



LOURDES
FOUNDATION

Supporting Lourdes students, faculty and alumni



Commander Brian Tanaka '92
Proud Lourdes alumnus

The Aquila

SPRING | 2015

Lourdes Foundation Magazine for Alumni & Friends

ON THE COVER:

Lourdes alumnus

Brian Tanaka '92

Commander of USS Minnesota

The Aquila

SPRING 2015

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Diana Nicolay

Karen Petersen

Kirsten Petersen '07

Aquila is a publication of
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Nora (Hansen) Bjork '81

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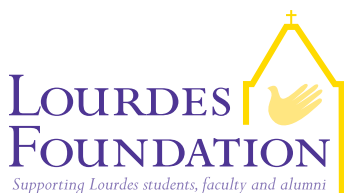
Denny Nigon '64

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The Aquila news magazine strives for accuracy and clarity. The editorial staff determines content. We apologize for any inaccuracies that may occur and will attempt to make corrections in future issues.



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The Aquila

SPRING 2015

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Our Mission

"Lourdes Foundation attracts, manages and channels philanthropic resources to ensure a vital Catholic education at Lourdes High School."



*I am proud to be a **Lourdes Foundation-er***

I am honored and thrilled to serve you as the incoming president of the Lourdes Foundation. I want to thank Karen Petersen for her dedication and commitment to the foundation over the past 1.5 years as president. She has provided excellent leadership to the Lourdes Foundation. It is a special organization that was founded more than 40 years ago by a group of forward-thinking parents who wanted to ensure that Lourdes would thrive for a long time and would benefit families who want a Catholic education for their children. Today, Lourdes Foundation funds more than 110 scholarships, has over \$6M in assets, and contributed more than \$170K in aid to Lourdes High School in the 2014-2015 school year. This is truly amazing and is a tribute to every one of you that has committed your valuable treasures to the Lourdes Foundation. This is something we need to continue to build on so that Lourdes High School is still viable 40 years from now. THANK YOU.

Before I move on, a little about me: I was born and raised on a family farm in Cross Plains, Wisconsin (Go Badgers!) and attended St. Francis Xavier grade school. I graduated from University of Wisconsin-La Crosse and was hired by IBM in 1981. I married my lovely wife MaryAnne 31 years ago, and we have been blessed with three beautiful children: Rachel, Danielle and Ryan. All attended Holy Spirit School and have graduated (or will graduate) from Lourdes. I have been active in committees, councils, and coaching. Rochester Catholic Schools have been so instrumental in shaping and forming our kids and making them who they are. We all are so blessed.

What's happening at the Foundation:



It is my pleasure to inform you that **Nora (Hansen) Bjork '81** has accepted the Development Assistant position here at LFI. For the past ten years, Nora taught at Holy Spirit School. Nora and her husband, Tom, have three children who are all Holy Spirit grade school and Lourdes High School graduates. Nora holds a bachelor's degree in Communications from the University of Minnesota and a teaching degree from Winona State University. Her interests are running, golfing, and watching HGTV. Welcome, Nora!

After some visioning sessions by the LFI Board of Directors, Lourdes Foundation convened a search committee for a new Executive Director. We are very excited to find our new leader, and we hope to have someone named and in place by this summer. I want to thank Ron Gaines for all his contributions as our Interim Executive Director.

I would like to close and leave you with a few thoughts:

1. Please continue your commitment to Lourdes Foundation and Catholic education
2. Look forward to continued Catholic community collaboration
3. Always remember the kids; they are the reason we volunteer our time
4. Everyday is a good day, some are just better than others

We have been very successful as a foundation for 40+ years and I am looking forward to being a part of the next 40 years. On behalf of Lourdes Foundation, I want to thank you for your continued support. I am very proud to be a Lourdes Foundation-er and please continue to be one with me.

Enjoy reading this AWESOME Aquila – The team does such a great job.

God Bless,

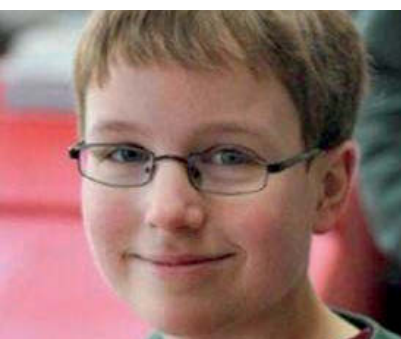
A handwritten signature in dark ink, appearing to read "Gary Roun". The signature is written in a cursive, flowing style.

Lourdes Foundation President

YOUR SUPPORT MATTERS



Your gifts to the Lourdes Foundation are an important part of keeping Catholic education affordable and accessible for generations of Lourdes High School students. Your generosity makes a great Catholic education possible for families in need.



Will Canan '16 Memorial Scholarship

SCHOLARSHIP ENDOWMENT

Gifts to the scholarship endowment ensure that Lourdes students get the financial help they need. Last year Lourdes Foundation provided \$170,000 in tuition assistance for 144 students at Lourdes High School.



MUSIC ENDOWMENT

Funds donated to the music endowment support the renowned marching band, concert band, choir and drumline programs at Lourdes High School.



STAFF ENRICHMENT

Lourdes staff can apply to take a pilgrimage to Assisi, Italy, to visit the holy places where St. Francis heard the voice of Christ, calling him to restore and rejuvenate His church. Pilgrims are called to bring these Franciscan values back to their students at Lourdes High School.



Class of '64 reunion

ALUMNI PROGRAMS

Lourdes Foundation serves as your alumni connection. Your donations help us support class reunions, publish the *Aquila* magazine, and organize events to keep Lourdes alumni connected to their alma mater.

Please make a gift to Lourdes Foundation **today**.

Visit lourdesfoundation.org, and click on 'Make a Gift'.



Lourdes Foundation | 1710 Industrial Drive NW | Rochester, MN 55901 | lourdesfoundation.org



Friday, March 20, 2015
marked the
10th anniversary
of the
Gary Vanselow
Memorial Fish Fry.

A crowd of five hundred people, friends of the Vanselow family, and Rochester Catholic Schools families, enjoyed a delicious fish dinner and an evening of fun and music. The proceeds from this event fund a Lourdes Foundation Scholarship in Gary's name. This endowed scholarship provides almost \$6,000 each year to students in need of tuition assistance at Lourdes High School. It was a great night to honor and remember a wonderful man.

All photos by Judy Meinke Streit



Lourdes Foundation Tribute Gifts

Honor the special people in your life with a gift



Lourdes Foundation is blessed by the fact that many alumni and friends choose to give gifts in memory of, or in honor of, their loved ones. Starting with this issue, Lourdes Foundation will acknowledge these generous gifts in each Aquila.

Below is a list of tribute gifts made to Lourdes Foundation since July 2014.

Bill and Caroline Adamson

in memory of Lois Dust

Bill and Caroline Adamson

*in memory of
Carol Griffin Breckle '55*

Bill and Caroline Adamson

in memory of Curt Wenger '84

Bill and Carrie Adamson

in memory of Paul Hennessey '51

Bill and Carrie Adamson

in memory of Dr. Hal Went

Brian and Carolyn Annis

in memory of Carolyn Hines

Joe and Marcie Becker

in memory of Dr. Hal Went

Daniel and Sandra Berndt

in memory of Dr. Hal Went

Ann Bock

in memory of Dr. Hal Went

Michael and Laurie Brengman

in memory of Dr. Hal Went

Michael Canfield

in memory of Kay Van Cuyk

Rosalie Canfield

in memory of Wally Kriehn '49

Rosalie Canfield

in memory of Kay Van Cuyk

Rosalie Canfield

in memory of Wally Kriehn

Judith Canney

in memory of Kay Van Cuyk

Patricia Canney

in memory of Kay Van Cuyk

Rita Cunningham

*in memory of
Kathleen Freeberg '55*

Rita Cunningham

in memory of Rosie Stevens

Rita Cunningham

in memory of Hal Went

Joe and Tris Daly

in memory of Dr. Hal Went

David and Ann Dykstal

in memory of Dr. Hal Went

Anne (VanKirk) Eggleston

*in memory of
William C VanKirk '24*

Anne (VanKirk) Eggleston

*in memory of
William A VanKirk '44*

Mary Eustermann

*in memory of
Carol Griffin Breckle '55*

Jacqueline Farrell

in memory of Dr. Hal Went

Timothy Fischer

in memory of Dr. Hal Went

Anita Flesher

in memory of Dr. Hal Went

Frankel Family Foundation

in memory of Martha Emmett

Paul and Melissa Freely

in memory of Dr. Hal Went

Don and Marlene Fox

*in memory of
Carol Griffin Breckle '55*

Gerald and Anita Galloway

in memory of Mary Benner

Tim and Kathy Geisler

in memory of Dr. Hal Went

Steve Gentling

in memory of Kay Van Cuyk

Lisa Go

in memory of Sister Viatrix

Faline Gossman

*in memory of
Carol Griffin Breckle '55*

Kathleen Gozola

in memory of Kay Van Cuyk

Patrick and Bridget Griffin

*in memory of
Carol Griffin Breckle '55*

Mary Hanson

in memory of Odelia Majerus

Harvey and Shirley Hebl

*in memory of
Carol Griffin Breckle '55*

Kevin and Kathy Hennessey

in memory of Dr. Hal Went

Mr. and Mrs. Dick Hexum

in memory of Kevin Heim

Donald Hint

in memory of Kay Van Cuyk

George and Sandra Hohberger

*in memory of
Carol Griffin Breckle '55*

John and Rita Hunt

in memory of Dr. Hal Went

Ted and Susan Johnson

in memory of Dr. Hal Went

Sandy Jones

*in memory of
Carol Griffin Breckle '55*

Bernie Joyce

*in memory of
Kathleen Freeberg '55*

Bernie Joyce

in memory of Rosie Stevens

Just Rite Foods

in memory of Dr. Hal Went

Michael and Robin Kehoe

in memory of Dr. Hal Went

Paul Klipsic Jr.

in memory of Kay Van Cuyk

Larry and Luanne Koshire

*in memory of
Carol Griffin Breckle '55*

Larry and Luanne Koshire

in memory of Kay Van Cuyk

Sue and Karl Krecke

in memory of Dr. Hal Went

Angie Kroska

in memory of Kay Van Cuyk

Kevin Lawler

in memory of Dr. Hal Went

George and Dee Libera

in memory of Kay Van Cuyk

George and Dee Libera

in memory of Dr. Hal Went

Dan and Lory Macken

in memory of Dr. Hal Went

Kevin Macken

in memory of Dr. Hal Went

Julie Miller

in memory of Bill Miller

Mike and Linda Muehlenbein

in memory of Dr. Hal Went

Kevin and Ann Nigon

in memory of Dr. Hal Went

Gerry and Mary Anne Nonn

in memory of Dr. Hal Went

Mary Frances O'Keefe

in memory of Dr. Hal Went

Bret and Karen Petersen

in memory of Dr. Hal Went

Bunnie Powers

in memory of Dr. Hal Went

Bunnie Powers

in memory of Kay Van Cuyk

Premier Bank

in memory of Dr. Hal Went

Stephen Roberts

in memory of Kay Van Cuyk

Kristin Rossman

in memory of Dave Rossman

Michon Schaeffer

*in memory of
Carol Griffin Breckle '55*

Deanne Schemmel

in memory of Kay Van Cuyk

Ruth Schweihs

in memory of Dr. Hal Went

Helen Sell

in memory of Kay Van Cuyk

Richard and Martha Sherman

in memory of Dr. Hal Went

Tim and Margie Sitzler

in memory of Dr. Hal Went

Veronica Stolp

in memory of Dr. Hal Went

Swenke Properties

in memory of Dr. Hal Went

Ted Treat

in memory of Odelia Majerus

Tim and Torre Valley

in memory of Kayla Koranda '13

Tim and Torre Valley

in memory of Nick Roecker '13

Tom and Ellen Went

in memory of Dr. Hal Went

Brian Wilson

in memory of Kay Van Cuyk

We make every effort to provide a complete list. If you have made a tribute gift and it is not included on this list please contact us and we will publish an acknowledgment in the next issue. If you would like to **make a gift in honor of a loved one**, please use the envelope provided in this issue of the Aquila. You will find a place to provide information for proper acknowledgement of your generous gift. Thank you for your gifts to Lourdes Foundation.

Commander Brian Tanaka '92

Proud Lourdes alumnus

The USS Minnesota, the most technologically advanced nuclear submarine in the world is set to deploy on its maiden voyage later this year, carrying with it 135 members of the United State submarine corps and one very impressive Lourdes alumnus, Commander **Brian Tanaka '92**.

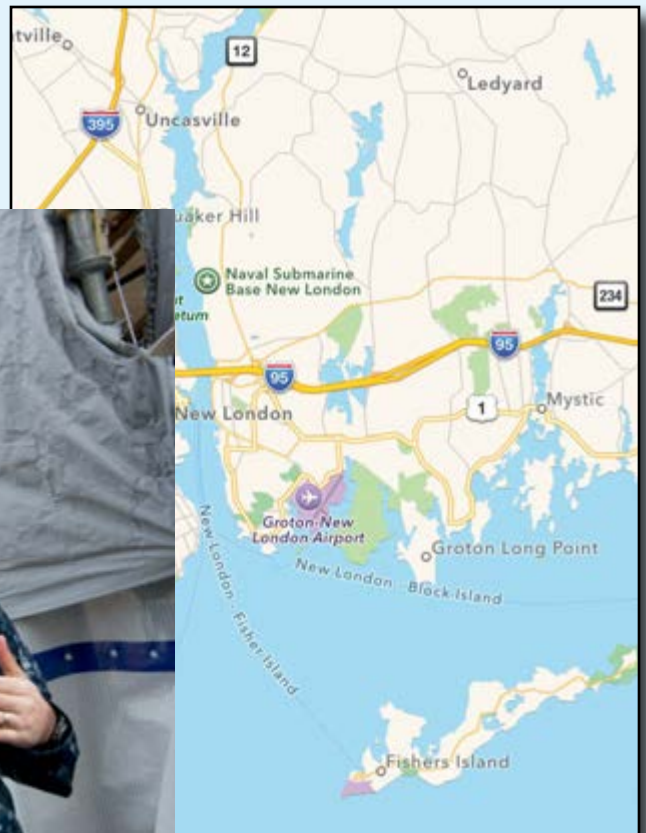
"I've been asked this question a number of times: 'How does a guy from Rochester, MN end up here?' I've told people before that when I was in high school, I didn't have a grand plan in mind to become the commanding officer of a submarine, let alone one named Minnesota, but generally speaking, growing up in Rochester, in the Catholic school system and at Lourdes, the environment allowed me to pursue whatever I wanted to do."

Commander Tanaka says that the environment in Rochester, in his Parkwood Hills neighborhood, and at Lourdes added meaningfully to his success as a member of the submarine corps. "I found myself in the same environment I had growing up in Rochester: a community where everyone looked after each other... It suited me really well because it was what I knew: a small group of people who work really well together and look out for each other." Brian has carried this focus on teamwork and community with him from his childhood in Rochester to one of the most prestigious appointments in the US submarine corps.

Not surprisingly, focus is very important to life on a submarine. "We spend a great deal of time and energy focusing on the most

important things. We don't have the largest living quarters; we spend a lot of time underwater. We're very good at what we do because we really focus on what's important." He compares that focus to his high school years at LHS. "Students were the most important thing [to the teachers and coaches]. I probably didn't have this kind of clarity when I was in high school, but looking back, people like **Denny Nigon '64** and **Tom Murphy '69** (golf coach) and the other teachers there, were really focused on what was important, and that was the students."

Brian says he feels grateful for the guidance he received from his teachers and mentors, and feels a real responsibility to pass that gift on to others. "I feel that there were a lot of people that helped me along and that's one of my major jobs: to help develop younger officers and other members of the crew." With well over one hundred crewmembers (average age, 23 years old), "it's all about the people. I'd never get the submarine to sea by myself, that's for sure. We have all these people that are highly capable and ready to do great things. I have to find a way to help them do that, to the best of their abilities." There is a palpable



pride in his voice as he talks about the bright young men and women under his command.

The USS Minnesota is the 10th ship in its class, and the most technologically advanced in the world. It was designed for multiple missions and long-range strike operations, including deploying the Tomahawk missile. Special operations teams can enter and leave the ship while it is submerged. The ship has a theoretically unlimited supply of power, water and air; they are only limited by their need to replenish food stores every 90 days. Right now the crew is finishing the new construction phase and is working on maintenance and training.

In the meantime, Brian and his wife, Jessica, are busy raising their three daughters (ages 4, 2, and 15 months). He enjoys keeping in touch with his friends and mentors in Rochester, including Father Mark McNea, pastor of St. Francis of Assisi parish, who married Brian and Jessica and baptized all three of their children. "My family and I are grateful for the support of the Lourdes community. I am very proud to be an alumnus and carry the lessons and leadership of folks like Tom Murphy with me every day."

We wish Commander Tanaka the best of luck as he and his crew prepare to depart on their first voyage! 🏠

A FEW FACTS ABOUT THE USS MINNESOTA:

1. The ship's logo was designed by a high school student from Roseville, MN.
2. The ship's motto translates as "From the North, power."
3. The crew has embraced the ship's mascot, the Viking warrior. Tanaka says "Everybody on board loves the logo. They really get into it. They have the Viking ethos through and through."
4. The crew must be clean-shaven when on land, but once underway (and after a donation to the Morale and Recreation Committee fund) the crewmembers can grow beards and supplement their naval uniforms with Viking-related attire.
5. The USS Minnesota has its own Facebook page:
USS Minnesota- SSN 783 Government Organization



Michael Bannon '10

Shanghai, China

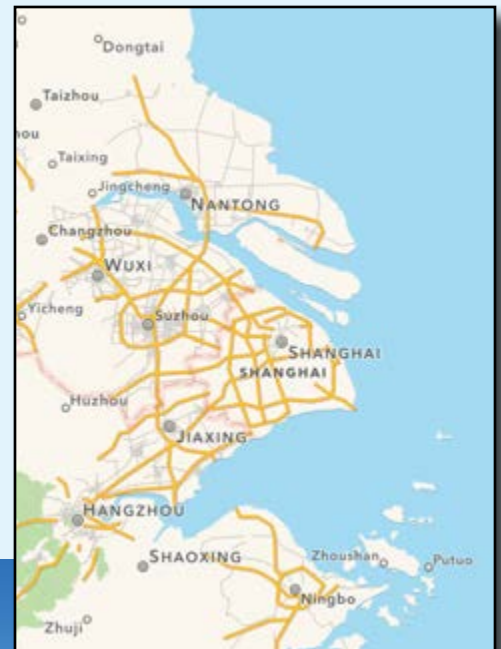
Michael Bannon '10 is working as an investment analyst in Shanghai, China. As an undergraduate student at the University of Wisconsin-Madison, '14, he majored in Economics, Mandarin Chinese, and International Business, a great foundation for his current position.

Michael commutes by subway each day in this city of twenty-four million, riding in jam-packed train cars, a bargain commute at fifty cents per ride. "Living in Shanghai keeps my mind challenged – living outside of my comfort zone." He senses he is bearing witness to a major cultural change as the society adapts to learning English and the population shifts from rural to urban areas.

On his days off, Michael enjoys exploring museums, hiking, and eating new Japanese, Chinese and Korean delicacies. One food he misses? Mac and cheese!

Michael's job entails some international travel. He recently worked in Singapore and India and will soon be based in Munich, Germany for a few months when he will also travel to Istanbul, Turkey, the United Kingdom, and Australia.

When reflecting back on his days at Lourdes, Michael comments that as a professional, he now realizes the importance of studying history, geography, math, and literature in high school, subjects that all contribute to educating a well rounded individual and teach invaluable skills for the business world. 🏠



Michael in Qinghai, China, near the border of Tibet. Visitors are encouraged to offer a prayer and then toss the paper in the air.

Bob Conway '62

London, England

by **Kirsten Petersen '07**



Bob Conway '62 moved across the pond to London in 1984. Long curious about what lay outside the United States, Conway traveled in Europe during college and, after graduating from Notre Dame, attended the University of Chicago's business school, in part because of its international business program. Through the program, he spent a

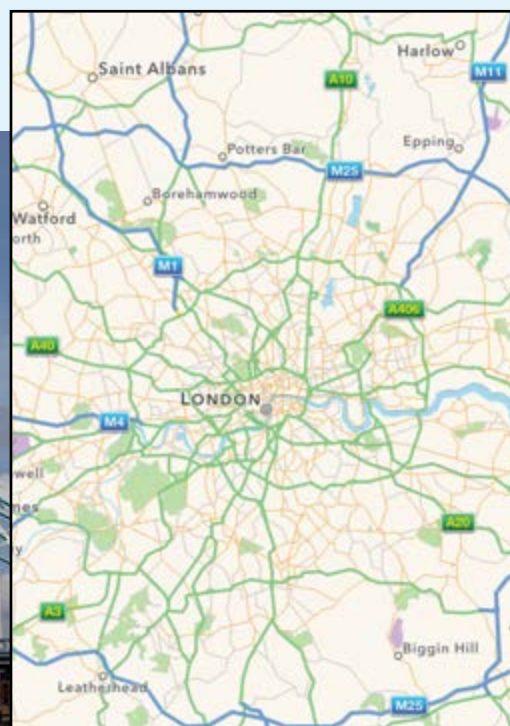
transformational fifteen months studying and working in Belgium.

When Conway returned to the United States, he started working for Goldman Sachs in New York City. After 14 years in New York, he took an opportunity to move to Goldman Sachs's London office in 1984 to help grow their operations in the United Kingdom. When he arrived in London after living in New York, Conway says, "I felt very much at home. It's a much different atmosphere than New York City." Conway spent his entire career with Goldman Sachs and, though now officially retired, continues to do some work for the firm as a Senior Director.

Conway says, "I've been very happy living in Europe in part because it literally opens up new worlds for you." These new worlds include London's vibrant arts scene, which offers top-notch theatre, opera, and ballet performances. Conway and his wife, Ricki, a former dancer, are avid ballet-goers and attend the Royal Ballet at the Royal Opera House frequently. Conway also likes London's international environment, explaining that people from dozens of nationalities live in his neighborhood.

Conway has quite a few favorite places in London, which include the Royal Opera House, National Theatre, Westminster Cathedral, Wembley Stadium (home to soccer matches), and Hyde Park, where he exercises regularly.

Conway carries lessons learned at Lourdes with him even today. Whenever he walks past the Globe Theatre, home to Shakespeare's plays, Conway thinks of Sister Carlan, one of his Lourdes English teachers. He says, "She really instilled a love of Shakespeare in me when I was still in high school." Conway also says, "Sports at Lourdes influenced me greatly – especially Joe Mayer. The fundamentals of hard work, discipline, teamwork and attitude were all a part of Coach Mayer's creed and it served me well in sports and life." 🏠



Elizabeth Simari Dampf '04

Rome, Italy

Working as part of a team to translate Pope Francis' weekly newspaper from Italian to English requires great language skills, good communication and a lot of energy. **Elizabeth Simari Dampf '04** (married to Andrew Dampf – August 2014) lives in Rome and works at *L'Osservatore Romano* in Vatican City. She says that it is a "multifaceted job where there are four of us writing, translating, doing graphic design, writing captions, translating the website. The variety keeps it interesting!" Elizabeth has had the honor of meeting Pope John Paul II while on a visit to Rome as a student, and Pope Benedict XVI and Pope Francis in her current role.

Elizabeth studied Italian at Notre Dame, has a Master's degree in Italian from Middlebury College, and now has added to her credentials the title of 'sommelier' – someone who is

knowledgeable about wine. For three years she attended a once-a-week evening course, passed an oral exam evaluating her visual, olfactory and tasting skills, and now she leads wine tastings for Notre Dame and University of Chicago students studying in Rome.

She chooses two to six wines to taste, preferring native Italian grapes when selecting the wines. Elizabeth enjoys cooking and loves to find a wine to complement her menus. She notes that Italians like to say "What grows together goes together," meaning the wines and foods of regions in Italy are typically paired together.

Elizabeth summarizes "The great thing about food and wine in Italy is that they are linked to the culture and the people. It is another step in my journey of learning about Italian culture." 🏠



Lourdes Foundation presents Sports Hall of Fame

On Sunday, December 7, 2014 the Lourdes community gathered at the Rochester International Event Center for the **8th Annual Sports Hall of Fame** banquet. Lourdes' own band director emeritus, Gene Eiden, trumpet in hand, started off the evening by leading the crowd in singing the Lourdes fight song.

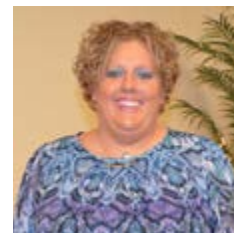
A packed house watched as **Dick Miller '57** (football), **Katie Shea '95** (basketball), **Monica Schliep '82** (track) and **Myron Glass** (coach) were inducted into the Lourdes Sports Hall of Fame. Introducing the three Lourdes greats were current Lourdes seniors who share their respective sports. Lourdes Athletic Director, Marv Peters introduced his long-time friend, Coach Glass.

In addition to the formal induction, each year the Sports Hall of Fame committee and the Lourdes Foundation honor the achievements of a Lourdes state championship team. This year the spotlight was turned on the **1978 girls' tennis team** and their coach, Dick Sherman. The women honored their former coach with cigar salute, in honor of his signature accessory.

Along with the athletes and coaches, the Lourdes community honors one individual for their unique off-the-field contributions to Lourdes athletics. This year the annual Gene Eiden Award was presented to **Joe Endrizzi '62** for his years of dedication and volunteerism to Lourdes student athletes.

Proceeds from the event benefit athletic programs at Lourdes High School. Mark your calendars and join us next year on **Sunday, December 6th, 2015** for a great evening celebrating Lourdes High School athletes.

*Pictured at right, top to bottom: Inductees **Dick Miller '57**, **Katie Shea '95**, **Monica Schliep '82** and Coach Myron Glass. Pictured below: An Enthusiastic Crowd; The 1978 Girls' Tennis Team with Coach Dick Sherman; Hall of Fame Chairman Steve Bieniek chats with **Dick Miller '57** and **Zach Hillman '15**; **Joe Endrizzi '62** is honored for his volunteerism; Lourdes Student Athletes **Grace Dearani '15**, **Zach Hillman '15** and **Mallory Adamson '15**; The 1978 girls' tennis state champions.*



Picture Perfect!

Enjoy these photos sent in by some of our **alumni donors**. They all recognize the importance of giving back to Lourdes High School. The size of the gift does not matter; what matters is that you give of yourself.



*Make a gift to
Lourdes Foundation
today!*

(And then send us a selfie.
We will publish it in
the next *Aquila*.)

Pictured above: Rob Strange '93, Mike Adamson '84, Anne Marie Dominguez '88, Jim Gasner '81, Larry Koshire '65 and Luanne Koshire '65, Derek Gossman '89, Stacy Sievers Paulson '91, Mike Paulson '86, Jeff Korsmo '76, John Smith '82, Michael Ellstrom '67, Molly Hansen Peterson '82

Where are you, Missing LHS Alumni?

The Lourdes Foundation would like your help in locating the following Lourdes graduates so we can keep in touch about alumni news. If you have contact info for any of the listed alumni, please contact Lourdes Foundation: 1710 Industrial Drive NW, Rochester MN 55901, 507-289-2584, lourdesfoundation@gmail.com Thank you for your assistance!

Class of 1960

James Jessau
Sharon Neill Smith
Marjorie Schleck
Louis Noriega

Class of 1965

William Anders
Fern Biver
Maria Espinoza
Richard Date
Mary Smith Gonzalez
Diana Hofschulte Truax

Class of 1970

Christine (Stern) Blackwood
Terence Blackwood
Peggy Cassidy
Thomas Delaney
Sue Ann (Sweeney) Griffith
Patricia Hanson
Daniel Huey
Thomas (Kevin) McElroy
Joanne Monsen
Kathleen Murphy
John R. Nelson
Joanne (Theobald) Pohl
William Renner

Mary (Hicks) Richardt
Cynthia (Brown) Scott
Thomas Truax

Class of 1975

Terri (Fenske) Crowson
Christi (Belgarde) Brown
Anne Herdina
Nancy Kirckof

Class of 1980

David G. Battey
Margaret (Anderson) Boettinger
Michael David Collins
Karl Titus Covert
Terrence Patrick Daly
Nicholas M. Hennessey
Todd Miller
Eleanor Palumbo
Cynthia Piotrowski
Jeff Pischke
Maria Signoret
Gordon Tucker
Natalie (Allen) Whittaker

Class of 1985

Yuko Kaneko
Tom Gonnella
Le Vo
John Palumbo

Class of 1990

Arthur Diaz Carandell
Alfonso Carvajal
Sara Donohue
Brian Driscoll
Trey Fitzgerald
Heather Anne Flynn
Selina Thu Ha Hoang
Sitha Kuch
David Lampal
Lan Pham
Katherine Rodenwald
Mark Sheehan
Mary Wright
Justin Wynn

Class of 1995

Danielle Bird
Nate Blenkush
Sam Bonin
Ben Bowen
Fabiana Campos

John Carey
Mary Carns
Vienna Chum
Brandon Goedel
Erin Kane
Paul King
Dan Lansing
Ed Mullany
Laura Rogness
Allison Sandburg
Kelly Schwanke
Caroline Tran
Sharyn Way
Greg Willkomm
Lee Winbush
Chris Woodruff

Class of 2000

David Atkinson
Emilie Balboa
Elizabeth Bechtel
Mariah Carlini
Marcus Christopherson
Mithouna Chum
Emerson Clark
Patrick Godsill
Jeremy Graham

Peace & Sympathy

We Will Remember

Our sympathy and prayers are offered to the families and friends of those who have lost loved ones. Please remember them in your prayers.

Helen Haggerty Sell '45
Paul J. Hennessey '51
Susan Vroman Bernard '85
Alice Chevalier Fox '50
Carolyn Griffin Breckle '55
Dr. Harold (Hal) A. Wente
Jeanne Brandt
Pauline Harrop
Stanley Ernste
John Boler '47
William Miller
Curt Wenger '84

William A. VanKirk '44
William C. Vankirk '24
Kathleen (Cronin) Freeburg '55
Virginia (Dee) Kuisle '45
Gerald Graf
John J. Dee '46
Thomas J. Blake '54
Sister Mariana Boltz
MaryBeth(Kilpatrick) Thorpe '68
Matt Roth '10
Carol Ann Reed '63
Margaret C. Timmons

If you would like to inform the Aquila of a loved one's death, please contact the Lourdes Foundation and we will include the information in our next issue. We make every effort to publish accurate memorial information. Please accept our apology for any unintentional omissions. To update our records, please contact us at: 1710 Industrial Drive NW, Rochester, MN 55901. 507-289-2584. lourdesfoundation@gmail.com

Convocation

by **Grace Dearani '15**

Each day the convocation bell rings at precisely 9:41 am at Lourdes High School, and all students walk down to the auditorium and gather as a community until 10:01 am.

Convocation is a new addition and tradition at Lourdes that began during the first year at our new building. This time is used for a variety of different things, such as daily announcements, student-led activities and project awareness, and prayer.

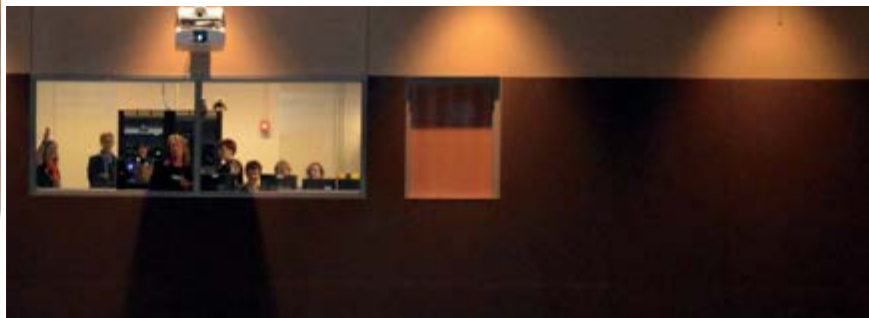
Instead of going to homeroom at the start of the day, the students of Lourdes High School meet all together in between mods 6 and 7 for twenty minutes. This daily occurrence is led by one to three seniors, and by the end of the year each senior will have led convocation at least once. The unique thing about convocation is that no two days are exactly the same. Although each day starts similarly—with prayer, pledge, and announcements—there is

a different focus each day. It is a time that students can share a project, raise awareness about a fund-raiser, or do an activity with the school.

Teachers and staff are also an active part of convocation. Every month, we have a convocation known as "Faculty Friday." During this day, teachers from a certain department will compete against the teachers from another department in a minute-to-win-it game. This is a fun way for the students and teachers to enjoy a little break from classes during the day. In addition, the teachers and staff can also use this convenient time to share news about a class, extracurricular activity, or deadline that students need to be aware of.

Updating the school about current news, a Lenten prayer service, listening to the jazz band, hearing how the speech team and sports teams did over the weekend, are just a few of so many things our students and staff share with each other during convocation. As **Catherine Cunningham '15** says, "Convocation is a special time of the day that brings the entire student body together!" 🏠

Photos courtesy of Rochester Catholic Schools Department of Advancement



Fine Arts Update



BAND:

This spring break, Lourdes band and choir students piled onto a bus and headed down to Kansas City to take in the sights and sounds. They were serenaded over brunch by a local jazz combo, rocked the night away at a Chris Tomlin contemporary Christian concert, and were treated to a delicious dinner while taking in a top-notch production of the musical "Forever Plaid." In between concerts and visits to historic landmarks such as the American Jazz and Negro Baseball Museums, the students still found time to sample some real Kansas City barbecue and get some shopping done "on the Plaza." Thanks to all involved for a wonderful trip!

The Lourdes Winter Drumline recently finished their season with a wonderful performance at the WGI World Championships in Dayton, Ohio! This year's show, "Leave Your Legacy," took the audience and performers alike on a thought-provoking journey, exploring the question, "What will be your legacy?" Through intricate rhythms, introspective moments, and a hip-hop groove that's just plain FUN, these students showed off high levels of both talent and character in a truly unique show. Congratulations Winter Drumline on a successful season!

Lourdes High School is honored to have been selected as one of 120 schools nationwide to receive the **"Best Communities for Music Education" award** from the NAMM Foundation. This program aims to recognize schools for "outstanding efforts by teachers, administrators, parents, students, and community leaders who have made music education part of the core curriculum." Applicants are chosen by a research firm from the University of Kansas based on quality of staffing, sufficient funding, and access to music instruction. This award is truly a testament to our entire Lourdes community's commitment to the performing arts. Huge thanks to any and all who support music at Lourdes – we can't do it without you!



ART:

Katelyn Younger '15 and **Nora Freetly '15** displayed their artwork at Hiawatha Valley League Art Show.



THEATRE:

This scene from Lourdes play "Sherlock Holmes and the Spinsters of Blackmead" is an example of the state-of-the-art lighting displays that are possible in the new Lourdes Auditorium.



Lourdes High School Tech Crew oversees the production of "Sherlock Holmes and the Spinsters of Blackmead". Shown at work on the control booth are **Nick Johnson '15**, **Maira McDonnell '17** and **Alayna Johnson '17**.

STATE AAA Champions

The 2014 Lourdes Football season was one for the memory books. The team had an impressive undefeated season, going 13-0 while winning the **State AAA Championship** at TCF Bank Stadium. A determined group of twenty-three seniors, who were committed to getting back to the state tournament after making it to the state semifinals as juniors and the runner-up spot as sophomores, led the team throughout the year. The players worked hard, getting themselves ready for a long season- from lifting weights, to speed and agility drills, to various team-building activities. With this championship, Lourdes Football has now won two state championships in the last five years. The Lourdes players are very grateful for the dedicated coaching staff, strong support from the administration at Rochester Catholic Schools, and the dedicated parents who make the commitment to send their children to Lourdes High School. The players would like to thank the student body for helping them along the way. To the band, cheerleaders, and all those that came out on Friday nights, we say "Thanks".

OUR LADY OF LOURDES, PRAY FOR US.

The Lourdes football team is a team that prays. The young men attend mass together and pray during community service projects. Often led by the coaches or the seniors on the team, they join together in prayer before and after each game. The above prayer is a team favorite.



Sports Update

CHEERLEADING



With fifteen members, the 2014 cheer season saw its largest number of participants in years.

The season was a great

success as the girls cheered on the football team all the way to their State Championship win at TCF Stadium. As always, the team represented Lourdes and the RCS community as positive role models. Our annual kiddie camp was held in October where the team hosted girls from grades 1-5 for an afternoon of cheers, chants, and more. Congratulations to the team on another great season!

TENNIS



The girls improved immensely throughout the season culminating the year by winning the conference title and the consolation bracket at the State High School meet. We will miss our three seniors, **Shannon Pederson '15**, **Grace Gorman '15**

and **Elizabeth Hart '15**, but will be returning a strong core of the team to try and improve our record this next fall.

GIRLS SOCCER



The Lourdes Girls Soccer Team had a fun and exciting season! Led by senior captains **Jenny Osland '15** and **Jessica Scheckel '15**, the girls placed 4th in the conference with an 8-6-2 record overall. Goalkeeping and defense were the strengths of the team this year as the group

recorded seven shutouts on the season. We are thrilled with the team and the accomplishments made this year. These student/athletes are a wonderful group of individuals that excel in many areas and are awesome role models in our school. Special thanks to Coach Wilwert and Coach Lacine for their time and effort and congratulations to the nine remarkable seniors that were the heart of the 2014 Girls Soccer Team.

GIRLS VOLLEYBALL



The 2014 volleyball season was a fun and enjoyable one for the Eagles. We completed our season with a 12-15 record continuing to improve and learn as the season went on. There were seven seniors on the roster this year that will be missed next season.

A special congratulation goes out to the team for achieving the Gold Academic Team award along with seniors **Becky Frank '15**, **Katelyn Younger '15**, **Katy Bagniewski '15**, and **Rosemary Rogers '15** who were awarded Individual Academic awards. Three members of our team were recognized for conference awards. **Gabby Williams '16** was voted All-Conference while **Katelyn Younger '15** and **Megan Hobday '17** were Honorable Mention All-Conference.

GIRLS BASKETBALL



excellence with a 14-12 record and one playoff victory.

The 2014-2015 girls basketball season was the first in three decades without Coach Glass on the sideline. New Coach, Aaron Berg, and the team were able to uphold the tradition of

HOCKEY



Lourdes boys hockey team had a successful season and they worked very hard everyday, both on and off the ice. We will miss

all 12 of our seniors- the largest group in Lourdes hockey history. **Griff Slightham '15** was voted team MVP, and **Duel Buck '17** was voted Most Improved. The hockey team did a lot of charity work which included feeding the homeless, ringing bells for the Salvation Army and raking leaves for the Sisters of St. Francis.

CROSS COUNTRY:



The team atmosphere truly made for a successful season at practices and on race days. The efforts made by all made our successes possible.

HVL Conference Meet:

Champions: Lourdes Girls

Places of note: First place - **Catherine Degen '15**, 2nd place - **Lizzy Bauer '16**

All Conference: **Catherine Degen '15**, **Lizzy Bauer '16**, **Erin Leary '17**, **Ellen Beckman '15** and **Anna Braun** (8th grade) (That's 6 of 7 varsity runners!)

Places of Note: 2nd place - **Dakota Streit '15**

All Conference: **Dakota Streit '15**

All Conference Honorable Mention: **Ian Dewey '17**

Section Meet:

Girls placed second (qualifying for state as a team) **Catherine Degen '15** (3rd overall)

Boys placed sixth **Dakota Streit '15** qualified as an individual (6th overall)

Both Boys and Girls received Academic Silver Awards

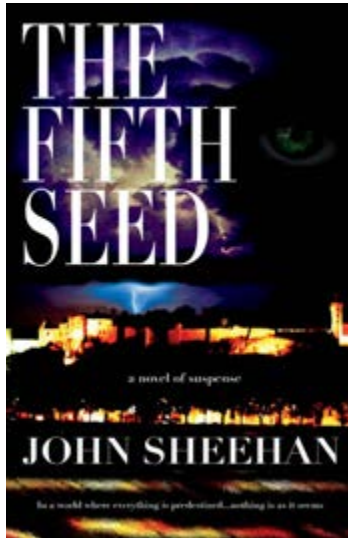
State Meet:

Dakota Streit '15 placed 36th Overall, received All State Academic Award

Girls placed 12th Overall, **Lizzy Bauer '16** received All State Academic Award

Most Valuable: **Catherine Degen '15**, **Dakota Streit '15**

1980's



John Sheehan '85 has written his first published novel, titled "The Fifth Seed". After graduating from Lourdes High School, John attended the University of St. Thomas where he earned his degree in Journalism. Now a professional writer, John currently lives in Farmington, Minnesota with his wife, Shelly, his two daughters, Genevieve and Olivia, and their French Brittney, Gus. An avid traveler, John's books are blended into the history and geography of some of his favorite destinations.

Visit <https://sunthisweek.com/2015/01/15/qa-with-suspense-novelist-john-sheehan/> to read a Q&A with the suspense novelist.

Watch for a feature article about John in our fall issue of the *Aquila*!

1990's

Laurie Hohberger '99 married Grant Manka on July 5th, 2014 at the Minneapolis Sculpture Garden in a beautiful outdoor ceremony with just immediate family present. Laurie and Grant currently live in Denver, CO where she recently joined National Jewish Health as a staff pulmonologist and Grant runs his own business, Manka Design/Build.



Lisa Kirgis '99 and Mike Mudra welcome Milo Harry Mudra, born on February 18, 2015. Lisa and Mike waited two years to get "the call" and on February 19th it finally came. They flew to Arizona to meet their son, and brought him home to meet the rest of the family a week later. "We're so blessed to have little Milo in our family," said Lisa. "He was most definitely worth the wait."

2000's

Fae (Carroll) Seil '02 and Cody Seil welcomed a son, Connor Michael, born November 3, 2014. Connor joins big brother, Cole. Welcome Connor!





Erin Korsmo '05 and Andy Leonatti were wed in Minneapolis on October 25, 2014. Erin and Andy are currently living and working in the Twin Cities as content marketers at FindLaw. They plan to move to Paris this summer, to enjoy a year in France and a fall honeymoon in Italy.



Jessica Sand '08 married Ben Snyder ('06 Century High School) in October. Jessica is working for Integrated Medical Services (IMS) in Goodyear, AZ as a PA in orthopedic surgery. Ben works in outside sales for C.H. Robinson in Phoenix, AZ. The couple lives in Phoenix.

The Rochester Quarterbacks Club is honoring two Lourdes alumni at their twenty-fifth annual Sports Hall of Fame Awards banquet this spring. The Club was started in the 1950's by local sports enthusiasts to honor individuals who have made significant contributions to the Rochester community in the field of sports. This year **Dick Miller '57** is being recognized for his participation in football and basketball. While at Lourdes, Dick earned three varsity letters in football, and was named the Eagles' team captain in both his junior and senior years. He went on to play football for four years at the University of Minnesota, and played on the 1960 Rose Bowl championship team. Dick earned two varsity letters in basketball during his time at Lourdes, and served as the team captain in his senior year. Dick is retired from a career in education, as a teacher and counselor. He lives in Watertown, MN with his wife, Nancy.

Stacy (Sievers) Paulson '91 is being recognized for her achievements in basketball, cross-country and track. Stacy holds the record as the top scorer in the history of Rochester basketball, for both boys' and girls' teams. She guided the Lourdes girls' basketball team to back-to-back State Championships in her junior and senior years. Stacy qualified for the state meet four times in track and twice in cross-country. After graduation from Lourdes she went on to play basketball at Western Illinois and then at the University of Minnesota-Duluth, where she was named twice to the all-conference team. Stacy has a Master's Degree in Education and is currently teaching first grade for Rochester Catholic Schools at Holy Spirit School. She is married to **Mike Paulson '86** and has a son, Alex who is a senior at Century High School.



Director of Rochester Catholic Schools, Michael Brennan, and his wife, Denae, welcomed their twin sons on March 24, 2015.

Denae is holding Quinn Thomas (6lbs. 2oz.)
Michael is holding Patrick Willem (7lbs. 14oz.)

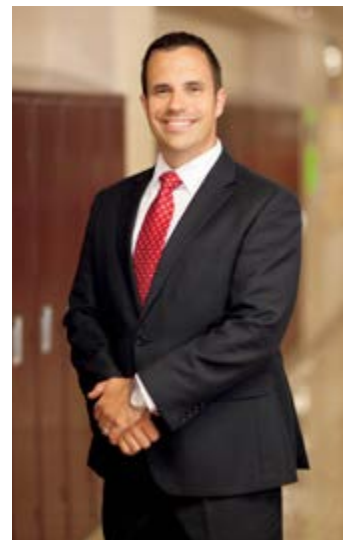


Rochester Catholic Schools is pleased to welcome

Mr. Paul Menard

as the new principal of Lourdes High School, starting July 1, 2015.

Mr. Menard is a graduate of the College of St. Scholastica in Duluth, MN where he earned his B.A. in English and Education while also minoring in Theater Arts. In 2012 he graduated from the University of Cincinnati with a M.Ed. in Educational Leadership and Administration. He joined the Rochester Catholic Schools family last year, and is currently the Assistant Principal at St. John the Evangelist/St. Pius X School. Please join us in welcoming Mr. Paul Menard to Lourdes High School!



To read more about Mr. Paul Menard, go to the the
Rochester Catholic Schools website:
www.rochestercatholicschools.org.

Text and photo courtesy of Rochester Catholic Schools
Department of Advancement.

Class Reunions!

The following classes are planning reunions this year. Go to the Lourdes Foundation website (www.lourdesfoundation.org) for all the details.

CLASS YEAR	REUNION DATE	CONTACT	CLASS YEAR	REUNION DATE	CONTACT
1955	September 11 - 12, 2015	Rita Cunningham	1985	August 8, 2015	Paula Baker
1960	August 1, 2015	Anne Christianson	1995	July 17-19, 2015	Denise Prow & Molly Sweeney
1965	August 1, 2015	Luanne Koshire & Dee Schemmel	2000	August 7 - 8, 2015	Emily (Gutknecht) Kolling
1975	July 25, 2015	Pat Heck	2005	November 28, 2015	Brigid (Lane) Le Tellier

If your graduating class year ends in a "0" or a "5" and you are anticipating a reunion this year, or if you would like to get in touch with your class representative listed above, please contact the Lourdes Foundation for assistance. You can find more information about the reunions listed above on the Lourdes Foundation website: www.lourdesfoundation.org

1710 Industrial Dr NW • Rochester, MN 55901 • lourdesfoundation@gmail.com • 507-289-2584

You can find more information on our website: www.lourdesfoundation.org • Or call the Lourdes Foundation office at 507-289-2584

Start with 2000 lbs. of paper and 40 lbs. of ink...

Have you ever wondered how the *Aquila* is produced? We thought you might like to see the printing process for yourselves. After all of the interviewing, writing and picture-taking for the *Aquila* is finished, the digital pages are turned over to Davies Printing Company in Rochester, for transformation into the magazine that arrives in your mailbox.

Once the text and artwork are supplied to the design area, the *Aquila* begins its journey in the digital layout department. After the final layout is approved, the files move on to the imposition/trapping/platemaking software. It is then imaged onto aluminum plates for printing on a ManRoland 6-color press. The printed pieces are taken to the bindery where it is folded into signatures for stitching and then trimmed to final size. It is now ready to be addressed and packaged by the mailing department. Between eight and ten Davies Printing Company employees will work on the *Aquila* before it is finished and delivered to the post office.

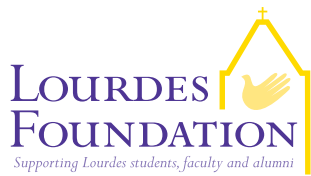


The *Aquila* magazine is mailed to over 6,000 households twice each year, as a **service to Lourdes alumni and friends**. In order to keep costs down most of the writing and editing is done by a team of volunteers, but Lourdes Foundation must pay for printing and postage.

You can help us cover the cost of this publication by donating today!

Consider making a gift to **sponsor** the next issue of the *Aquila*.
There is an donation envelope included in the center of this issue.

Please donate today and help us continue to stay in touch with Lourdes alumni and friends.



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Go Green!

If you would prefer to receive your Aquila electronically,
please contact lourdesfoundation@gmail.com

Read previous issues of the Aquila at:
www.lourdesfoundation.org

Your User ID to register for the Alumni Online
Directory is located above your name and address.

We want to hear from you!

Call our office just to say "Hi" or to chat
about this *Aquila*.

We want to know what you think. While
you're on the phone update your address,
or the addresses of family members.

Call 507/289-2584 or email us at
lourdesfoundation@gmail.com

This is the Family the Lord Has Gathered



"*This is the family the Lord has gathered.*" These are the words of Bishop Quinn who celebrated Mass with the entire Rochester Catholic Schools student body. For the first time ever, nearly 2,000 RCS students, faculty, staff, and pastors were united as one family, one faith community to celebrate the Eucharist together.

To view more photos visit:
www.rochestercatholicschools.org.

*Text and photos courtesy of Rochester Catholic
Schools Department of Advancement*

