Besch**, **Nate Fitzgerald**, **Daniel Galkowski**, **Noah Hillman**, **Brenden Trahan**, **Dany Berbari**, and **Dominic Sieve**.

**Boys Lacrosse** Coached by Bryan Frischmann, the John Marshall/Lourdes Boys Lacrosse team is anxiously awaiting the spring season. Achieving a 7-7 record in the 2016, seniors **Collin Williams** and **Adam Renn** are looking to continue the Lourdes tradition of excellence on the field.

**Girls Lacrosse** Breanna Bly, assisted by Maggie Olstad and Joe Arendt, will coach the John Marshall/Lourdes Girls Lacrosse

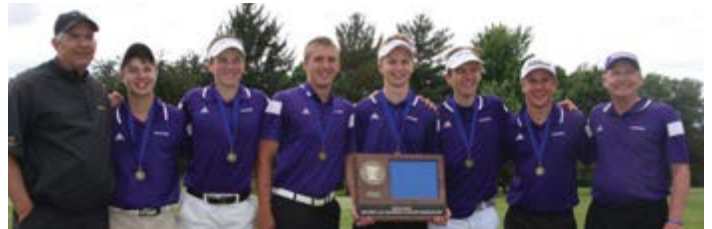
team in the upcoming 2017 season. Seniors from Lourdes include **Brandi Augeson** (captain) and **Madelaine Hugo**; **Clare Brunn '18** is also a captain. A few goals for the spring season include further developing the players' understanding of the sport and strengthening their skills. The team also volunteers and helps others in our community throughout the season.

**Boys Baseball** After finishing with an 11-9 record from last year, the 2017 team has high hopes for a great season. Early morning practices have been held to help prepare the team for the season ahead. The team is coached by Dan Herold and assisted by Matt Herold and Dave Jenson. Senior captains are **Sam Hanson**, **Joe Macken**, and **Carter Greguson**.

**Girls Softball** Last year, the team had a great season ending with a 13-7 record! **Grace Rogers '17**, **Abbey Gapinski '18**, and **Eleanor Plager '18** were named All-Conference.



Also, many were named All Academic at the Gold Level, including **Grace Rogers '17**, **Eleanor Plager '18**, **Clara Radloff '18**, **Claire Creighton '19**, **Ashley Krom '19**, **Margaret Rogers '19**, **Sonya Schroeder '19**, **Anna Taylor '19** and **Katie Virgin '19**. They are looking forward to a great 2017 season!



**Boys Golf** There are high hopes for the continued success of the boys program. The team is coming off an excellent 2016 season, which ended with Lourdes qualifying for the State Tournament. Captained by **John Paul Becker '17** and **Luke Alexander '19**, and helped along by a rich and talented younger group of golfers, the outlook is good for the upcoming season. Senior participants include **Stephen Benner**, **Patrick Dearani**, and **Charlie Hanzel**.

**Girls Golf** Coached by Tracy Reilly, the team is looking forward to another successful season. **Mathia Jacobson '17** is the only returning senior for the team. After having only four participants in Sections last year, the team is hoping to bring along more players for the spring. Other players include **Josie Hansen '18**, **Wynter Bergner '18**, **Natalie Allison '19**, and **Madeline Dilger '19**.

**Boys Tennis** Captained by seniors **Peter Erickson** and **Noah Morris**, the team is hoping to make another appearance at the State Tournament this season. Last year, **Erickson** and **Skylar Lopez-Kohler '16** took 4th at state and **Justin Bobo '21** was a participant in the singles tournament. Senior participants for the 2017 season include **Peter Stupca**, **Connor Betzing**, and **Dany Berbari**.



# FINE ARTS Updates

## Drumline Shines at World Championships

*by Caroline Handley '17*

The Rochester Lourdes Drumline earned 15th Place in the WGI World Championships in Dayton, Ohio! The group competed in the Independent A division with their program, "Go With the Flow!" This was the drumline's fifteenth season of competing in the Minnesota Percussion Association competitions and seventh season in WGI competitions. This year, the Lourdes ensemble was excited to welcome additional students from surrounding Rochester area high schools to participate in this unique experience. LHS seniors were **Josh Bestgen, Erica Dettinger, Caroline Handley, Katie Kooistra, Bachtri Nguyen, Nick Plutowski, and Elizabeth Wright**. Staff included Lee Krueger and Val Vogt. The Rochester Lourdes Drumline is very thankful for all of the support it has received!



## Art Supports Campus Ministry

*by Elise Berning '17*

Mrs. Rita Hendrickson, director of Lourdes Campus Ministry, stated, "the Art Department has been assisting the Campus Ministry department with inspirational quotes, pictures, and designs to make a prominent statement" regarding our Catholic faith and Franciscan heritage. This year, many senior students have participated in projects that highlight prominent saints and feast days that were displayed throughout the school. **Rebecca Handley '17** lent her artistic abilities to create a depiction of Our Lady of Lourdes that was displayed on cards available to the entire school. To honor the canonization of Mother Teresa, **Grace Bigler '17** recreated the beloved saint's iconic blue and white habit. LeRoy Schreifels, grandfather of **Elise Berning '17**, handcrafted a life-size version of the Kairos cross, which will be displayed in the school, as well as used for the retreats. For the spring of 2017, the life of Oscar Romero has been the primary display in the Lourdes foyer.

## One Act Play Goes to State

*by Theresa Eckel '17*

Lights, camera, action! For the first time in Lourdes history, this year's performance,

"The Waiting Room," had the opportunity to go to the state One Act Play competition! The cast placed first in both the subsection and section tournaments, and **Laura Nation '17, Brady Morris '17, and Timothy Techentin '18** were recognized as "best in show" at the Hiawatha Valley League (HVL) Competition. These achievements made Lourdes the only school at the HVL Competition to have more than two people recognized for their talents in acting. Senior cast members include: **Laura Nation, Brady Morris, Jack Sperry, Alayna Johnson, and Caitlyn Salinas**. Bravo, One Act!





# Peace & Sympathy

## We Will Remember

Please remember in your prayers deceased alumni, friends and their families.

<i>Alice Adamson</i>	<i>Christopher Healy</i>	<i>Eileen Rossman O'Brien '41</i>
<i>James Alker</i>	<i>Lorette Hentges '34</i>	<i>Sue Anne Paddock '73</i>
<i>Thomas Michael Armstead</i>	<i>Margaret (Befort) Hoffman '52</i>	<i>Marlene (Waters) Piens '55</i>
<i>Linda (Muyres) Becker '65</i>	<i>Cynthia (Carter) Kalcevic '67</i>	<i>Marie Plemling '51</i>
<i>Robert Bendickson '62</i>	<i>Margaret 'Peg' Kenan '59</i>	<i>Cynthia Reed</i>
<i>David D. Campbell '67</i>	<i>Earl William 'Bill' Kesler '54</i>	<i>Marcie Reinhart</i>
<i>William F. Carr</i>	<i>Donald J. Kirckof '82</i>	<i>Phyllis (Haggerty) Riley '40</i>
<i>Ann Elizabeth Carroll '50</i>	<i>Angela Kroska</i>	<i>Kathryn (Kennedy) Roeder '48</i>
<i>Agnes 'Eileen' Caulfield '42</i>	<i>Mary (Angelici) Kuisle '75</i>	<i>Steven W. Roth '79</i>
<i>Rachel B. Collins</i>	<i>Carol (Coggins) Kunath '61</i>	<i>Mary (Hrdlicka) Salsman '48</i>
<i>Father Donald F. Connelly '50</i>	<i>Father Donald Leary</i>	<i>Viola F. Schuchart</i>
<i>James Cox</i>	<i>Bernard 'Bud' Leitzen</i>	<i>Martha M. Towey '63</i>
<i>Dale Crowley '54</i>	<i>Richard V. Macken '36</i>	<i>Elizabeth 'Betty' Voss</i>
<i>Brian W. Daly '79</i>	<i>Bernard J. Majerus '55</i>	<i>Mary (Lipscomb) Week '66</i>
<i>Linda Marie Dee '69</i>	<i>Deacon Richard 'Dick' Mangen</i>	<i>Elaine (Daly) Went</i>
<i>Walter Dilworth '55</i>	<i>Matthew McConnell '49</i>	<i>Margaret 'Peg' Went</i>
<i>Adam J. Ellingson '15</i>	<i>Bethany Jo Muellner</i>	<i>Lavone 'Bonnie' Wheelock</i>
<i>Kevin Gossman</i>	<i>Father Paul E. Nelson '53</i>	<i>Evelyn R. Yanish</i>
<i>Robert Grabko '48</i>	<i>Dr. Gary Noser</i>	<i>Paul Yochum '64</i>
<i>Shirley E. Graham</i>	<i>Kenneth Noser</i>	<i>Loris Younger</i>
<i>Rande (Gibbons) Griffin '65</i>		

Every effort is made to publish an accurate memorial list of deaths since the last Aquila March, 2016 – 2017. If you would like to inform the Lourdes Foundation of a death, please call 507-289-2584 or email [lourdesfoundation@lfmn.org](mailto:lourdesfoundation@lfmn.org)

## Lourdes Foundation Memorial & Tribute Gifts

Thank you for your gifts to remember and honor the special people in your life.



Lourdes Foundation is grateful to the individuals and organizations who gave a gift in memory or honor of a loved one. The following is a list of memorial and tribute gifts made March 2016-17.

**To make a gift in memory or honor of a loved one**, please use the envelope provided in this issue of the Aquila. Indicate on the envelope and memo of your check that you are making a gift in

memory or honor of someone and their name.

If you have made a memorial or tribute gift that is not included in this list, please contact us and we will publish an acknowledgement in the next issue.

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### Matthew '14, Andrew '16, and Peter '19 Walther

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# GROUNDING IN FRANCISCAN VALUES

Catholic education began in Rochester when 23 Franciscan Sisters arrived from Joliet, Illinois, in 1877 and opened the Academy of Our Lady of Lourdes for over 200 girls. Their work in education spread across southern Minnesota and to other parts of the USA. In 1894, they moved into post-secondary education and established the College of St. Teresa in Winona. Mission work has spread to such faraway places as Peru, Cambodia, and Bogotá, Colombia.

“Education was the primary ministry of the Sisters. We educated the poorest of the poor in Catholic schools,” says **Sister Marilyn Geiger**, Congregational Minister/President of the Rochester Franciscans. “The students were educated to carry on the Catholic and Franciscan identity.”

Although the Franciscan Sisters were originally a teaching order in Rochester, their work in health care came after the devastating tornado of 1883, when Dr. William W. Mayo asked Mother Alfred for help in caring for the wounded. Mother Alfred Moe saw a need for a permanent hospital, and with her persistence, Dr. Mayo agreed to serve as director. The Sisters owned, operated, and administered Saint Marys Hospital until 1986, when it merged to form a single trusteeship for health with Mayo Clinic and Rochester Methodist Hospital.

The work of the Franciscans is very much alive in the Mayo Clinic today. “Mayo leadership asked the Franciscans to form an entity whose charge it would be to promote the Mayo Franciscan values and maintain the Catholic identity of Saint Marys Hospital,” explains **Sr. Tierney Trueman**, coordinator of the Mayo Clinic Values Council. “This extends far beyond the walls of Saint Marys; it is enterprise wide.” In February, 2017, the WCCO Radio Good Neighbor recognition went to the Sisters of St. Francis. They stated, “At Mayo Clinic, the Sisters of St. Francis have left a lasting legacy through the Franciscan values of respect, integrity, compassion and healing, which form the bedrock of care for all patients who walk through Mayo’s doors.”

At Lourdes High School that Franciscan heritage lives in the emphasis of respect for all persons and stewardship for all of God’s creation. The long-term influence of these values is evident in the students who have gone on to become lay leaders today.

**Tim Marx ’75**, CEO, Catholic Charities of Saint Paul and Minneapolis, gives credit to his career path today as having been influenced by the Sisters. “My first job was at Assisi Heights, where I mowed lawn, cleaned, and washed dishes under the supervision of **Sr. Mary Carroll**.” Tim shared a story about when he was cleaning a window and, perhaps in a hurry, missed some



# ...striving for **justice** and **reverence** for all creation.

dust in the corner. The supervising Sister said, “Tim, remember that quality work takes time.” He remembers and uses that quote in his daily life today.

Tim points out that his years at St. Pius and Lourdes were the era of Vatican II, civil rights, the Vietnam war, and Watergate. The Sisters influenced his understanding of these signature events in history. “This is where I first learned what is now called ‘Catholic Social Teaching.’ The principles of dignity and social justice that the Franciscan Sisters epitomized.”

**Tuan Hoang ’87** also identifies the values he learned in the Catholic schools. “They included hard work and fair play, personal effort but also teamwork, individual success woven into community involvement, moral decency and faith in God, compassion for others and love of family and love of country. They are middle-class values that refugees and immigrants, like myself, independently strive for. Being at Lourdes helped me understand and practice them better.” Tuan started in 8th grade at St. Francis of Assisi as a refugee from Vietnam and graduated from Lourdes five years later. He went on to St. Mary’s

University in Winona and then to Notre Dame for graduate work and a PhD. He is now a history professor at Pepperdine University in California.

The Sisters are a part of the Lourdes Campus today. As a front office volunteer, **Sr. Alice Thraen** is present to the students.

**Sr. Ramona Miller** just completed co-teaching the “Franciscan Foundations Course” at Lourdes with **Bob Gardner**. This concluded with a pilgrimage to Assisi, Italy, over the Christmas break. “Whoever said ‘There’s no substitute for experience’ was talking about Sr. Ramona,” says Mr. Gardner. “I don’t know another educator who has cultivated such a depth of understanding, which she shares so generously. Sr. Ramona’s mentoring for me has been an absolute blessing.”

There are currently 200 Rochester Franciscan Sisters in the world – of which 107 live at Assisi Heights – with a median age of 83. Their mission statement reads: “... to commit ourselves to be a compassionate presence for peace in our world, striving for justice and reverence for all creation.” Indeed, they continue to do just that.

*Facing page aerial shot of Assisi Heights and the entrance; Credit: Assisi Heights Archives - Will Wentz '09 [www.GoDroneUSA.com](http://www.GoDroneUSA.com)*

*Sr. Jutta taught business at Lourdes from 1961 to 1966. She worked in the front office until her retirement in 1999 and now resides at Assisi Heights.*



*Sr. Alice Thraen greets Alyssa Ustby '20 and Wynter Bergner '18 in the main office where she volunteers every Monday morning.*



*Clare Brunn '18 and Sr. Ramona Miller review the Franciscan Foundation trip to Assisi, Italy.*



# Back to OUR ROOTS

One of the strengths of the community of Rochester is its diverse population; diversity has been a hallmark of its culture for generations. The area has grown and prospered because of the unique qualities that people from all over the world have brought to the city and its industries. This issue of the *Aquila* features a few of the more recent graduates of Lourdes High School who were raised here, left for further education, and have come back to call Rochester their home again.



## Caitlin Alexander, '08

I graduated from the University of Missouri in 2012, moved to Tulsa and worked as a reporter, then on to Memphis where I had wonderful experiences working at WREG, including filling in on the anchor desk. In 2016, I had the opportunity to move back to Rochester to anchor the evening newscasts at KTTC. This was the TV station I grew up watching, and I am honored to have this position. My parents still live in Rochester, my sisters live close by, and I love seeing so many familiar faces in town. It is exciting to see all the changes happening in our medical community!



## John-Howard Carroll, '01

I moved back to Rochester in 2003 to be closer to my family. My younger brother and sister lived away from home, and I felt a strong calling to come back and be here with my parents and help support them throughout the journey of dad's diagnosis with Parkinson's disease.

I have stayed involved in RCS and am currently an assistant football coach at Lourdes. All three of our children will be attending St. Francis of Assisi School when our youngest starts preschool in the fall. Maybe it's because I'm an adult with small kids, but there seems to be so much more to do in Rochester now!

## Dr. Rachel Lindor, '03/Dr. Michael Keeney, '04

After college (St. Ben's for Rachel; Creighton for Michael) and medical school (Rachel returned to Rochester and Michael went to southern California), Michael returned to Rochester for residency; Rachel added law school in Arizona then work in Washington D.C. on health policy issues for the U.S. government before making Rochester home. As Michael points out, "Rochester has always been 'home' for me. Despite the many places I have been, the most important relationships in my life all started here."



## Tom Week, '92

My wife, Kendra, and I returned to Rochester in 2012 after living in other cities in the Midwest. We really wanted our kids to attend Rochester Catholic Schools. Experiencing the RCS family as an adult with kids of our own has

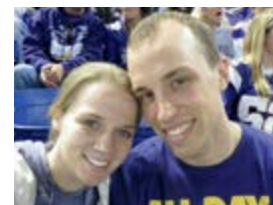
been awesome! I truly believe we're giving our kids the greatest chance at success in life based on the teachings, friendships and lessons they'll get in the RCS system.



## Dr. Tufia Haddad, '91

After pursuing college and post-graduate education at Jesuit universities, I finally settled in Rochester in 2012 where I am a physician at Mayo Clinic and specialize in breast cancer practice and research. A quality Catholic education is very important to my husband, Kevin Broadbent, and me;

our children are enrolled at St. John the Evangelist/St. Pius X School. Rochester has grown in many good ways, most notably in the Mayo campus and staff, the opportunities for college education with University of Minnesota-Rochester, the diversity of the community, improved restaurant and fine arts industries, and the new, state-of-the-art Lourdes campus.



**There's More!**

**See the complete Q and A** for the featured individuals as well as alumni Terry Aney '91, Rachel (Larson) Bohren '95, Joe Christenson '88, and Nicole (Miller) Ramaker '95 at [lourdesfoundation.org/alumni/back-to-our-roots](http://lourdesfoundation.org/alumni/back-to-our-roots)



# Honor, Respect AND Gratitude TO THE CLASS OF 1955



*Class of 1955 on trip to Washington, DC.*

**T**he Class of 1955 was the first group of alumni to establish a scholarship in their name, and they also have built the largest scholarship of any class. Started in 1995 on the occasion of their 40th reunion, the scholarship has grown to over \$166,500 today.

This scholarship has broad class participation with multiple gifts annually to grow the total and increase the impact. "The beauty of this work is that it is from the heart," says **Nick Stevens**. "No one calls. They all take the initiative to do it. 1955 was a very good year."



"We come from the generation where we feel we 'owe somebody back' for what we had," says **Dave Marquardt**, who originally started the scholarship by approaching a few of his classmates. "We want to make the next step ahead for others easier."



Class President **Nick Stevens** was one of the original people Dave approached in 1995. He was happy to help launch the project. "Lourdes was such a special place. We felt so privileged to go to a school with the teachers and nuns we had. We had such a great experience, and we wanted others to be able to go there."

Forty-seven students have been able to attend Lourdes because of this scholarship. \$90,000 of financial assistance has been awarded to date. For the 2016-17 school year, three students



are at Lourdes High School on Class of 1955 Scholarships of \$2,725 each. "Students of today will shape our future. An education at Lourdes High School helps provide the leaders of tomorrow," says **M. Tim Lawler**. "We are all investing in the continuation of Christian values and discipline."



**Thank you to the  
Class of 1955 for  
all you have done  
and all you will  
continue to do  
with this endowed  
scholarship!**

*Class of 1955 at their 60 Year Reunion in 2015.*





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### We hope you enjoy the *Aquila's* new cover design!

### Looking for the latest Class Reunion updates?

Go to [lourdesfoundation.org/  
alumni/class-reunions](http://lourdesfoundation.org/alumni/class-reunions)



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### What's new @ [lourdesfoundation.org](http://lourdesfoundation.org)?

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